



Dr Masuma Rahim

BSc (Hons) MSc PsychD PGCert AFBPsS

Chartered Clinical Psychologist



Health Professions Council Registration: **PYL31720**
British Psychological Society Membership: **208369**

Dr Rahim is a Chartered Clinical Psychologist with experience of working in adult mental health, complex needs and in forensic settings. Dr Rahim has a particular interest in working with degenerative disorders and acquired brain injury and currently works in both assessment and neurorehabilitation. Dr Rahim has considerable experience of assessing mental capacity, both contemporaneously and retrospectively.

Dr Rahim is typically instructed by the claimant and has a specialist interest in the neurological sequelae of traumatic brain injury. Dr Rahim is currently a Special (Medical) Visitor to the Court of Protection and the Office of the Public Guardian, assessing mental capacity on the instruction of the court. Dr Rahim's research interests are in the area of trauma, the long-term outcomes of neurological conditions and LGBT mental health.

AREAS OF SPECIALISM

- Adult Mental Health
- Neuropsychological Assessment
- Neurorehabilitation
- Mental Capacity

PROFESSIONAL QUALIFICATIONS

- 2020** University of Glasgow; PGDip in Clinical Neuropsychology
- 2016** Association for Family Therapy; PGDip Systemic Psychotherapy
- 2014** University of Surrey; PsychD Clinical Psychology
- 2011** Institute of Psychiatry, King's College London; MSc Clinical Forensic Psychology
- 2006** Royal Holloway, University of London; BSc (Hons) Psychology

WORK HISTORY

2017 – Present **Principal Clinical Psychologist, Homerton University Hospital NHS Trust, Regional Neurorehabilitation Unit**

Providing neuropsychological assessment and intervention for a range of difficulties following brain injury, using a combination of CBT, systemic and third-wave approaches. Supervising Assistant and Trainee Psychologists and providing consultation to colleagues within the MDT. Leading on challenging behaviour and risk assessment. Providing training on the Mental Capacity Act and taking up membership of the Trust MCA/DoLS Working Party

2017 **Principal Clinical Psychologist, London & North West Healthcare NHS Trust**

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Conducting neuropsychological assessments following stroke. Providing post-diagnostic counselling, psychological assessment and intervention for a range of difficulties, using a combination of CBT, systemic and third-wave approaches. Assessing for Mental Capacity and being involved in Best Interests decision-making. Providing consultation to colleagues within the MDT and contributing towards service development

2017 Principal Clinical Psychologist, West London Mental Health NHS Trust

Providing psychological assessment and intervention for a range of difficulties, including psychosis, using a combination of CBT, systemic and third-wave approaches. Conducting neuropsychological assessments in cases of suspected brain injury or cognitive impairment. Supervising a Trainee Clinical Psychologist and providing consultation to colleagues within the MDT. Contributing towards service development

2015 – 16 Highly Specialist Clinical Psychologist, South-West London & St George's Mental Health NHS Trust, Wandsworth Older Adults CMHT

Carrying out neuropsychological assessments, consultation and therapy to older adults, their families and carers, with additional sessions in a Memory Assessment Service and a Family & Couple Therapy Clinic.

PUBLICATIONS AND PRESENTATIONS

O'Sullivan, M.F., Rahim, M., & Hall, C. (2015). The prevalence and management of poor sleep quality in a secondary care mental health population. *Journal of Clinical Sleep Medicine*, 11(2), 11-116.

Rahim, M. (2014). Developmental trauma disorder: An attachment-based perspective. *Clinical Child Psychology and Psychiatry*, 19(4), 548-560.

Rahim, M. (2017). Social justice and equality: Preparing the next generations of psychologists to act. *Clinical Psychology Forum*, 299.

Rahim, M. (in preparation). Functional neurological presentations: Aetiology, formulation and best-practice guidelines for non-pharmacological management.

Rahim, M., Cullen, A.E., Clarke, A.Y., Dean, K., & Fahy, T. (in preparation). Cognitive skills training for male mentally disordered offenders: The effect of co-morbid antisocial personality disorder.

Rahim, M., & Cooke, A. (in press). Should clinical psychologists be political?

Rahim, M., & Patton, R. (2015). The association between shame and substance misuse in young people: A systematic review. *PeerJ*, 3:e737. Available: <https://peerj.com/articles/737.pdf>

Rahim, M., & Winstanley, H. (under review). Do shame and self-compassion predict variance in substance use in young people?

Rahim, M., & Winstanley, H. (in preparation). Methodological considerations when conducting psychological research with young people.

Simonds, L.M., John, M., Fife-Schaw, C., Chester, S., Taylor, H., Ling, H., Rahim, M., Winstanley, H., & Winton, H. (2016). Development and validation of the Adolescent Shame-Proneness Scale. *Psychological Assessment*.

Winstanley, H., & Rahim, M. (in preparation). The role of self-concept factors in predicting risky sexual behaviour in young people.

Conference Presentations

Rahim, M., Cullen, A.E., Clarke, A.Y., Dean, K., Fahy, T. (2013, September). Cognitive skills training for male mentally disordered offenders: The effect of co-morbid antisocial personality disorder. Paper presented at the International Congress on the Disorders of Personality, Copenhagen, Denmark.

Rahim, M., John, M., & Simonds, L.M. (2014, December). Do shame and self-compassion predict variance in substance use in young people? Paper to be presented at the British Psychological Society Division of Clinical Psychology Annual Conference, Glasgow, UK.

Invited Conference Presentations

Rahim, M. (2016, February). Creating safe spaces for queer Muslims. Paper presented at the First Stonewall Multi-Faith Seminar, London, UK.

Rahim, M. (2016, February). Social justice and equality: Preparing the next generations of clinical psychologists to act. Paper presented at the British Psychological Society 'Inclusivity: Going Beyond Lip Service' Conference, Birmingham, UK.

Rahim, M. (2016, March). Clinical psychology as part of the problem. Paper presented at the Division of Clinical Psychology Pre-Qualification Group Conference: Clinical Psychology: Thinking more, speaking more, doing more, Birmingham, UK.