

# Dr Andrew Derry B.Sc., D.Clin.Psych., AFBPsS Consultant Clinical Psychologist





Health Professions Council Registration: PYL04074

Dr Derry is a clinical psychologist, family therapist and expert witness specialising in the study and assessment of child development and its relationship to parental functioning, adult attachment, the parent-child relationship and parental risk. He is a trained EMDR therapist and has specialist skills and training in the assessment of trauma and PSTD and complex PTSD. He has worked as a Clinical Psychologist for the NHS for over 10 years, working in Forensic Mental Health specialising in the assessment and treatment of patients with mental disorders, personality disorders and sexual offenders. He has also worked for Child and Adolescent Mental Health services as a psychologist and family therapist.

He has provided independent expert evidence and advice to the Civil, Family and Criminal Courts as well as Mental Health Tribunals for the past 20 years, undertaking over 100 cases per year. Within personal injury and clinical negligence procedures he is instructed by approximately 35% respondent and 65% applicants.

He also runs a busy private therapy practice supporting parents, children and adolescents and is a qualified family therapist and EMDR therapist. He specialises in working with adults with complex and severe mental health problems including developmental trauma or personality disorder, severe and enduring mental health problems as well as adult trauma and PTSD. He has worked extensively with survivors of childhood abuse, victims of torture and consults internationally for immigration welfare organisations. He also offers interventions for parents and children in cases of parental alienation or rejection and in the process of divorce.

#### **FAMILY LAW EXPERTISE**

- He has specialist training and experience across all aspects of parental capacity and risk including neglect, emotional harm, violence, domestic violence, sexual violence and abuse.
- He has specialist training in the assessment of adult attachment and the parent-child attachment relationship in pre-school children and adolescents.
- He has worked with children and their families in family therapy within Child and Adolescent Mental Health Services (CAMHS).
- He has a special interest in attachment and personality development, mental health and substance abuse problems that contribute to non-accidental injury, neglect, sexual, physical and emotional harm to children.
- Research interests included adult attachment and personality and its influence on parental risk and protectiveness and the contribution of the parent-child relationship and attachment to parental risk.
- Systemic (family) practitioner independently providing psychological interventions and therapy for children and parents experiencing family difficulties.
- EMDR therapist specialising in acute adult trauma, developmental trauma and abuse in adults.



## **CIVIL LAW EXPERTISE**

- He has worked for the civil courts over the last 17 years undertaking assessments of the impact of complex personal injury, the psychological effect of medical negligence and work-related difficulties.
- He has studied and published his doctoral thesis on developmental trauma, adult trauma and PTSD and the impact this has on mental health and substance abuse.
- He is a trained EMDR therapist, specialising in the intervention for chronic and acute trauma and grief reactions.

#### THERAPEUTIC EXPERTISE

- He has undertaken post-doctoral training across a broad range of psychological models including Systemic (family) therapy, psychodynamic psychotherapy, cognitive-behavioural therapy, and EMDR.
- He has undertaken group and individual psychotherapy to address offending behaviour, substance misuse problems, psychotic illnesses and personality disorder with mentally disordered offenders and sex offenders.
- He specialises in working with individuals and parents with complex PTSD and dissociative disorders, selfharm and severe personality disorders.
- He offers psychological interventions across the spectrum of mental health and behavioural problems for adolescents and adults.
- He works therapeutically with couples and families.

#### **WORK HISTORY**

2011-13

2002-05

1997-00

2000-Pres	Independent Expert Witness.
2011-Pres	Independent consultant specialising in therapeutic interventions with adults, teenagers and families.
2011-Pres	Founder and clinical director of Psychology Experts.
2011-13	Child and Adolescent Mental Health Services, Sussex Partnership NHS Foundation.
2007-Pres	Clinical Director of Psychology Experts managing and supervising over 150 expert witness Psychologists.
2002-06	Principal Clinical Psychologist, Cane Hill Forensic Mental Health Services, South London & Maudsley NHS
2000-02	Clinical Psychologist, Ashen Hill Specialist Secure Services, East Sussex County Healthcare NHS
1997-00	Psychologist in Training, Cardiff Community HealthCare NHS Trust
1996-97	Psychology Assistant, Community Forensic Team, St Anne's Hospital, Dorset
1994-95	Research Assistant, Child and Adolescent Psychology Unit, CHRU, Grenoble, France
Professional Qualifications	

Diploma in Applied Systemic (Family) Therapy, Tavistock and Portman NHS Trust

Diploma in Forensic Psychotherapy, Tavistock and Portman NHS Trust

Doctorate in Clinical Psychology (D.Clin.Psych), University of Wales, Cardiff



1992-96 B.Sc. Psychology with French: 1<sup>st</sup> class combined honours, Goldsmiths' College, University of London

## **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

2016-17	EMDR Training (Part 1 and 2) with Dr Richman
2013-16	Adult Attachment Interview DMM Training, Rebecca Carr-Hopkins, Pr Crittenden
2012	Attachment and Psychopathology, Pr Crittenden, Tavistock NHS Trust
2011	Childhood Disorders and Neurodevelopment and Intervention, UCL
2011-12	CARE-Index Parent-Child Video Assessment Training, Elaine Thompson, CfED
2008-09	Parents with Personality Disorders, Dr McClean and Ms Daum, Anna Freud Centre
2007-08	Training in the Parental Development Inventory, Michelle Sleed, Anna Freud Centre
2006	Parenting Assessment Manual (PAM) Training for learning disabled parents, Dr Sue McGaw
2004	International Personality Disorder Examination (IPDE), Pr Connor Duggan
2003	Risk Assessment Training, Violence and Sexual Violence, Pr Stephen Hart
2003	Reasoning and Rehabilitation Offender Programmes, Pr Ross
2002	Assessment of Psychopathic Personality Disorder (PCL-R), Pr Robert Hare
2001	Sex Offender Assessment Programme Training, Dr Richard Becket

## **PUBLICATIONS AND PRESENTATIONS**

- 2015 Presentation of the Family Court Protocol to the International Association for the Study of Attachment, Miami, USA.
- Derry, A.D. (2008) The clinical response to substance use problems in forensic mental health services. *British Journal of Forensic Practice*. **10(3)**, 20-23.
- Derry, A., & Batson, A. (2008) Getting out and staying out: Does substance use treatment have an effect on outcome of mentally disordered offenders after discharge from medium secure service? *British Journal of Forensic Practice*. Volume 10(2), pp 13-17.
- September 2006, Presentation to the North London Forensic Service 9<sup>th</sup> International Conference. Treating the Untreatable: Substance Use Treatment Programmes and Service Strategy in Forensic Mental Health.
- January 2006 Presentation to the South London and Maudsley Forensic Mental Health Conference. Substance use treatment outcomes.
- Derry, A.D. (2005) The Drug and Alcohol Treatment Programme for Mentally Disorders Offenders: Treatment Manual and Patient Handbook. *Unpublished Document*.
- Derry, A.D. (2000) An Examination of the Relationship between Trauma, PTSD, Coping and Attributional Styles in Substance Users. *Thesis Document*. University of Cardiff.
- Derry, A.D. (2000) Substance Use in Older Adults: A review of current assessment, treatment and service provision. *Journal of Substance Use.* **5(3)**, 252-262.