



Penny Hayler BSc, MSc, Post MSc DIP, CPsychol, AFBPsS
Registered Counselling Psychologist



Health Professions Council Registration: **PYL04358**
British Psychological Society Membership: **081583**

Penny Hayler has worked as a chartered and registered psychologist since 2008 and have pursued a strong clinical interest in working with people who have a learning disability and associated mental health difficulties. She has undertaken with a special interest in psycho-legal assessments in learning disability, mental health, traumatic incidents and assessing capacity.

She has completed over 100 reports including the assessment and treatment of Post-Traumatic Stress Disorder, assessment of workplace stress and other workplace psychological difficulties. She is experienced in the psychometric assessment of cognitive impairment, measuring the impact of deficiencies in intelligence, memory and other cognitive functions on everyday living. She is skilled in using psychometric assessment and structured interview techniques as part of the assessment process.

FAMILY LAW EXPERTISE

- Providing Assessment and treatment of anxiety, depression, phobia, PTSD and other mental health problems with adults.
- She is experienced in working with a wide range of mental health difficulties in adults, such as anxiety, phobias and mood disorders.
- Penny Hayler is experienced in psychometric assessment of cognitive impairment, measuring the impact of deficiencies in intelligence, memory and other cognitive functions on everyday living.

CIVIL LAW EXPERTISE

- Has provided medico-legal reports and has a wide range of experience addressing workplace stress and trauma.
- Penny Hayler has produced over 100 medico-legal reports and has attended court as a witness.

THERAPEUTIC EXPERTISE

- Provision of CBT and EMDR therapy for adults.
- Registered Counselling Psychologist providing individual therapy to people with mental health and personality difficulties, predominantly from a cognitive behavioural perspective.

WORK HISTORY

2013 Independent Psychology Service, Independent Practice

Providing Psychological assessment and treatments for adults with mental health and learning difficulties.

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2008 – 17 Registered Psychologist, Densy Psychological Service

Registered Counselling Psychologist providing individual therapy to those with mental health and personality difficulties predominantly from a Cognitive perspective.

2003 – 08 Assistant/ Associate Psychologist, Densy Psychological Service

PROFESSIONAL QUALIFICATIONS

2013	AFBPsS Associate Fellow of the British Psychological Society
2012	Bond Salon Expert Witness CUBS qualification
2008	Registration as Chartered Psychologist and Registered Psychologist
2008	Post MSc Diploma Counselling Psychology, University of Wolverhampton
2006	MSc Counselling Psychology, University of Wolverhampton
1998	B.Sc. Psychology and Sociology, Teeside University