



Dr Natalie Flatter C.Psychol., AFBPsS
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL05817**
British Psychological Society Membership: **040889**

Dr Flatter is a Clinical Psychologist who has worked for over 12 years in the NHS as part of a Child and Adolescent Mental Health team. She has specialised in the assessment and treatment of severe and enduring mental illness among children and their families. She has assessed and treated adults in the private sector, specialising in personal injury cases, including road traffic accidents and medical negligence.

PROFESSIONAL EXPERTISE

- Over 12 years' experience in an NHS Child and Adolescent Mental Health team.
- Experience assessing and treating children and adults for disorders including depression, anxiety, OCD, PTSD, ASD, suicidal ideation and self-harm.
- Experience using Cognitive Behaviour Therapy and working as part of the Systemic family therapy team.
- Experience working with children who have experienced trauma or abuse.
- Independent expert for assessing the psychological impact of personal injury.
- Additional training in the use of routine outcome monitoring.

WORK HISTORY

2006 – Pres Chartered Clinical Psychologist

- Established my own private practice treating individuals, couples and families who present with a wide range of psychological difficulties.

2004 – 16 Senior Clinical Psychologist, Child and Adolescent Mental Health Service, East Herts NHS team

- Working as part of a multi-disciplinary team to assess, formulate and provide psychological interventions for children and families presenting with a range of mental health disorders.
- Member of specialist CBT and Family Therapy clinics
- Provide consultation to professionals within Primary Care and Social Services
- Provide teaching to psychology students and Primary Care professionals
- Conduct risk assessments with young people who have taken overdoses or deliberately self-harmed
- Provide supervision to clinical psychologists and trainee psychologists
- Implementing the principals of Choice and Partnership and CYP IAPT approaches, including being trained as a CYP IAPT supervisor in 2014
- 2013 – liaising with staff at the single point of access service for screening and signposting mental health referrals
- Running groups for young people

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2009 – 10 Bereavement Therapist

- Offering support to bereaved members of the community.

1999 – 10 Research Assistant, Dept. Of Primary Care & Population Sciences, Royal Free & University College School of Medicine

- Designing & implementing research studies to evaluate a reading intervention for children with literacy difficulties
- Data collection, statistical analysis, report writing & presentations
- Running focus groups in S. African health clinics to elicit attitudes of pregnant women regarding HIV testing. Analysis of qualitative data.

2000 – 01 HIV pre- & post-test counselling, Ian Charleson Clinic, Royal Free Hospital

- Assessing patient's risk for HIV affection and their concerns
- Presenting diagnosis & discussing future behaviour and attitude changes

1999 – 01 Communications Skills Tutor for 1st & 2nd year medical students, Royal Free & University College Medical School:

- Preparing and conducting seminars comprising discussions, learning exercises and role plays, with the aim of developing students' ability to communicate effectively with patients and colleagues

PROFESSIONAL QUALIFICATIONS

2001 – 04 The University of London, Royal Holloway Campus, Doctorate in Clinical Psychology

1996 – 99 The University of Manchester, Psychology BSc (Hons.) 2:1

PUBLICATIONS AND PRESENTATIONS

Conferences: Papers presented, Flatter nee Hackman, N., Sherr, L. & Lucas, P., *Long Term Follow Up Study of a Literacy Intervention Programme*, European Educational Research Association conference, Sept. 2000, Edinburgh & BPS Social Psychology Section Annual Conference, Sept. 2000, Nottingham
Sherr, L., Flatter nee Hackman, N. & McGregor, A. *Abandoning Babies: developing an understanding of the phenomenon*, BPS Developmental Section Annual Conference, September 2000 (Bristol)

Publications: Sherr, L. & Flatter nee Hackman, N. (2002). Abandoned Babies-abandoned issue, *Counselling Psychology Quarterly*, 15, 153-159
Reports from the literacy intervention study will be submitted for publication upon completion of the study.