

Dr Mari Aldridge B.Sc., M.Sc., D.Clin.Psych., CPsychol Chartered Clinical and Forensic Psychologist

Health Professions Council **Registration: PYL01671**
The British Psychological Society **Membership: 088250**

Dr Aldridge is a Chartered Clinical and Forensic Psychologist with over 12 years' experience working within H.M. Prison Service, NHS partnerships and other bodies. She worked as an Independent Expert for the Family Courts for a number of years and also runs her own private therapy clinic in the South West of England.

PROFESSIONAL EXPERTISE

- Independent Expert to the Family Courts and H.M. Prison Service for the purpose of Parole Hearings.
- Undertakes parenting assessments, psychological assessments, cognitive assessments and risk assessments.
- Experienced in assessing individuals and families within a residential assessment centre and within the community - including those presenting with difficulties such as domestic abuse, child neglect and abuse, alcohol and drug misuse, chronic mental health difficulties and parents with learning disabilities.
- While working for H.M. Prison Service, undertook research within the area of domestic violence, developed offender rehabilitation programmes and undertaking risk assessments.
- As Clinical and Forensic Psychologist within a residential family assessment centre, undertook in-depth parenting assessments and risk assessments in accordance with the DoH (2000) Framework for the Assessment for Children in Need and Their Families.
- Dr Aldridge runs a private psychological therapy clinic on a part time basis as an Accredited Cognitive Behaviour Therapist whilst also utilising Eye Movement Desensitization and Reprocessing (EMDR).

WORK HISTORY

2012	Psychology Experts.
2009-11	Psychological Therapies Team, Somerset Partnership NHS Trust.
2007-09	Orchard House Family Assessment Centre, Taunton.
2007-09	Independent Medical and Psychological Services Ltd (IMPS).
2003-07	Bristol Doctorate in Clinical Psychology, United Bristol Healthcare Trust.
1999-03	Offending Behaviour Programmes Unit, H.M. Prison Service H.Q.

RECENT SPECIALIST TRAINING & PROFESSIONAL DEVELOPMENT

- 2012** EMDR (Part 3), Complex Trauma
- 2012** Specialist training in the HCR-20 V3: Assessing Risk for Violence (Webster, Douglas and Hart).
- 2011** Perpetrators of Intimate Partner Abuse: Risk Implications from Research to Practice, Professor Liz Gilchrist.
- 2011** Trauma and Domestic Violence, Dr Graham-Kevan.
- 2011** Reliability training in the use of the Psychopathy Checklist-Revised (PCL-R), Professor Robert Hare.
- 2011** International Personality Disorder Examination (IPDE), Professor Jane Ireland.
- 2010** Expert Witness training, University of Cardiff, Bond Salon. Competence in: 'Excellence in Report Writing, Cross Examination and Courtroom Skills, and Law and Procedure (Family).

QUALIFICATIONS

- 2004 - 2007 University of Bristol**
Doctor of Clinical Psychology
- 2000 - 2001 University of Birmingham**
MSc Criminological Psychology
- 1995 - 1998 University of Bath**
BSc (Joint Hons) Psychology and Sociology

PUBLICATIONS

Aldridge, M.L. & Browne, K.D. (2003) Perpetrators of Spousal Homicide: A review. *Trauma, Violence and Abuse, Vol 4, No. 3, 265-276.*

PROFESSIONAL MEMBERSHIPS

- British Psychological Society (BPS) Chartered Psychologist
- Division of Clinical Psychology (DCP)
- Division of Forensic Psychology (DFP)
- Member of the BPS Directory of Expert Witnesses
- Health Professions Council (HPC) Registered Practitioner Psychologist
- Registered with BUPA and AXA/PPP/Aviva
- Accredited CBT therapist (BABCP)