



**Dr Joanne Bellamy-Stokoe, BSc Hons, DClinPsy**  
**Consultant Clinical Psychologist**



Health Professions Council Registration: **PYL02493**

Dr Joanne Bellamy-Stokoe is a HCPC registered Consultant Clinical Psychologist who has worked across many settings since qualifying in 2002. She has worked with Adults with Learning Disabilities, Young People and Adults with Autism and more recently with Children with Social Emotional and Mental Health Difficulties. Her work has been varied and has involved working in both community and inpatient settings within a multidisciplinary context, providing psychological assessment and therapy to groups and individuals, and providing training and consultancy to direct care staff about the delivery of psychological care.

She has routinely carried out reports on matters such as cognitive ability, capacity to make decisions and the impact of learning disability upon parenting. She has also provided advice and consultancy to Social Services about how best to support parents with Learning Disabilities. In addition, Dr Bellamy-Stokoe has provided guidance to Child Care Social Work Teams about how to recognise and support Parents with Learning Disabilities. She has prepared Expert Witness Psychological Reports for the child and family and criminal courts, covering Public Law assessments of both children and adults, assessment of parenting capacity, assessment of mental capacity (including capacity to instruct), assessment of mental health needs.

#### **SPECIALIST AREAS OF EXPERTISE**

- Assessment and intervention with adults, children and families.
- Psychological assessment of parents with a Learning Disability/Difficulties.
- Psychological assessment and Intervention with Adults and Children with Autism, Learning Disabilities and/or Social, Emotional and Mental Health Difficulties.
- Assessment of educational needs
- Cognitive functioning assessment
- Capacity assessments
- Assessment of trauma, abuse and neglect.
- Mental health problems
- Autism spectrum conditions
- Psychological Assessment and Intervention surrounding Trauma, Abuse, Loss, Adjustment disorders, Mood disorders, PTSD, Anger, Challenging Behaviour, Self-Harm and Suicidal Ideation and Relationship difficulties.
- Fitness to instruct a solicitor/plea

#### **WORK HISTORY**

**2017–Now**    **Regional Lead for Clinical Services, Children with Special Educational Needs, Social and Emotional Mental Health Difficulties and Autism, Witherslack Group**

Clinical Psychologist working in a Specialist Independent School, providing assessment and intervention with Primary and Secondary aged children with Social Emotional and Mental health

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difficulties and Autism.

- Responsible for Regional Service Development across Clinical Services
- Assessment, formulation and treatment, both individual and group therapeutic approaches
- Involved multi-agency working and liaison with specific system functioning around the individual
- Psychometric assessment
- Staff training
- Assessment of Educational Needs to inform Education and Health Care Plans
- Operational management of Psychologists and other Allied Health Professions in regional locality

**2011 – 2017 Consultant Clinical Psychologist, Adolescents and Adults with Autism in College and Residential Settings - Education and Services for People with Autism**

Consultant Clinical Psychologist providing Psychological assessment, intervention and risk assessments into 4 Specialist Autism College's in the North East for Young People aged 16-25. Additionally, providing a Psychological Service into Residential Services for Adults with Autism with complex needs. This included providing transitional planning and intervention for adults transitioning from secure hospital provision into the community.

- Staff training and consultation to teaching and residential support staff
- Working within a multidisciplinary team, conducting joint work in assessment and formulation and intervention
- A specific focus on assessment of mental capacity and developing interventions and risk management for those at risk of sexual offending behaviour

**2013 – 13 Locum Consultant Clinical Psychologist, Looked After Children in Residential Care, Young Foundations**

- Staff consultation and training in developing systems of Therapeutic Parenting/Attachment Aware Practice within Residential Provision for Looked After Children.
- Psychological assessment, formulation and intervention for young people with a range of mood and behavioral difficulties.

**2010 – 11 Consultant Clinical Psychologist, Adults with a Learning Disability within secure settings, Castlebeck Care**

Clinical Psychologist working into three secure hospitals in the North East for Adults with Learning Disabilities and/or Autism.

- Assessment, formulation and treatment, both individual and group, including specific work surrounding sexual offending and high-risk behaviors.
- Supervising Assistant Psychologist's and Nurses.
- Psychometric assessment.
- Clinical risk assessments using evidence based Clinical judgement tools, such as HCR-20 and the RRASOR.
- Provided assessment reports and assessments for Mental Health Tribunals and for the Responsible Clinician's Mental Health Act Reports.

**2004 – 10 Highly Specialist Clinical Psychologist, Adults with a Learning Disability, Inpatient and Community, Tees Esk and Wear Valley NHS Trust**

- Working within an Adult Learning Disability Team within a joint Social Care and NHS Team.
- Working across inpatient and Community Services, providing Assessment, formulation and treatment using an integrative therapeutic approach, treating a range of emotional, behavior and mental health problems.
- Psychometric and capacity assessments.

- Joint case working and Consultation with the Challenging behavior Team on complex cases.
- Joint work with the Local Authority providing intervention and support to parents with a learning disability.
- Joint work with Social Care to develop Psychological and Formulation based thinking within the wider team.

**2002 – 04 Clinical Psychologist, Adults with a Learning Disability, Inpatient and Community), Tees Esk and Wear Valley NHS Trust**

- Working within an Adult Learning Disability Team (Inpatient and Community Services), provided Assessment, Formulation and treatment using an integrative psychotherapeutic approach.
- Liaison with Forensic Learning Disability Team on joint cases.
- Contributed to the development of initial Care Pathways within the Trust surrounding Challenging Behavior and the Depression.
- Supervision of Assistant Psychologist and wider consultation to the wider Multi-disciplinary team, surrounding Psychological Formulation.
- Supervision provided to the Assertive Outreach and Crisis Team, to develop systemic and psychological approaches to their work.

**1999 – 02 Trainee Clinical Psychologist, University of Teesside**

Three Year postgraduate training course. This included NHS based work with adults, older adults, children and adults with learning disabilities and children's services. Specialist placements were completed in Health Psychology and Learning Disability Services. Developed core skills in assessment, formulation and treatment of a range of emotional, behavioural and mental health problems.

**1997 – 99 Assistant Psychologist, Adults and children with a Learning Disability, Priority Healthcare Wearside.**

- Provided Systemic and behavioural interventions to support Adults and Children who displayed behaviours that challenge.
- Involved multi-agency working and liaison with specific system functioning around the individual.
- Included coordinating service delivery, creating support networks, conducting and developing appropriate psychological and social interventions to bring about change.

**1996 – 97 Assistant Psychologist, Adult mental Health Services, Durham and Darlington Trust**

- Developing and implementing a Patient Information Project.
- Assessing the need for different forms of information materials for staff and patients across the Trust.
- Developing a range of relevant information sources surrounding their illness/treatment and options.
- Evaluation of the project.

**1996 – 97 Assistant Psychologist, Adults with a Learning Disability, Tees Valley NHS Trust**

- Providing psychological assessment and Intervention for a challenging Behaviour Service.
- Research project assessing the outcomes for a group of Adults with Learning Disabilities who had between resettled into the Community from Long Stay hospital provision.

**PROFESSIONAL QUALIFICATIONS**

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2012 Postgraduate Diploma in Cognitive Analytic Therapy

2002 Doctorate in Clinical Psychology, University of Teesside