



**Dr Dominique Newsome** B.Sc., M.Sc., D.Clin.Psych  
**Clinical Psychologist**



Health Professions Council Registration: **PYL33729**

Dr Dominique Newsome is a Clinical Psychologist with experience of working within a variety of multidisciplinary CAMHS and Child Development services. She works predominantly in ethnically diverse and low socioeconomic status regions and is aware of the complexities that may arise during assessment and treatment of this population. Dr Newsome's experience is based heavily with children and families living with neuro- developmental disorders and learning disabilities.

Dr Newsome has experience in developing and implementing groups to provide psychoeducation (in mental health and neuro-developmental disorders) and social skills training for parents/carers, young people and teaching staff. She can implement and report on psychometric assessments and has implemented and reported on ADOS assessments and used the Childhood Autism Rating scale (CARS) to diagnose autistic spectrum conditions.

### **PROFESSIONAL EXPERTISE**

- Specialist in working with children and families living with neuro-developmental disorders and learning disabilities
- Experienced in implementing and reporting on psychometric assessments
- Specialises in working with ethnically diverse and low-socioeconomic populations
- Assessment of Autism Spectrum Disorder (ASD)
- Experience of implementing groups for social skills training and psychoeducation

### **PROFESSIONAL QUALIFICATIONS AND TRAINING**

|      |  |
|------|--|
| 2016 | DClin Clinical Psychology, Canterbury Christ Church University |
| 2009 | MSc Developmental Psychopathology, Durham University           |
| 2007 | BSc Psychology, Royal Holloway University                      |

### **WORK HISTORY**

#### **2017 - Now Specialist Clinical Psychologist, Lewisham NDT CAMHS Team, South London and Maudsley NHS Trust**

- Specialist psychological assessments including psychometrics and outcome measures
- Formulating and implementing plans for formal psychological treatment including liaison with parents, schools and other agencies
- Service wide emergency duty system - risk assessment and care management

---

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

- 
- Developing and implementing groups (e.g. challenging behaviour, social skills, sleep, anxiety) for parents and young people
  - Care coordination, attending and initiating multiagency meetings; initiating and reviewing care plans particularly those under child protection
  - Partaking in the service wide family therapy sessions
  - Social communication clinic - ADOS, multiagency developmental assessment and care planning for children suspected and diagnosed of autism spectrum conditions

**2016 – 17 Specialist Clinical Psychologist, Greenwich NDT CAMHS and Inreach to Specialist Schools, Oxleas NHS Foundation Trust**

- This was a split post in the neuro-developmental CAMHS team and inreach support clients experiencing a broad spectrum of severe, complex, pervasive and persistent mental health difficulties in specialist schools.
- Developing and implementing groups/ training for teachers and parents; social skills groups for adolescents living with autistic spectrum disorder and learning disabilities
- Attending multiagency meetings
- Individual and group consultations for teachers and social care
- Specialist psychological assessments including psychometrics and outcome measures
- Formulate and implement plans for formal psychological treatment which involved closely working with parents, children and other agencies
- Provide risk assessments and management for care coordinated cases and on the emergency duty system
- Care coordination where appropriate taking responsibility for initiating planning and review of care plans under child protection
- Service wide emergency duty rota system

**2013 – 16 Trainee Clinical Psychologist, Surrey & Borders NHS Foundation Trust**

- Types of service: Lewisham CAMHS (Neuro-developmental, generic, complex adolescents and looked after children's team); Bromley learning disability CMHT; Lewisham adult CMHT (Psychosis CAG and mood, anxiety and personality disorders CAG); Bromley older adults CMHT and inpatient team.
- Clinical responsibilities included completing psychological assessments including administration and interpretation of neuropsychological assessments; formulating and implementing plans for formal psychological treatment and/ or management of a client's mental health using the appropriate conceptual framework. These occurred both directly with clients and indirectly through working with staff teams and relevant professionals.
- Thesis exploring the development of work identity in individuals living with Sickle Cell Disorder
- Completing staff-training to enhance other professional's knowledge and formulation of presenting difficulties

**2011 – 13 Higher Level Assistant Clinical Psychologist, Child Development Service, Central London Community Healthcare Foundation NHS Trust**

- Conducting neuropsychological assessments and school observations to inform diagnoses of autism spectrum conditions, ADHD and learning difficulties
- Administering the ADOS and communicated the identified diagnosis to parents/carers and the relevant school staff

- Undertaking risk assessments and risk management of service users during the course of the assessment, formulation and treatment plans
- Facilitating therapeutic and psycho-educational groups (i.e. CYGNET) on autism spectrum conditions (for parents and siblings), toileting, sleep difficulties and challenging behaviour
- Implementing individualised behavioural support for parents and provided advice and consultation to teaching staff
- Implementing a range of audits and service evaluations for service development and to feedback to commissioners

**2010 – 11 Assistant Speech and Language Therapist, Special Education School, Central London Community Healthcare Foundation NHS Trust**

- School for children with severe and profound learning difficulties - facilitating multidisciplinary groups and workshops that encouraged appropriate social behaviours.
- Developed communication aids to support the children in the classroom.
- Advice and support for parents in feeding clinics.
- Design and implement flexible care plans for specific children.
- Implemented behavioural support plans to teaching staff
- Co-facilitated groups with members from other disciplines such as occupational therapy.

**2009 – 11 Assistant Speech and Language Therapist, Cheyne Child Development Service, St Dunstan's Road Clinic, Central London Community Healthcare Foundation NHS Trust**

- Undertook speech and language assessments for children with neurodevelopmental difficulties and complex needs. I interpreted the results to inform the formulation of care plans.
- Provided learning resources and supported a team of six speech and language therapists.
- Developed and implemented skills training groups for children with complex needs based on service user consultations. Co- facilitated groups with members from other disciplines such as physiotherapy and implemented a psychoeducation parent group (i.e. More than words) for parents of children with autistic spectrum conditions.
- Administered the ADOS levels 1 & 2 as part of the multi- disciplinary team.
- Implement service evaluations and audits for service development and to inform commissioners.

**PROFESSIONAL DEVELOPMENT**

|      |   |
|------|---|
| 2018 | Trauma in political and emotional context, SLAM   |
| 2018 | ADOS training, Pearson                            |
| 2018 | Supervisor training, Salomons                     |
| 2018 | Sexual violence, Lewisham SGB                     |
| 2018 | Neglect, Lewisham SGB                             |
| 2017 | Level 3 safeguarding, Oxleas                      |
| 2016 | Introduction to psychodynamic concepts, Tavistock |
| 2016 | Systemic Short course, Salomons                   |
| 2012 | Talking Mats, CLCH                                |
| 2012 | Autism Masterclass with Tony Attwood, NAS         |
| 2010 | Solution focused training, CLCH                   |