



Dr Michelle Sandiford
BSc., MSc., PG Cert., ClinPsyD
Clinical Psychologist



Health Professions Council Registration: **PYL19975**
British Psychological Society Membership: **85129**

Dr Sandiford is a qualified clinical psychologist and clinical supervisor with over 20 years of NHS experience. Child & adolescent mental health is her chosen specialism; having accumulated a wealth of experience in community CAMHS and child and adolescent forensic mental health services. Uniquely, she also has extensive experience (a) working with adults in clinical health and clinical forensic psychology services and (b) working within primary schools as a qualified teacher. This breadth of knowledge and experience adds to the quality of service that she can offer.

Dr Sandiford has expert skills in the assessment, clinical formulation and management of several psychological conditions (including mood disorders, anxiety, personality disorders and trauma). She is also experienced in the diagnostic assessment of autism and ADHD. Similarly, she is well-practiced and highly competent in conducting cognitive assessments and risk assessments across the lifespan.

She has completed British Psychological Society (BPS) approved clinical supervisor training and has several years' experience supervising both qualified and junior psychologists. She currently works as a Principal Clinical Psychologist, offering specialist child and adolescent clinical forensic assessment, consultation and intervention to services for young people in eight boroughs across North West London.

Within her NHS role, she has management responsibilities and is trained in root cause analysis and complaints management. She often completes investigation reports for the Trust.

Outside of the NHS, Dr Sandiford has served as an expert witness for approximately 10 years. Within this role, she has conducted assessments and written reports for courts in criminal and civil cases. She has also privately offered therapeutic support for families and young people. She offers an integrative therapeutic approach, although she has specialist training in DBT, RE-CBT and EMDR. She has offered therapeutic services to individuals directly and through leading insurers.

WORK HISTORY

- 2019 – 2021** Re-Cognition Health, Clinical Psychologist (Private)
- 2019 – Present** Principal Clinical Psychologist – Forensic CAMHS Safeguarding Lead and Triborough Psychology Lead, NW London Forensic CAMHS, West London NHS Trust
- 2017 – 2024** Expert witness Psychologist, Psychology Experts
- 2014 – 2024** Private Practice, Private Expert Witness Assessment Services
- 2015 – 2019** Highly Specialist Clinical Psychologist, Adolescent Clinical Forensic Psychology (Inpatient), West London Mental Health Trust
- 2013 – 2019** Highly Specialist Clinical Psychologist, Adult Clinical Forensic Psychology, West London Mental Health Trust

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- 2013** Locum Highly Specialist Clinical Psychologist, Child & Adolescent Mental Health, South West London & St George's NHS Trust (under Pulse Agency)
- 2010 – 2013** Specialist Clinical Psychologist, Adult Clinical Health Psychology, Central & North West London NHS Trust
- 2010 – 2013** Specialist Clinical Psychologist, Child & Adolescent Mental Health (Youth Offending Service and Generic CAMHS), Berkshire Healthcare NHS Trust
- 2009 – 2010** Locum Specialist Clinical Psychologist, Child & Adolescent Mental Health, Islington Care Trust
- 2008 – 2009** Locum Specialist Clinical Psychologist, Child & Adolescent Mental Health, East London Mental Health Trust (under Pulse Agency)

PROFESSIONAL QUALIFICATIONS

- 2008** Doctorate in Clinical Psychology, University of Birmingham
- 2004** Postgraduate Certificate of Education, Psychological Research Methods, University of Westminster
- 2000** Master of Science, Child Development with Early Childhood Education, University of London, (UCL Institute of Education)
- 2001** Postgraduate Certificate in Education, University of London (Goldsmiths College)
- 1998** Bachelor of Science, Psychology & Sociology, Brunel University

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2023** Strategic Leadership in Healthcare, UCL
- 2022** Psychopathy Checklist Training
- 2021** Advanced Certificate in Rational Emotive Behaviour Therapy, AEI
- 2020** Brief Observation Screen for Autism; BOSA
- 2019 & 2022** AIM-3 (under 12 and 12+) Assessment for Harmful Sexual Behaviours - Youth
- 2019** SVR-20 Sexual Violence Risk Assessment – Adults – TIOFP
- 2019** 3DI – Autism Interview, University College London – ICH
- 2019** Good Lives Model for Adolescents who Sexually Harm
- 2017** Autism Diagnostic Observation Scale – Version 2, Beginning with A
- 2016** ADHD Assessment and Treatment for Adults, Kings College London
- 2016** International Personality Disorder Examination, TIOFP
- 2014** Dialectical Behaviour Therapy (DBT) Skills Training, British Isles DBT
- 2013 & 2019** HCR-20 Structured Violence Risk Assessment Tool, West London Mental Health
- 2012** Eye Movement Desensitization Reprocessing (EMDR), EMDR Masterclass
- 2012 & 2019** Structured Assessment of Violence Risk in Youth, Berkshire Healthcare

PUBLICATIONS

Sandiford, M. A., Moran, D., Smith, J. G., & Hales, H. (2024). Quantifying the experiences of Black and Dual Heritage young people in a forensic child and adolescent mental health service. *BJPsych Bulletin*, 1–9.

Ross-Michaelides, B., & Sandiford, M. A. (2024). Missed opportunities to prevent risk of offending in young people with ADHD: A service evaluation from a central London forensic child and adolescent mental health service. *Journal of Forensic Practice*.

Sri, A., Smith, J. G., Sandiford, M., Moran, D., Ross-Michaelides, B., Benn, C., Curtis, E., & Hales, H. (2025). Lost opportunities for young people with ASC under early intervention: A service evaluation from a central London Forensic CAMHS service. *Research in Autism Spectrum Disorders*, 124, 202580