



Dr Maria Knapp BA(Hons), D.Clin.Psy.
Consultant Clinical Psychologist



Health Professions Council Registration: **PYL16023**
British Psychological Society Membership: **73739**

Dr Maria Knapp is a Clinical Psychologist with over 17 years' experience within the NHS, working with children, young people and their families in a Child and Adolescent Mental Health Services (CAMHS) and physical health/hospital settings. Dr Knapp currently runs a busy independent practice working therapeutically with children (3-17 years) and adults presenting with a wide variety of mental health difficulties, including trauma and developmental trauma. She also provides specialist Primary Mental Health Assessments to a local NHS Child and Adolescent Mental Health Service. She works as an expert witness within the Civil Courts reporting on child and adult disorders.

PROFESSIONAL EXPERTISE

- Assessment and intervention with children (3-17 years) and adults
- Diagnostic assessments of mental health disorders
- Physical health and disability and the impact that this has on psychological development
- Psychological impact of chronic pain and pain management
- Neuropsychological assessments of children and adults
- Mental capacity assessments for the Courts
- Assessments of Post-Traumatic Stress Disorder (PTSD) and developmental trauma
- Congenital or acquired appearance related difficulties in adults and children
- Experienced in the assessment and treatment of people with a wide range of presenting problems, including anxiety, depression, bereavement and low self-esteem
- Therapeutic interventions including CBT, family therapy, mindfulness, Acceptance and Commitment Therapy and EMDR

PROFESSIONAL QUALIFICATIONS AND TRAINING

- 1999 Doctorate in Clinical Psychology, Teesside University
- 1994 B.A. (Hons) Psychology – The University of Manchester

WORK HISTORY

2017-Now Independent Clinical Psychologist

2017 – Now Clinical Psychologist in Private Practice at Clerkin Psychology Services

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- 2016-18 Associate Clinical Psychologist in Independent Practice**
Providing Primary Mental Health Assessments for Wrexham Child and Adolescent Mental Health Services
- 2014-17 Lead for Cleft Transition Project (Charitable Funding)**
- 2013-17 Joint Interim Lead for Psychological Services (Paediatrics) at Alder Hey Children's NHS Foundation Trust**
- 2008-17 Consultant Clinical Psychologist, Psychological Services (Paediatrics) at Alder Hey Children's NHS Foundation Trust**
Including Supraregional Clinical Psychology Lead for Craniofacial Service
- 2006-17 Clinical Psychology Lead for North West, North Wales and Isle of Man Cleft Lip and Palate Network**
- 2003-08 Clinical Psychologist, Paediatric Liaison, Alder Hey Children's NHS Foundation Trust**
- 2001-03 Clinical Psychologist, Child and Adolescent Mental Health Services, Alder Hey Children's Hospital, Clinical Psychologist, Paediatric Liaison, Alder Hey Children's NHS Foundation Trust**
- 1999-01 Clinical Psychologist, Child and Adolescent Mental Health Services, Alder Hey Children's Hospital**

PROFESSIONAL DEVELOPMENT

- 2018-19 EMDR (Part I, Part II) – EMDR Academy Chester
- 2018 GDPR for Therapists, Ian Batty, GDPR Consultant
- 2018 Cognitive Therapy for Social Anxiety, David Clark for BABCP, University of Bangor
- 2015 8-week course in Mindfulness Stress-Based Reduction, Colette Power
- 2005-06 Leadership Course for Aspiring Consultant Clinical Psychologists
- 2000-02 Supervision of Clinical Psychologists Training, University of Liverpool
- 2001 Division of Neuropsychology Charney Manor Paediatric Neuropsychology Course

PUBLICATIONS AND PRESENTATIONS

- Beech, L., & Knapp, M. (1996). Evaluating the quality of care in services for people with dementia: The Dementia Care Mapping Project. Merton, Sutton, & Wandsworth Health Authority.
- Coyle, A., Knapp, M., & O'Dea, E. (1996). Factors influencing decision-making in HIV testing. *Clinical Journal of Evaluation*, 293, 223-230.

- Coyle, A., O'Dea, E., & **Knapp, M.** (1996). A behavioural and psychological comparison of traditional and same-day HIV anti-body testing procedures. South Thames Regional Health Authority.
- Kelly, T., Richardson, G., Hunter, R., & **Knapp, M.** (2002). Attention and Executive Functioning Deficits in Adolescent Sex Offenders. *Child Neuropsychology*, 8 (2), 138-143.
- Knapp, M.** (2007). The development of clinical psychology services within a regional clinical managed network for cleft lip and/or palate within North West England, Isle of Man, and North Wales. *Clinical Psychology Forum*, 183, 27-30.
- Tehrani, H., White, E., **Knapp, M.**, & Falder, S. (2011). Surgical correction of prominent ears: development of an integrated care pathway. *International Journal of Care Co-Ordination*, 11(15) 100-108.
- Bourne, K., Ward, B., Edwards, Z., **Knapp, M.**, & Dominguez-Gonzalez, S. (2017) Developing transition in North West England, The Isle of Man & North Wales Cleft Lip and Palate Network: Combining what young people want with recommended good practice. (Craniofacial Society of Great Britain & Ireland, Annual Scientific Conference, Sage Gateshead, UK).
- Bourne, K., Wilkinson, K., Edwards, Z., **Knapp, M.**, & Dominguez-Gonzalez, S. (2015) Transition in Cleft Services. (Craniofacial Society of Great Britain & Ireland, Annual Scientific Conference, Guys & St. Thomas' NHS Foundation Trust, London, UK).
- Coyle, A., **Knapp, M.**, & O'Dea, E. (1995). Factors influencing decision-making in HIV testing. (British Psychological Society Conference, Institute of Education, London, UK).
- Hearst, D., Mayers, S., Liddle, M., Thomas, S., Shanly, A., McKerracher, G., Horton, J., **Knapp, M.**, Kearney, A.. (2013). "Just Because Someone's a Doctor Doesn't Mean I Just Trust Them": Enhancing Patients' Decision Making in Elective Reconstructive Surgery. (International Society of Craniofacial Surgery, 15th International Congress, Jackson Hole, Wyoming).
- Rafiq, R., Richardson, D., **Knapp, M.**, Duncan, C., Map, P. (2007). Patient Evaluation of the Multi-disciplinary Craniofacial Services. (International Society for Paediatric Neurosurgery, 35th Annual Meeting, Liverpool, UK).
- Ward, B., Bourne, K., Edwards, Z., **Knapp, M.**, & Dominguez-Gonzalez, S. (2017). Piloting a transition intervention in North West England, The Isle Of Man & North Wales Cleft Lip and Palate Network. (Craniofacial Society of Great Britain & Ireland, Annual Scientific Conference, Sage Gateshead, UK).