



Dr Kevin Wright B.Sc., PQSW, M.A., M.Sc., PhD, FBPsS
Chartered Counselling Psychologist



www.hpcp-uk.org

Health Professions Council Registration: **PYL22402**
British Psychological Society Membership: **86218**

Dr Wright is a Chartered Counselling Psychologist and independent social worker with over 40 years of experience. He has worked extensively with children and families as an expert witness psychologist, social worker and psychotherapist. He has also worked for the criminal courts, civil courts in cases of personal injury, mental health tribunals, employment tribunals, and immigration and asylum cases. He has a broad experience of working across diverse cultures and languages. He currently also runs a busy private practice as a psychotherapist and resilience /stress management groups for lawyers in the CPS.

FAMILY LAW EXPERTISE

- Assessments of children, adolescents and adults within child protection investigations and Children's Act Assessments.
- Complex assessments of mental health, personality and trauma
- Family dynamics, parental relationships and domestic abuse and violence risk assessments
- Specialist assessments of mental capacity, learning disability and Autistic Spectrum Disorders
- Developmental trauma in children and adults
- Assessments across cultures and languages.

CIVIL LAW EXPERTISE

- Specialist assessments of trauma, PTSD and adjustment disorder for civil litigation
- Industrial or workplace accident injuries in civil compensation claims
- Transcultural issues including asylum, immigration issues and victims of torture
- Specialist reports for Mental Health Review Tribunal

THERAPEUTIC EXPERTISE

- Extensive training in diverse therapeutic interventions as an integrative psychotherapist including Cognitive Behaviour therapy (CBT); Psychodynamic Psychotherapy; Transactional Analysis (TA), Systemic Approach, Client Centred therapy (CCT) & Jungian Analysis
- Experience of working cross-culturally including cultures from the Indian sub-continent; Sri Lanka; Turkey, Cyprus, Poland, Russia; Czech Republic, Spain, Portugal, Afro-Caribbean, Asia, China, Vietnam and Afghanistan.
- Group and individual psychotherapy

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WORK HISTORY

- 2006-Pres Expert Witness Psychologist and Independent Social Worker**
Dr Wright has carried out expert witness reports as a psychologist and independent social worker for the family courts and local authorities, civil courts and mental health tribunals. He has carried out Independent Social Work and Psychological assessments for Surrey County Council; Kent County Council; West Sussex County Council; Brighton & Hove City Council & the London Borough of Hillingdon.
- 2015-Pres Well-Being Coach, Workplace Wellness**
He runs many stress/time management & well-being groups for lawyers, para-legals and their managers employed by the Crown Prosecution Service as part of the mandatory annual training with follow-up one-to-one consultations within the London service office.
- 2003-04 Visiting Lecturer, School of Psychology & Therapeutic Studies University of Surrey, Roehampton**
Training Counselling Psychology 2nd year post graduate students in Counselling using Cognitive Behavioural Therapy.
- 2001-06 Highly Specialist Chartered Counselling Psychologist, Psychological Therapy in Primary Care, St George's Primary Care Trust Springfield University Hospital**
To provide Brief Psychotherapeutic interventions for client's referred within a Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc.
- 2004-Pres Chartered Counselling Psychologist - High Intensity IAPT Primary Care, South London & Maudsley NHS Foundation Trust, IAPT Lewisham (cluster2)**
He provides brief psychotherapeutic interventions for client referred within the IAPT Lewisham Service (Improve Access to Psychological Treatment) including High Intensity Treatment for those with more complicated problems relating to anxiety and depression in the Primary Care setting.
- 2001-03 Chartered Counselling Psychologist, Waterloo Health Centre**
He provided brief and long-term psychotherapeutic interventions for client's referred within a Primary Care setting. Treating those with Depression, Anxiety, Stress, PTSD, Phobias, Bereavement, etc and treating Borderline and clinically depressed patients with longer-term psychotherapy.
- 1999-01 Chartered Counselling Psychologist, Hammersmith & Fulham Association for Mental Health MIND - IMPACT Team**
He provided assessment and on-going counselling/psychotherapy for clients with Mental Health problems who have found it difficult to engage with the statutory agencies, and who have isolated themselves from the community, using for the most part CBT/Solution Focused methods as this method is more flexible in use for a diverse population with respect to age, sex and ethnic origin.
- 1995-15 Social Worker (Senior Practitioner), Westminster Social Services Emergency Team**
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He provided on-call emergency cover at night and at weekends for the whole of Westminster involving children, families, elderly, mental ill, disability, etc. He holds an Approved Mental Health Professional warrant (formerly known as Approved Social Worker).

1993-99 Senior Counsellor/Consultant, Personal Performance Consultants (UK) Ltd.

He was employed as a Senior Counsellor/Consultant for a Company providing Employment Assistance Programmes to Companies mainly in the City. He provided Counselling and Brief Therapy to employees of those Companies and their family members.

1993-98 Senior Social Worker, Mental Health Specialist, Social Services Dept. L.B. of Lewisham

He was employed as the Mental Health Specialist for the local District Office providing Social Work services to the clients/patients attending Speedwell Mental Health Centre as well as short-term and long-term therapy.

1992-95 Free-Lance Trainer, Croydon College

He taught such topics as Skills & Tools of Supervision, Report Writing & Assessment, Direct Observation, Evidencing & Recording, Theory to Practice, etc., for Trainee Practice Teachers and Top-up training for other Practice Teachers.

1982-87 Senior Social Worker, Westminster Social Services

He was a Social Worker in a long-term team with a mixed caseload, consisting of single parent families, disturbed adolescents and mentally handicapped children in care, multiple problem families and those with Mental Health problems.

PROFESSIONAL QUALIFICATIONS

- 2001-10 PhD Doctorate, University of Abertay, Dundee
- 1996-01 PhD by Research, Keele University
- 2007 Post Qualification in Social Work, London Metropolitan University
- 1999 Diploma in Integrative Psychotherapy, Minster Centre
- 1990-92 MSc Psychotherapy, Warwick University
- 1975-77 MA Applied Social Studies, Brunel University
- 1977 CQSW Certificate of Qualification in Social Work, Brunel University
- 1973-77 BSc (Hons) Psychology, Birkbeck College London University
- 1969-71 Filosofie Kandidat, Sociology and Genetics, University of Lund, Sweden
- 1968-69 2nd Betyg (level), Swedish, University of Lund, Sweden
- 1967 BSc (part 1) Physics, The Royal Military College of Science, Shrivenham, Sweden

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2009-10 IAPT for high intensity treatment supervisors, South London and Maudsley NHS Trust.
- 1982-83 Family Therapy, Institute of Family Therapy.

- 1981 Transactional Analysis and Gestalt Therapy, South Westem College.
1980 Psychoanalytic Psychotherapy with Children, Adolescents and Parents, Tavistock Institute.

PROFESSIONAL AFFILIATIONS

- 2017 Fellow of the British Psychological Society
2011 Associate Fellow of the British Psychological Society
2007 Chartered Scientist, British Psychological Society
2002 Accredited Member, Psychotherapy, British Association for Counselling and Psychotherapy
2001 Registered Member and Supervisor, Association of Counsellors and Psychotherapists
1997 C.Psychol, Chartered Counselling Psychologist, British Psychological Society
1992 CCETSW Practice Teaching Award, South Bank University

PUBLICATIONS AND PRESENTATIONS

- 1993 'A Study of the factors that contribute to General Practitioners' detection of Mental Health and their decisions to refer patients for Psychotherapy'. Presented at the Annual Meeting of the Society for Psychotherapy Research (UK)
- 2003 'The effects of Race and Sex on GPs' Referrals for Psychotherapy/Counselling'. Presented a paper to the SAPC Conference (a conference for G.Ps) in Manchester on behalf of StarNet
- 2009 Review for the book 'Employee well-being support: a workplace resource by A. Kinder, R. Hughes & C.L. Cooper (eds) in the British Journal of Guidance & Counselling Vol. 37, No 3, August 2009, 396-399.
- 2007 'The Effectiveness of Brief Therapy in an EAP setting – interim findings'. Presented at the BACP annual conference in York
- 2009 'The Effectiveness of Brief Therapy in an EAP Setting – Final Results'. Presented at the Society for Psychotherapy Research (SPR) in Ravenscar, Yorkshire, and at the AXA/ ICAs International Conference in June, 2009.
- 2011 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'. Presented at the BACP annual conference in Liverpool.
- 2011 A summary of the main body of my PhD research entitled 'The effectiveness of brief therapy provided through an Employee Assistance Programme for a U.K. local authority: gender, age and professional status differences in outcome'. BACP journal, Counselling at Work, Autumn 2011 pp 12-17.
- 2013 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'. Presented at the Society for Psychotherapy Research UK Chapter Annual Conference in Oxford.
- 2014 'A Psychologist Abroad: Saddam – My role in his downfall – well – in the aftermath!'. A paper about my experiences teaching in Iraq and the problems related to

- providing a psychotherapy service under the present situation. Presented at: 45th International Annual conference for the Society for Psychotherapy Research, Copenhagen, Denmark.
- 2016 'The Effectiveness of Brief Therapy in an EAP setting – gender differences in coping strategies'. Presented at a conference entitled 'Male Psychology' organised by the BPS.
- 2016 'Gender Difference in the Long-Term outcome of Brief Therapy for Employees', published in New Male Studies: An International Journal Vol 5 Issue 2 2016 pp 88-110 – Australian Institute of Male Health & Studies.
- 2017 'The Use and Benefits of Expressive writing in treatment of PTSD and other traumas in EAP & Primary Care settings (IAPT). Presented at the 2017 Annual British Psychological Society conference in May, 2017 in Brighton; And at the Male Psychology Annual Conference at UCL in June, 2017; And at the Society for Psychotherapy Research UK & European Chapters 4th joint Conference in Oxford in September, 2017.
- 2018 The Use & Benefits of Expressive writing in the treatment of PTSD & other Traumas in Brief therapy Settings. Presented at: BACP South London Network Group Meeting.
- 2018 'Why Male Psychology' with Dr John Barry to get researchers to include issues where results may differ if they look at gender differences. Presented at: 2nd Cross Organisation Research Meeting: The Importance of Collaboration Organised by Society for Psychotherapy Research (UK) Chapter at Tavistock Clinic, London.
- 2018 'A Boy's Journey: How to lead boys away from involvement in Gangs'. Presented at BPS- 5th Annual Male Psychology Conference at UCL.