



**Mr John Dowsett M.A., Dip.Psych., AFBPsS**  
**Consultant Clinical Psychologist**



Health Professions Council Registration: **PYL28209**  
British Psychological Society Membership: **36416**

John Dowsett has over 20 years of experience working as a Clinical Psychologist, specialising in the assessment and treatment of adults and parents with severe mental health difficulties, personality disorders and sexual offences. He worked for 13 years as a clinical psychologist in NHS forensic services, including as Head of Psychology for South London and Maudsley (SLAM) forensic services. He brings his specialist training and forensic experience to the assessment of risk within families, adult relationships and the parent-child interaction. He assesses a broad range of risk including violence, domestic violence, sexual abuse and non-accidental injury.

**FAMILY COURT EXPERTISE**

- Mr Dowsett has been providing independent psychological assessments for the Courts for over six years
- He has trained in models of risk and offers evidence-based assessments of violence and domestic violence and the impact that this can have on children
- He has an in-depth knowledge and experience in the assessment and treatment of perpetrators of physical and sexual violence
- He has worked with parents with severe mental health problems and learning disabilities
- He specialises in the assessment of parents where non-accidental injury has been identified
- He has extensively researched and published on the management of personality disordered offenders in the community
- Working in independent practice since 2006, providing residential assessment and treatment in a parenting unit,
- He provides Intensive Short-term Dynamic Psychotherapy (ISTDP) to for parents with personality disorders and survivors of abuse
- He undertakes assessments of mental capacity and a parent's ability to engage meaningfully in legal proceedings,
- He assesses a parent's capacity for change, and evaluates the outcome of child protection interventions

**WORK HISTORY**

**2013 – Pres**      Independent Clinical Psychologist for Psychology Experts

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- 2006 – 13** Full-time independent expert for the family and criminal courts
- 1999 – 06** Head of Forensic Psychology Services, Lambeth South London & Maudsley NHS Trust
- 1997 – 99** Senior Clinical Psychologist, Lambeth Forensic Mental Health Services
- 1993 – 97** Clinical Psychologist, Oxleas NHS Trust

#### **PROFESSIONAL QUALIFICATIONS**

- 1997 Diploma in Clinical Psychology (Distinction)
- 1993 Diploma in Forensic Psychotherapy, Portman Clinic, London
- 1987 M.A. Natural Sciences (Psychology), Queen's College, University of Cambridge

#### **SPECIALIST TRAINING**

- Sex Offender Treatment Evaluation Project (STEP) instruments
- Psychopathy Checklist (PCL-R) training
- Psychotherapy for Borderline personality Disorder (2004-2005)
- Reflective Functioning training (London) (2008)
- Dialectical Behaviour Therapy (DBT) training (2005)
- Intensive Short Term Dynamic Psychotherapy (ISTDP) training (2006-2010)

#### **PUBLICATIONS AND PRESENTATIONS**

John Dowsett & Jackie Craissati (2004) Managing Personality Disordered Offenders in the Community: A Psychological Approach. Routledge: London.