

# Dr Andrew Derry B.Sc., D.Clin.Psych., AFBPsS Consultant Clinical Psychologist





Health Professions Council Registration: PYL04074

Dr Derry is the Clinical Director of Psychology Experts and a clinical psychologist working as an expert witness to the Civil, Family and Criminal Courts. He has undertaken over 2500 assessments for the family courts and 350 reports in cases of personal injury and clinical negligence. As a qualified systemic (family) therapist, he runs a busy clinical practice in Brighton for adults, teenagers and families specialising in parenting difficulties and developmental trauma. Within family proceedings, he specialises in parent-child attachment difficulties, particularly with young infants as well as parental risk assessments involving substance misuse, domestic violence learning difficulties and severe mental health and personality difficulties. He works extensively with parental alienation.

He has worked as a Clinical Psychologist for the NHS for over 10 years, working in Forensic Mental Health specialising in the assessment and treatment of patients with mental disorders, personality disorders and sexual offenders. He has provided Independent expert advice to the Family Proceedings Courts, Criminal Courts and Mental Health Tribunals for the past 17 years. He specialises in the treatment of parents with severe mental health and personality difficulties as part of the child protection process.

#### **FAMILY LAW EXPERTISE**

- He has specialist training and experience across all aspects of parental capacity and risk including neglect, emotional harm, violence, domestic violence, sexual violence and abuse.
- He has specialist training in the assessment of adult attachment and the parent-child attachment relationship in pre-school children and adolescents.
- He has worked with children and their families in family therapy within Child and Adolescent Mental Health Services (CAMHS).
- He has a special interest in attachment and personality development, mental health and substance abuse problems that contribute to non-accidental injury, neglect, sexual, physical and emotional harm to children.
- Research interests included adult attachment and personality and its influence on parental risk and protectiveness and the contribution of the parent-child relationship and attachment to parental risk.
- Systemic (family) practitioner independently providing psychological interventions and therapy for children and parents experiencing family difficulties.
- EMDR therapist specialising in acute adult trauma, developmental trauma and abuse in adults.

# **CIVIL LAW EXPERTISE**

- He has worked for the civil courts over the last 17 years undertaking assessments of the impact of personal injury, the psychological effect of medical negligence and work-related difficulties.
- He has studied and published his doctoral thesis on developmental trauma, adult trauma and PTSD and the impact this has on mental health and substance abuse.



 He is a trained EMDR therapist, specialising in the intervention for chronic and acute trauma and grief reactions.

## **THERAPEUTIC EXPERTISE**

- He has undertaken post-doctoral training across a broad range of psychological models including Systemic (family) therapy, psychodynamic psychotherapy, cognitive-behavioural therapy, and EMDR.
- He has undertaken group and individual psychotherapy to address offending behaviour, substance misuse problems, psychotic illnesses and personality disorder with mentally disordered offenders and sex offenders.
- He specialises in working with individuals and parents with complex PTSD and dissociative disorders, self-harm and severe personality disorders.
- He offers psychological interventions across the spectrum of mental health and behavioural problems for adolescents and adults.
- He works therapeutically with couples and families.

#### **WORK HISTORY**

2000-Pres	Independent Expert Witness
2011-Pres	Independent consultant specialising in therapeutic interventions with adults, teenagers and families.
2011-13	Child and Adolescent Mental Health Services, Sussex Partnership NHS Foundation.
2007-Pres	Clinical Director of Psychology Experts managing and supervising over 150 expert witness Psychologists.
2002-06	Principal Clinical Psychologist, Cane Hill Forensic Mental Health Services, South London & Maudsley NHS
2000-02	Clinical Psychologist, Ashen Hill Specialist Secure Services, East Sussex County Healthcare NHS
1997-00	Psychologist in Training, Cardiff Community HealthCare NHS Trust
1996-97	Psychology Assistant, Community Forensic Team, St Anne's Hospital, Dorset
1994-95	Research Assistant, Child and Adolescent Psychology Unit, CHRU, Grenoble, France

## **PROFESSIONAL QUALIFICATIONS**

2011-13	Diploma in Applied Systemic (Family) Therapy, Tavistock and Portman NHS Trust
2002-05	Diploma in Forensic Psychotherapy, Tavistock and Portman NHS Trust
1997-00	Doctorate in Clinical Psychology (D.Clin.Psych), University of Wales, Cardiff
1992-96	B.Sc. Psychology with French: 1 <sup>st</sup> class combined honours, Goldsmiths' College, University of London

### **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

2016-17	EMDR Training (Part 1 and 2) with Dr Richman
2013-16	Adult Attachment Interview DMM Training, Rebecca Carr-Hopkins, Pr Crittenden
2012	Attachment and Psychopathology, Pr Crittenden, Tavistock NHS Trust
2011	Childhood Disorders and Neurodevelopment and Intervention, UCL



2011-12	CARE-Index Parent-Child Video Assessment Training, Elaine Thompson, CfED
2008-09	Parents with Personality Disorders, Dr McClean and Ms Daum, Anna Freud Centre
2007-08	Training in the Parental Development Inventory, Michelle Sleed, Anna Freud Centre
2006	Parenting Assessment Manual (PAM) Training for learning disabled parents, Dr Sue McGaw
2004	International Personality Disorder Examination (IPDE), Pr Connor Duggan
2003	Risk Assessment Training, Violence and Sexual Violence, Pr Stephen Hart
2003	Reasoning and Rehabilitation Offender Programmes, Pr Ross
2002	Assessment of Psychopathic Personality Disorder (PCL-R), Pr Robert Hare
2001	Sex Offender Assessment Programme Training, Dr Richard Becket

#### **PUBLICATIONS AND PRESENTATIONS**

- 2015 Presentation of the Family Court Protocol to the International Association for the Study of Attachment, Miami, USA.
- Derry, A.D. (2008) The clinical response to substance use problems in forensic mental health services. *British Journal of Forensic Practice*. **10(3)**, 20-23.
- Derry, A., & Batson, A. (2008) Getting out and staying out: Does substance use treatment have an effect on outcome of mentally disordered offenders after discharge from medium secure service? *British Journal of Forensic Practice*. Volume 10(2), pp 13-17.
- September 2006, Presentation to the North London Forensic Service 9<sup>th</sup> International Conference. Treating the Untreatable: Substance Use Treatment Programmes and Service Strategy in Forensic Mental Health.
- January 2006 Presentation to the South London and Maudsley Forensic Mental Health Conference. Substance use treatment outcomes.
- Derry, A.D. (2005) The Drug and Alcohol Treatment Programme for Mentally Disorders Offenders: Treatment Manual and Patient Handbook. *Unpublished Document*.
- Derry, A.D. (2000) An Examination of the Relationship between Trauma, PTSD, Coping and Attributional Styles in Substance Users. *Thesis Document*. University of Cardiff.
- Derry, A.D. (2000) Substance Use in Older Adults: A review of current assessment, treatment and service provision. *Journal of Substance Use.* **5(3)**, 252-262.