



**Dr Clare Churchman B.Sc., M.Sc., D.Clin.Psych.,
Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL05093**

Dr Clare Churchman is a highly specialist Clinical Psychologist currently working in forensic mental health services in an NHS Trust. She has over six years of post-qualification experience working psychologically with adults in forensic mental health services. She has a wealth of training and experience in the assessment and treatment of complex mental health, personality and substance misuse difficulties that contribute to parental risk. She has also worked with and children in looked after services.

PROFESSIONAL EXPERTISE

- She is skilled in the assessment and treatment of people experiencing severe and enduring mental illnesses.
- She is trained in the assessment of adults with personality disorders including psychopathy, as well as people with violent and offending histories.
- She has specialist training in the assessment of sexual violence against (adult) women and perpetrators of sexual abuse against children.
- Her experience covers individual and group therapy, cognitive assessments, personality assessments, risk assessments, staff training and supervision, liaison with external agencies, and involvement in research and service improvement projects and audits.
- Dr Clare Churchman is also the lead psychologist on Introduction to CBT Skills course for Core and Specialty Doctors and a guest lecturing on Oxford University's doctorate in Clinical Psychology course
- She is trained practitioner in Rational Emotive Behaviour Therapy (REBT)
- She is also a qualified and registered Sports Psychologist.

WORK HISTORY

2013 – Pres *Forensic Services, Oxford Health NHS Foundation Trust* - Highly Specialist Clinical Psychologist responsible for individual and group therapy with males with violent offending histories, a diagnosis of severe and enduring mental illness and/or personality disorder detained under the Mental Health Act and Ministry of Justice restrictions at a Low Secure Psychiatric Unit in Oxford.

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- 2012 – 12** Forensic Services, Avon & Wiltshire Mental Health Partnership NHS Trust - Clinical Psychologist responsible for Individual and group therapy with male violent offenders with a diagnosis of severe and enduring mental illness and/or personality disorder.
- 2008 – 12** *Independent Clinical and Sports Psychologist, Rome, Italy* - Individual therapy for anxiety, panic, depression, eating disorders, obsessive compulsive disorder, trauma, miscarriage and grief, relationship difficulties and divorce, body image, sexual problems such as erectile dysfunction, IVF treatment and failure to conceive.
- 2007 – 08** *Forensic Services, Birmingham and Solihull Mental Health Trust* - Clinical Psychologist responsible for individual and group therapy with male violent offenders with a diagnosis of severe and enduring mental illness and/or personality disorder detained under the Mental Health Act and Ministry of Justice restrictions at a Low and Medium Secure Units.
- 2004 – 07** *University of Birmingham, Walsall Primary Care Trust* – Clinical Psychologist in training placements within Psychology Services for Children and Families, including Looked After Children, followed by placements in a Psychology Service for Older Adults, for People with Learning Disabilities, an Early Intervention for Psychosis team, and Medium Secure Forensic Services. Conceptual review on major risk factors for psychosis and thesis on Emotional autonomy and personal uniqueness as protective factors against early onset psychosis in looked after young people.

PROFESSIONAL QUALIFICATIONS

- 2004 – 07** Doctorate in Clinical Psychology (DClinPsy) University of Birmingham
- 2000 – 01** M.Sc in Sport Psychology from Liverpool John Moores University
- 1997 – 00** B.Sc in Psychology and Sport Sciences from the University of Birmingham

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- Psychologists as Expert Witness (British Psychological Society)
- Risk assessment (Oxford Health NHS Foundation Trust, Institute of Psychiatry)
- Assessing and treating sex offenders (Specialist Treatment Organisation for the Prevention of Sexual Offending (STOPSO))
- Personality assessment (British Psychological Society)
- Alcohol across the lifespan (National Institute on Alcohol Abuse and Alcoholism (NAAA))
- Supervision of Trainee Psychologists (University of Oxford)

- Rational Emotive Behaviour Therapy (REBT) – Primary and Advanced Certificates (Centre for REBT, Birmingham)

PUBLICATIONS AND PRESENTATIONS

- Rostill-Brookes, H., Larkin, M., Toms, A., & Churchman, C. (2011). A shared experience of fragmentation: Making sense of foster placement breakdown. *Clinical Child Psychology and Psychiatry*, **16(1)**, 103-127.