



**Dr Alan Grieve** BSc(Hons), D.Clin.Psychol.  
**Consultant Clinical Psychologist**



Health Professions Council Registration: **PYL26119**  
British Psychological Society Registration: **164950**

Dr Alan Grieve is a Chartered Clinical Psychologist with special interest in the assessment and treatment of psychological disorders including post-traumatic stress disorder (PTSD) and complex trauma.

Dr Grieve's research on PTSD has been presented at the annual conference for the Association of Personal Injury Lawyers. He has completed private clinical and medico-legal reports for large public sector organisations. He has been commissioned to provide clinical reports for large financial institutions as part of employee return to work proceedings.

Dr Grieve has extensive experience of assessing adults with a wide range of mental health problems by psychometric objective assessments and clinical interview. Dr Grieve currently works for the Older Adults Service in the NHS.

#### **PROFESSIONAL EXPERTISE**

- Provision of psychological assessment and therapy to individuals with complex mental health problems using cognitive behavioural therapy (CBT)
- Conducting therapeutic interventions including cognitive behavioural therapy, solution focused therapy and eye movement desensitisation and reprocessing therapy (EMDR)
- Comprehensive experience of working with children and adolescents
- Experience in working with neuropsychological rehabilitation, severe head injury, issues of anger management and adjustment to permanent disability
- Specialist skills in working with PTSD and complex trauma
- Experience of working with translators
- Experienced in providing treatment in the medico-legal context with families and adults

#### **PROFESSIONAL QUALIFICATIONS AND TRAINING**

2010          Doctor of Clinical Psychology, Edinburgh University

2003          BSc (Hons) Psychology

#### **WORK HISTORY**

**2010-Now      Consultant Clinical Psychologist in Independent Practice**

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- The provision of psychological assessment and treatment for routine and complex cases including trauma resulting from accidents and childhood sexual abuse. This is completed using EMDR and Cognitive Behavioural Therapy.
- Completing medico-legal reports for solicitors and also completing occupational clinical psychology reports for employees who are absent from work. Dr Grieve has also completed reports for the Criminal Injuries Compensation Authority.

**2018 - Now Sector Lead for East Lothian, Psychological Services for Older People, NHS Lothian**

- Provision of psychological assessment and therapy to individuals in the community and in-patient settings.
- Supervision of Trainee Clinical Psychologists, consultation to multidisciplinary team members
- Training and consultation to professionals
- Providing cognitive and neuropsychological assessments.

**2017-18 Senior Clinical Psychologist, Department of Psychological Services (Adult Learning Disabilities), NHS Borders**

- Provision of psychological assessment and therapy to individuals in the community and in-patient settings who have a learning disability.
- Supervision of Trainee Clinical Psychologists, consultation to multidisciplinary team members
- Training and consultation to professionals
- Providing cognitive and neuropsychological assessments.

**2012-17 Department of Psychological Services (Adult Learning Disabilities), NHS Lanarkshire**

- Provision of psychological assessment and therapy to individuals in the community and in-patient settings who have a learning disability.
- Supervision of Trainee Clinical Psychologists, consultation to multidisciplinary team members
- Training and consultation to professionals
- Providing cognitive and neuropsychological assessments

**2011-12 Department of Psychological Services, NHS Lanarkshire (Adult Mental Health)**

**2009-11 Department of Psychological Services (Adult Mental Health), NHS Lanarkshire**

- Providing assessment, formulation and a variety of evidenced-based psychological therapies for people presenting with a wide range of mental health needs, relationship difficulties, and stress management. Providing psychological services to the psychiatric rehabilitation unit and conducting neuropsychological assessments. Presenting research at national conferences.

**2005-10 Trainee Clinical Psychologist, University of Edinburgh Doctorate in Clinical Psychology**

- Providing assessment, formulation and a variety of evidenced-based psychological therapies for people presenting with a wide range of mental health needs, relationship difficulties, and stress management. Providing psychological services to the psychiatric rehabilitation unit and conducting neuropsychological assessments. Presenting research at national conferences.

## PROFESSIONAL DEVELOPMENT

Year          Details

## PUBLICATIONS AND PRESENTATIONS

References