

**Dr Ana Reis**

M.Sc, D.Clin.Psych.

**Principal Clinical Psychologist**



Health Professions Council Registration: **PYL27709**

Dr Ana Reis is a clinical psychologist specialising in working with children and adults with complex psychological and cognitive problems. She has worked extensively with children at risk and provides specialist family and parental risk assessments for the family courts. She has also worked in child and adolescent mental health teams and has an in-depth knowledge of mental health disorders in children and the impact of familial problems. Dr Ana Reis specialised in working with adults with Personality Disorders. She worked in a Complex Needs Services providing intensive psychotherapy to adults with personality problems and supervised criminal/offending cases from other NHS and forensic services. Dr Reis carries out different assessments on personality, trauma, attachment, abuse, aggression/offending behaviour and mental capacity. She also assesses children's placements, family dynamics and parenting capacity. She designed a service for the Cambridge University Hospitals for children with brain tumours and can provide cognitive assessments, to assess cases of negligence and the liaison between neuropsychology and mental health.

**FAMILY LAW EXPERTISE**

- Complex assessments of child mental health and cognition
- Global assessments of children and their families
- Developmental trauma and the effect of trauma and neglect
- Parental risk including violence, domestic violence and substance abuse
- Complex adult mental health, personality and the impact on the family
- Assessments of mental and parental capacity, learning difficulties and how this contributes to parenting difficulties as well as impact on the children

**EXPERTISE IN THE CIVIL COURTS**

- Assessments of the neurodevelopmental impact of clinical interventions in children
- Assessment of developmental trauma, acute adult trauma and PTSD in children and adults
- Neuropsychological and mental health assessments with non-English speakers in cases of immigration
- Medical Negligence
- Psychological Assessments in Portuguese and English

**CRIMINAL LAW EXPERTISE**

- Complex assessments of adults with personality disorders involved in serious crimes (assault, robbery, arson, aggression, rape, murder) – assessment on personality and forensic risk, mental health capacity, risk of re-offending.

## **THERAPEUTIC EXPERTISE**

- Group and individual psychodynamic interventions for adults, children, adolescents and their carers
- Individual schema-focused therapy, cognitive behavioural therapy
- Family (systems) therapy for parents and children in difficulty

## **WORK HISTORY**

**2018 – Present** Clinical Psychologist, Private Practice and agency work

**2016 - 17** Principle Clinical Psychologist, Children in Care with Complex Needs, Five Rivers LTD, London

**2013 – 15** Senior Clinical Psychologist, Paediatrics Oncology, Cambridge University Hospital Trust

**2012 – 13** Clinical Psychologist/ Lead Therapist, Berkshire Complex Needs, Berkshire NHS Trust

**2011 – 12** Honorary Clinical Psychologist, Children and Adolescents Mental Health, Oxford Health NHS Foundation Trust

**2011** Trainee Clinical Psychologist, Adult Mental Health, Oxford Health NHS Foundation Trust

**2010 – 11** Trainee Clinical Psychologist, Older Mental Health, Oxford Health NHS Foundation Trust

**2008 – 09** Psychologist and Director of Residential Unit, APPACDM Porto, Portugal

**2007 – 08** Psychologist, Oporto Hospital Centre, Department of Children and Adolescent Mental Health, Porto Portugal

## **PROFESSIONAL QUALIFICATIONS**

**2012 – 13** Certificate in Clinical Supervision, University of Oxford

**2010 – 12** Doctoral Course in Clinical Psychology, University of Oxford (Statement of Equivalence)

**2001 – 07** Integrated Master's Degree in Psychology, University of Coimbra, Portugal

## **ACADEMIC EXPERIENCE**

**2022 – Present** Associate Clinical Tutor & Lecturer

**2014** Professor/ Tutor, University of Cambridge

**2012 – 13** Professor/ Tutor, University of Oxford

**2009** Psychology Teacher/ Placement Supervisor, Escola Secundaria Joao Gonçaves Zarco, Portugal

## **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

**2015** Paediatric Clinical Neuropsychology, University of London, London

**2013** Psychotherapy Approaches, Berkshire Complex Needs Service

**2013** Cognitive Analytical Therapy Workshop, Berkshire Complex Needs Service

**2013** Mentalising Based Therapies, Anna Freud Centre, London

**2011** Cognitive Behavioral Therapy Training, Oxford Cognitive Therapy Centre, Oxford

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**2008** Training in Psychotherapy with Children, Adolescents and Adults, Oporto Hospital, Portugal

#### **PUBLICATIONS AND PRESENTATIONS**

- 2014** Effects of Proton-Therapy on children's cognitive functioning when treating brain tumours (To be published)
- 2012 - 13** Parent-infant interaction when parents have a Personality Disorder (published in the International Journal of Therapeutic Communities);
- 2011 - 12** Service-related project: The impact of previous therapy at step 3 (High-intensity intervention) when the patient has been previously seen for treatment at step2 (low-intensity interventions) - the Oxfordshire Improving Access to Psychological Therapies service;
- 2006 - 07** Divorce and Parental Separation: Consequences and effects on the Offspring (Master's dissertation);
- 2007 - 08** Effects Analysis of Psychodrama on Pre-Adolescents' challenging behaviour and prevention of disturbance in adolescence. Oporto Hospital Centre - Department of Children and Adolescents Mental Health (published in Jornal de Pediatria, Portugal)