



**Dr Sonia Nagi B.Sc., D.Clin.Psych.,  
Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL17635**  
British Psychological Society Membership: **72148**

Dr Sonia Nagi is a clinical psychologist with extensive experience in forensic, adult mental health and learning disability, working clinically for over 18 years in both in-patient and community services. She has a specialist interest in working with people with personality disorder and deliberate self-harm and dissociative disorder. Her most recent post, for 13 years, was in a mental health community rehabilitation unit running a psychological assessment and therapy service providing assessment and treatment to those with difficulties such as complex challenging behaviour, mental health and forensic issues. She also works independently as an expert witness for the Family, Criminal and Civil courts.

#### **FAMILY LAW EXPERTISE**

- Specialist risk assessments of parents in pre-proceedings and for the Family Courts including violent and sexual risk.
- Parents with complex mental health and personality difficulties and the impact on parenting
- Adults and adolescents with autistic spectrum disorders (ASD) and neurodevelopmental disorders.

#### **CIVIL LAW EXPERTISE**

- Assessment of trauma and PTSD in immigration cases and personal injury
- Diagnostic assessments of developmental trauma, trauma and PTSD
- Neuropsychological assessments of learning difficulties, brain injury and dementia and comorbid mental health problems
- Mental Capacity and Fitness to Plead assessments

#### **THERAPEUTIC EXPERTISE**

- Specialises in working with adults and young people with an array of mental health and personality problems, self-harming behaviour and dissociative disorders
- Experience working with people who have transgender issues or gender dysphoria
- Qualified trauma and EMDR specialist.

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## **WORK HISTORY**

- 2001 – Pres** Chartered Clinical Psychologist – Private Practice
- 2004 – 17** Chartered Clinical Psychologist – Inpatient Unit Consultant - The Lane Project (psychiatric inpatient rehabilitation unit / step down facility for low secure)
- 2002 – 11** Band 8b Grade – South West London and St George's Mental Health NHS trust
- 1999 – 04** Band 7 Grade – South London and Maudsley NHS trust
- 1998 – 00** Deputy Chairman / Board of Directors – Drug Concern Croydon

## **PROFESSIONAL QUALIFICATIONS**

- 1996 – 99** Doctorate in Clinical Psychology, School of Human Sciences, Surrey University
- 1989 – 92** BSc Psychological Sciences, Upper Second, University of East London

## **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

- Presented at and regularly attended the CBT Forum – Internal
- Lecture on CBT for Borderline Personality Disorder – Aaron T. Beck
- 2-day workshop in Schema Focused Therapy – Dr Jeff Young
- Advanced Cognitive Therapy with Personality Disorders – Dr Christine Padesky
- Neuropsychiatry in Forensic Populations – Broadmoor
- Developing awareness in cross cultural differences in mental health – Internal
- Using interpreter services when working with refugees – Internal
- Training in risk assessment – Internal
- Introduction to the Mental Health Act – Internal
- Clinical supervisor's training workshop – Salomon's Training Centre (South East Thames Clinical training course)
- 3-day teaching course on Mentalisation Based Therapy for Personality Disorders taught by Professor Anthony Bateman and Peter Fonagy at the Anna Freud Centre
- Annual 4-day international conference held by the International Neuropsychological Society in Bilbao