



Ms Camilla Poncia B.Sc.(Hons), M.Sc, CPsychol
Chartered Counselling Psychologist



Health Professions Council Registration: PYL04074
British Psychological Society Membership: 089525

Ms Camilla Poncia is a highly experienced practitioner who is currently working in private practice and has had over 13 years of post-qualification experience in the NHS, charitable and government sectors. Her areas of expertise cover a wide range of disorders, including anxiety, depression, obsessive compulsive disorder, childhood trauma and PTSD, eating disorders, ADHD, psychosexual issues, personality difficulties, addictions, self-harm and bipolar disorder. She can work individually with children, adolescents, adults and couples and families.

FAMILY LAW EXPERTISE

- Camilla Poncia has given evidence to the Family Court on a regular basis over the last three years.
- She has assessed parents and children with a wide range of mental health and behavioural difficulties.
- Expertise across of a wide range of disorders and difficulties, with a strong emphasis of working with clients with personality disorders and complex dual diagnosis issues.
- She is experienced in the assessment of relationship dynamics, intimate abuse and the risk of domestic violence.
- She works extensively with problems of addiction and self-destructive behaviours.
- Highly developed skills in administering psychometric and diagnostic tests for adults and children

CIVIL LAW EXPERTISE

- She provides evidence in cases of personal injury, medical negligence, and employment difficulties on several cases per month.
- She has extensive experience in the assessment and diagnosis of trauma and PTSD particularly in cases of personal injury.
- She offers concise, evidence-based reports differentiating catastrophic events from pre-existing conditions.
- She regularly undertakes assessments under the mental capacity act.

THERAPEUTIC EXPERTISE

- Experienced in the delivery and evaluation of therapeutic interventions with a strong emphasis on trauma focussed work.

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- Extensive experience in delivering successful psycho-educational and CBT groups, assertiveness and self-esteem.
- Advanced skills and training in Cognitive Behavioural Therapy, Solution Focused, Problem-Solving, Systemic and Psychodynamic therapeutic approaches.

WORK HISTORY

2015-Date	Private Practitioner Psychologist, Bournemouth, Dorset
2012-15	Specialist Chartered Counselling Psychologist at Health and Social Services Department of Guernsey
2008-12	Counselling Psychologist Oxfordshire and Buckinghamshire NHS Mental Health Trust
2005-07	Highly Specialist Chartered Counselling Psychologist at South West London & St Georges Mental Health NHS Trust
2002-05	Director of Services & Senior Counselling Psychologist at DC educational services (Registered Charity)
2001-02	Counselling Psychologist at Crown Dale Medical Centre NHS Primary Care
2001-02	School Counselling Psychologist at Charles Edward Brook Secondary School Trust
1999-00	Trainee Counselling Psychologist at Stockwell Group Practice, NHS Primary Care, Dorset
1999-00	Trainee Counselling Psychologist at Kids Company

PROFESSIONAL QUALIFICATIONS

2000	MSc Counselling Psychology
2002	Post Graduate Practitioner Diploma in Counselling Psychology
2003	Chartered Counselling Psychologist, BPS

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2012	The Decider Skills Training
2012	The ADDRESS course for working with Personality Disorders
2012	BOND Solon Witness Familiarisation training
2013	ACAT introduction to CAT
2013	BPS Training in Supervision Skills
2014	Acceptance and Commitment Therapy
2014	Motivational Interviewing
2014	Adaptation-based Process Therapy
2014	Various Eating Disorders training and workshops