



Dr Gregory Warwick
DCounsPsych, CPsych, AFBPsS
Chartered Counselling Psychologist



Chartered Psychologists



www.hpcp-uk.org

Health Professions Council Registration: **PYL34452**
British Psychological Society Membership: **268141**

Dr Gregory Warwick has a doctorate in counselling psychology from the University of Manchester. From 2012 he has been working as a counsellor in various mental health settings such as school counselling services, eating disorder clinics, employee assistance programmes, sexual trauma charities and the NHS. This was until he was concurrently awarded chartership by the British Psychological Society and registration with the Health and Professions Council from June 2017 as a practitioner psychologist. From there he has been working in medium and low secure forensic inpatient mental illness and personality disorder services.

Dr Warwick is a member of the British Psychological Society and the Division of Counselling Psychology with experience working in various mental health services including forensic services. He has been employed as the Lead Psychologist for the Female and Deaf Service at Cygnet Hospital Bury. Here he has worked on developing national pathways for the organisation for patients with personality disorder, and Deaf service user pathways.

Dr Warwick is the Director of Quest Psychology services, a private practice which offers assessment, therapy, training and medico-legal reports.

AREAS OF SPECIALISM

- Mental health in Deaf individuals
- Mental health problems, anxiety, depression, eating disorders, self-harm
- Severe mental illness, psychosis
- Personality difficulties
- Relationship difficulties, adult relationships, parenting problems, conflict resolution
- Bereavement, loss, trauma, sexual abuse, domestic violence
- Boundary violations
- The dynamics of power
- Substance misuse and addictions
- Use and interpretation of psychometric tests

PROFESSIONAL QUALIFICATIONS

- 2017** Practitioners Doctorate in Counselling Psychology, D. Psych
- 2016** Doctorate in Counselling Psychology, D.Psych - University of Manchester
- 2012** Counselling Psychology, Bsc (Hons) - University of Wolverhampton

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2019** Becoming an Expert Witness - British Psychology Society
- 2018** DBT Skills - British Isles DBT

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- 2018** Administering and Interpreting WAIS-IV - British Psychology Society
- 2018** Register of Applied Psychology Practice Supervisors Training - University of Manchester
- 2016** CBT-E - Oakwood House
- 2016** Motivational Interviewing - NHS – Greater Manchester Dual Diagnosis Team
- 2012** Level 2 & 3 NCFE Counselling Skills Certificate - Wolverhampton City College

WORK HISTORY

2019 – Present Quest Psychology Services Director

- Providing expert witness assessment and treatment reports
- Working with ITV to manage high publicity clients in their work on reality TV
- Specialising in the assessment and treatment of trauma, mental illness and eating disorders
- Provide a range of evidence-based psychology treatments for individuals, insurance companies, ITV, and EAP providers
 - CBT
 - CBT-E
 - CBT-TF
 - ACT
 - Person-Centered Counselling
 - Brief Solution Focused Therapy
 - DBT

2017 – Present Cygnet Health Care – Counselling Psychologist (June 2017 – December 2018) & Lead Psychologist for Women and Deaf Services (December 2018 – Present)

- Managing a team of 8 psychologists across personality disorder and mental illness wards
- 1 medium secure female ward, 1 low secure female ward, 1 low secure ward for deaf males, 1 low secure ward for deaf and learning-disabled males, and 1 female locked rehabilitation unit.
- I have acted up as Head of Psychology when the Head has been absent
- Providing assessment, formulation, treatment and care plans
- Regularly complete HCR-20 and SAPROF and RSVP risk assessment tools
- Providing supervision for ward staff and Psychologists
- I attended ward rounds, care plan approach meetings and regularly defend at tribunals

2016 – Present St Mary's SARC - Senior Practitioner

- Senior clinician working with more complex clients usually with severe and enduring mental health diagnosis alongside their sexual trauma.
- Follow the CPS guidelines for pre-trial therapy and will see clients, aged 15+, for up to 20 sessions.
- Alongside my clinical responsibilities I also have successfully set up 3 outreach projects
- In addition to this I provide supervision for counsellors, ISVA's, forensic examiners and crisis workers. Unning the Psychology service within a Cardiac Rehabilitation Team at Queens Hospital in Romford. Providing highly specialist 1:1 psychological assessment and treatment to adults with cardiac conditions who suffer from depression, anxiety, trauma and other psychological issues in relation to heart surgery or cardiac events. Providing group therapy as well as specialist psychological advice and consultation to other professionals. Supervising clinical psychologists.

2015 – 16 Survivors Manchester - Counselling Psychologist in Training

- Providing 1:1 evidence-based interventions for men who have survived childhood sexual abuse and/or rape from a TF-CBT framework
- Step 4 IAPT compliant charity setting

2014 – 16 Oakwood House - Counselling Psychologist in Training

- Providing 1:1 and group therapy for eating disorder clients who have come through the NHS referral pathway
- Using predominantly CBT-E

2014 – 16 Health Assured Counsellor

- Provide face to face and structured telephone counselling in a workplace environment primarily using solution-focused therapy

2012 – 14 Place2be Assistant School Project Manager & Play Therapist

- I was asked to be ambassador for the charity and meet Her Royal Highness Kate Middleton due to my exceptional work