

Dr Clare Churchman
B.Sc., M.Sc., D.Clin.Psych.,
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL05093**

Dr Clare Churchman is a highly specialist Clinical Psychologist with 10 years of post-qualification experience working psychologically with adults in forensic mental health services. She has a wealth of training and experience in the assessment and treatment of complex mental health, personality and substance misuse difficulties that contribute to parental risk. She has also worked with children in looked after services and those with offending histories.

PROFESSIONAL EXPERTISE

- Rational Emotive Behaviour Therapy (REBT) with adults (group and individual)
- Assessment, formulation and therapy with people with severe and enduring mental health difficulties, personality difficulties, and violent offending histories
- Risk assessment (violence, sexual violence, intimate partner violence, stalking)
- Psychometric testing
- Teaching and training
- Clinical supervision (group and individual) and Reflective Practice facilitation
- Healthcare leadership (teams, services and project management)
- Clinical research, service evaluation and development
- Expert witness work

PROFESSIONAL QUALIFICATIONS

- 2007** Doctorate in Clinical Psychology (DClinPsy) University of Birmingham
- 2001** M.Sc in Sport Psychology from Liverpool John Moores University
- 2000** B.Sc in Psychology and Sport Sciences from the University of Birmingham

WORK HISTORY

- 2021 – Present** Clinical and Sports Psychologist co- partner of Evolve: Rehabilitation and Therapy.
- 2019 – Present** Clinical Lead (band 8b) for Thames Valley Endeavour IIRMS (Offender Personality Disorder Pathway), Thames Valley Forensic Mental Health Services, Oxford Health NHS Foundation Trust

- 2019 – Present** Clinical Lead (band 8b) for a secure psychiatric inpatient ward within Thames Valley Forensic Mental Health Services, Oxford Health NHS Foundation Trust
- 2016 – Present** Expert Witness with Psychology Experts, Brighton.
- 2008 – 21** Clinical & Sports Psychologist in private practice (also with Clinical Partners and Oxford Talking Therapies)
- 2018 – 19** Clinical Psychologist, Forensic Child and Adolescent Mental Health Services, Oxford Health NHS Foundation Trust (secondment, band 8a)
- 2013 – 18** Clinical Psychologist (band 8a), Thames Valley Forensic Mental Health Services, Oxford Health NHS Foundation Trust
- 2012 – 13** Clinical Psychologist (band 7), Forensic Services, Avon and Wiltshire Mental Health Partnership NHS Trust
- 2007 – 08** Clinical Psychologist, Forensic Services, Birmingham and Solihull Mental Health NHS Foundation Trust
- 2004 – 07** Clinical Psychologist in Training, University of Birmingham – Children & Family Services, Learning Disability Services, Older Adult Services, Adult and Forensic Services
- 2002 – 07** Sports Psychologist in Training, British Association for Sport & Exercise Sciences
- 2001 – 04** Assistant Psychologist - Older Adult Memory Services, Chronic Pain Services, Looked After Children's Services

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

Therapy

- 2020** Single Session Therapy, Windy Dryden
- 2019** Mentalisation Based Therapy (MDT) 2.5 days provided by Anna Freud Centre
- 2018** DBT skills, 3 days provided by Oxford Health NHS Foundation Trust
- 2018** Narrative Exposure Therapy (NET), 2 days provided by Oxford Health NHS Foundation Trust
- 2018** Schema Therapy in Forensic Settings, British Psychological Society
- 2017** PTSD, Trauma and Beyond, PTSD Masterclass
- 2009** Advanced Training Course in REBT, The Centre for REBT/Albert Ellis Institute
- 2007** Primary Training Course in REBT, The Centre for REBT/Albert Ellis Institute

Assessment

- 2018** Stalking Risk Profile, 2 days provided by StalkInc Ltd with the University of Kent
- 2015** Assessing and Treating Sex Offenders, STOPSO
- 2015** HCR20 v3 and SAPROF Training, Oxford Health NHS Foundation Trust
- 2014** Using the START Risk Assessment Tool, Institute of Psychiatry
- 2014** Using the PAI, British Psychological Society

Leadership and other

- 2021** PGCert in Healthcare Leadership Development, Oxford Health NHS & Oxford Brookes University
- 2014** Clinical Psychology Supervisor Training, University of Oxford
- 2015** Psychologist as Expert Witness Training, 4 days British Psychological Society

PUBLICATIONS AND PRESENTATIONS

- Churchman, C. (2017). Using Rational Emotive Behaviour Therapy to combat performance debilitating unhealthy anxiety in an international level karateka. In *The Use of Rational Emotive Behaviour Therapy (REBT) in Sport and Exercise*. M. Turner., & R. Bennett (Eds). Routledge.
- Jones, J., Barker, R., & Churchman, C. (2019). REBT with forensic populations. In W. Dryden & M.E. Bernard (Eds.), *REBT with Diverse Client Problems and Populations*. (pp. 403-424). Switzerland, Springer Nature.
- Rye, O.P., Canvin, K., Harrison, S., Couldrey, C., & Churchman, C. (2019). Making sense of being recalled. A grounded theory study. *Journal of Forensic Practice*, 21(1), 27-37.
- Rostill-Brookes, H., Larkin, M., Toms, A., & Churchman, C. (2010). A shared experience of fragmentation: Making sense of foster placement breakdown. *Clinical Child Psychology and Psychiatry*, vol. 16 (1), pp. 103-127.