

Dr Kerrie Loader

D.Clin.Psych

Chartered Clinical Psychologist



Chartered Psychologists



www.hpcp-uk.org

Health Professions Council Registration: **PYL29855**
British Psychological Society Membership: **253456**

Dr Kerrie Loader is an experienced Chartered Clinical Psychologist who is attracted to human complexity and is skilled at applying psychological models to explore and understand mental health conditions. She is a Chartered Clinical Psychologist with the British Psychological Society and a Practitioner Psychologist registered with the Health Care Professions Council.

She has been qualified for over 6 years and has worked within the NHS in Adult Mental Health, Child and Adolescent Mental Health and Forensic services. She has extensive knowledge and experience of providing psychological assessment and interventions at a specialist level. Her clinical interest is working with individuals affected by trauma and experiencing symptoms associated with Post Traumatic Stress Disorder. She has developed strong skills in the assessment and treatment of such individuals using a number of psychological approaches. She has worked with individuals across the life span as a qualified Clinical Psychologist and has experience of the assessment and treatment of Children, Adolescents, Adults and Older Adults.

Her skills include the use of appropriate psychometrics and cognitive assessments across all age ranges. She also works as a Special Visitor for the Office of the Public Guardian/Court of Protection and provide specialist mental capacity assessments.

Dr Loader has prepared more than 65 reports for the Office of the Public Guardian/Court of Protection. She has also completed numerous reports in my role with the NHS. These reports have covered the following areas:

- Mental Capacity assessments of adults
- Mental Health assessments of children and adults
- Impact of trauma assessments of children and adults
- Cognitive functioning assessment of children and adults

PROFESSIONAL QUALIFICATIONS

2013 Doctorate in Clinical Psychology, Leicester University / Leicestershire Partnership NHS Trust

2008 Bsc. Psychology upper second-class honours, Open University

2000 National Diploma in PA skills, Pitman Training College

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2019 – 20 CAT Therapy (6 days)

2019 CAT skills, APT training (3 days)

2018 DBT Skills, APT training (3 days)

2017 Harmful Sexual Behaviour in male adolescents: Approaches to risk assessment and intervention includes training in the Juvenile Sex Offender Assessment Protocol-II (J-SOAP-II), TIFOP (2days)

2017 Narrative Exposure Therapy, Nottinghamshire NHS Trust (2 days)

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- 2016** Acceptance and Commitment Therapy Skills intensive Mindfulness Training (4 days)
- 2014 – 16** EMDR Part one, two and three and working towards practitioner status
Alexandria Richmann part one (3 days) 2014
Alexandria Richmann part two (1 day) 2016
Alexandria Richmann part three (3 days) 2016
- 2014** Excellence in practitioner skills for eating disorders, National Centre for Eating Disorders, (8 days)
- 2014** STAR Initial Supervisor Training, Leicester University, (4 days)
- 2014** AIMS 2 Intervention and planning with young people who sexually harm, The AIM project, (2 days)
- 2014** AIMS 2 Initial assessment of young people who display harmful sexual behaviour, The AIM project, (2 days)
- 2014** Autism Diagnostic Observation Schedule (ADOS), Lincolnshire Partnerships NHS Trust, (half day)
- 2014** Safeguarding Children level 3 B, Lincolnshire Safeguarding board, (3 days)
- 2014** Clinical Risk Assessment and Management, Lincolnshire Partnerships NHS Trust, (1 day)
- 2014** CPA care co-ordination, Lincolnshire Partnerships NHS Trust, (1 day)
- 2014** Trauma focused CBT for PTSD, British Psychological Society, (2 days)
- 2012** An introduction to the therapy and practice of compassion focused therapy, The Compassionate Mind Foundation, (3 days)
- 2012** Formulation: An integrative approach, British Psychological Society, (1 days)
- 2009** Introduction to Mindfulness-Based Approaches, University of Bangor, (2 days), 2009

WORK HISTORY

- 2018 – Present** Specialist Clinical Psychologist, Lincolnshire Partnership Foundation NHS Trust

To be responsible for the autonomous provision of a highly specialist psychological service for clients referred to the Adult Psychology Specialty. To provide clinical supervision to psychologists in training, assistant psychologists and junior colleagues. To carry a personal caseload and provides expert psychological services to clients, and to other agencies and professions, and clinical leadership in respect of psychological aspects of service planning, co-ordination, and management as agreed with the Head of Adult Community Psychological Therapies. To supervise and support the clinical work of other professions as required. To ensure the delivery of a highly specialist psychological service for adults with mental health problems and ensure service development and required research activities in the Adult Clinical Psychology and Psychotherapies Service. To undertake audit and research activities, take part in CPD and training and adhere to professional and Trust guidelines.

- 2017 – Present** Special Visitor, Office of the Public Guardian

To carry out mental capacity assessments of our clients, who may be elderly, have acquired a brain injury, a mental illness or learning disability. To assess the degree of mental capacity and help individuals to express their opinions, completing comprehensive reports for the Court of Protection and Public Guardian. To consult with associated agencies such as Social Services, Residential or Nursing Care Home Managers and GP Practises and provide accurate and concise written reports within a designated time scale and in accordance with agreed targets and standards.

2017 – 18 Specialist Child Clinical/Forensic Psychologist, Lincolnshire Partnership Foundation NHS Trust

To provide specialist clinical/forensic psychology assessments and interventions for children, young people and their families who are referred to the Harmful behaviours service within the Forensic Psychology Service; CAMHS Therapy Service. To engage with and work effectively with vulnerable young people and their carers, (including Looked After Children, children and young people with mild to severe Learning Disabilities; young people who are/have been in contact with the Youth Justice Service; children and young people who are presenting with sexually concerning behaviours), and to support and advise CAMHS colleagues in the provision of therapy to these young people. To work autonomously within professional guidelines as well as liaise closely with other professionals and volunteers who work with children and young people and their carers and families.

2015 – 17 Senior Clinical Psychologist, Psychological Health Step 4 (City), Nottinghamshire Healthcare NHS Foundation Trust

To provide highly complex psychological assessments, hypotheses and formulation using a comprehensive range of psychological assessments and psychometric data collection procedures. This involves a high level of interpersonal skills and emotional effort in communicating with clients who have complex psychological, behavioural and personality difficulties. This also involves communicating with clients who are highly distressed, angry or experiencing disturbed states of mind. Many clients have experienced complex trauma and our service engages with those seeking asylum in the UK following difficult and often traumatic experiences in their home country. To be responsible for implementing a range of highly specialised psychological interventions for individuals, carers, families and groups and adjusting and refining psychological formulations drawing upon different explanatory models and maintaining several provisional hypotheses. To evaluate and make decisions about options in terms of the assessment, risk, intervention and discharge of all psychological work based on a comprehensive knowledge of theoretical and therapeutic models.

To provide support, guidance and consultation to other professions undertaking research and clinical audits within primary care. To engage in training and teaching of Qualified Clinical Psychologists, Trainees and other professionals. To also provide highly specialised supervision, advice, guidance and consultation to clinical psychologists and other professionals delivering psychological care. To work within my professional guidelines and maintain a strong record of continued professional development.

2015 Clinical Psychologist, Early Intervention Service. Sheffield Health and Social Care NHS Trust.

To provide leadership to a team setting up a new Early intervention (EI) in psychosis service within an established Community Mental Health Team. To work closely with managers and other professionals to determine the most appropriate service model.

To provided specialist psychological assessments of service users referred to the EI teams based upon the appropriate use, interpretation and integration of complex data from a variety of sources. To work with individuals with complex presentations consistent with diagnoses of psychosis, schizophrenia, bipolar disorder and personality disorder. These people demonstrate a range of difficulties including paranoia, depression, social exclusion, agitation, antisocial behaviour, and family breakdown. To also work with individuals who had experienced distressing and traumatic situations including experiencing abuse, violence, poverty, racism, and family breakdown. To provide a range of psychological interventions for individuals and family interventions for carers, families and groups.

To lead the EI team in arriving at shared psychological formulations which informed the user's care plan. To offer specialist psychological advice, guidance and consultation to other professionals (both psychologists and non-psychologists) contributing directly to service users' formulation, diagnosis and treatment plans. To take an active part in risk assessment and risk management and offered consultation to other professionals regarding psychological management of risk.

2013 - 15

Child Clinical Psychologist, Child and Adolescent Mental Health service, Lincolnshire Partnership Foundation NHS Trust.

To be based within a multi-disciplinary team and undertake highly specialist psychological assessment of the young people and their carers referred to the service. To exercise responsibility and autonomy for the assessment, treatment and discharge of these young people which included the synthesis of a variety of complex information. To engage with a range of multifaceted clinical presentations including young people affected by abuse and/or who are presenting with sexually harmful behaviour. Each assessment was conducted in a way that informed formulation and was relevant and meaningful to the young person and those involved in their care. Assessment tools that were used included semi-structured interviews, self-report measures, rating scales, direct and indirect observation and psychological and neuropsychological tests including the WISC, WASI, ADOS and NePsy. To work closely with the young person, those involved in their direct care, school staff, social services and voluntary services.

To care co-ordinate and act as a lead professional on a number of cases that involve a variety of individuals and agencies. To exercise professional competency to make treatment decisions by fully considering all information available to me, consulting those involved and utilising relevant therapeutic models and evidence basis. Due to the complex nature of many of the young people on my caseload I appreciated the importance of working with professionals within the multi-disciplinary team and outside agencies. This allowed a complete package of care to be provided and for all elements of safeguarding to be clearly highlighted and dealt with appropriately. To regularly undertake complex risk assessments and develop care pathways for young people demonstrating high levels of risk. To attend the local hospital on a rota basis to assess and formulate treatment/management pathways for young people who had been admitted following significant self harm and suicidal ideation.

To supervise trainee clinical psychologists from the Trent Doctorate course and offer regular consultation, supervision and mentoring to members of the team. This supervision was an important part of informing complex formulations and treatment plans for young people within our service.

PROFESSIONAL MEMBERSHIPS

Associate Fellow of the British Psychological Society (AFBPS) Registration number: 253456

Registered Counselling/clinical etc Psychologist with the Health Care Professions Council: PYL29855