

**Dr Romy Sherlock**  
BSc (Hons) DClInPsychol CPsychol  
**Chartered Clinical Psychologist**



Health Professions Council Registration: **PYL24279**  
British Psychological Society Membership: **154952**

Dr Romy Sherlock is a Clinical Psychologist with 11 years qualified experience. Since qualifying she has worked with adults in physical health settings in her NHS practice. She has also worked independently since 2011, where she specialised in working with psychological trauma and with adults with persistent pain.

Dr Sherlock left the NHS in 2019 to work exclusively in independent practice. She has been writing medicolegal reports for adult personal injury cases since 2017 and has written approximately 50 reports to date.

#### **AREAS OF SPECIALISM**

- Adult trauma/PTSD
- Chronic/persistent pain
- Personal injury assessments for adults

#### **PROFESSIONAL QUALIFICATIONS**

- 2009** Doctorate in Clinical Psychology (DClInPsychol) – University of Leeds  
**2003** BSc (Hons) 2:1- University of Liverpool.

#### **SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT**

- 2020** Bond Solon Civil law and procedure 2 days  
**2019** EMDR Europe Accredited Practitioner  
**2019** Pain neuroscience training with Professor Lorimer Moseley  
**2019** Bond Solon – Cross Examination day  
**2017** Bond Solon – Excellence in Report Writing and Courtroom Skills training  
**2017** Attachment focussed EMDR 2 day training with Laurel Parnell  
**2015** Intermediate and Advanced Acceptance and Commitment Therapy training: Russ Harris (Contextual Consulting).  
**2013** Accredited EMDR training Parts One, Two, Three and Four. EMDR Extra  
**2011** The Yorkshire Psychologists Post Qualification Training Committee: Introductory Supervisor Workshops 2011 (Accredited by the British Psychological Society)  
**2010** Introduction to Motivational Interviewing, 2 day course (Steve Rollnick, Cardiff)  
**2009** Compassionate Minds 3 day Introductory training. Paul Gilbert  
**2005** 1 day workshop on CBT for self help using the five areas approach. Dr Chris Williams in association with the British Association for Behavioural and Cognitive Psychotherapies.

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- 2004** 5 day residential course in chronic pain management. University of Abertay Dundee
- 2004** Using Intensive Interaction: Building relationships with people who have profound learning disabilities and complex needs (1 day). Concept Training Ltd

### **WORK HISTORY**

- 2017 – Present** Started writing medicolegal reports following Excellence in Report Writing training from Bond Solon. I have 11 years qualified experience as a clinical psychologist and have worked extensively with individuals experiencing symptoms of post-traumatic stress and those adjusting to illness and injury and individuals with chronic pain.
- 2012 – Present** Working independently in private practice alongside my NHS role. Specialist areas of working: trauma, adult mental health, adjustment to illness and injury, chronic pain.
- 2013 – 19** Specialist Clinical Psychologist employed by Bradford Teaching Hospitals NHS Trust, in Clinical Health Psychology, St. Luke's Hospital, Bradford. Clinical Lead for the Chronic Pain psychology service. I left to work exclusively in my private practice.
- 2009 – 12** Clinical Psychologist employed by Bradford District Care Trust, in Medical Psychology, Airedale General Hospital.
- 2006 – 09** Psychologist in Clinical Training.

### **PUBLICATIONS**

- 2016** Shoiab, M., Sherlock, R, Bhatti-Ali, R., Suleman, A., and Arshad, M. A pilot study of an Urdu speaking and culturally adapted Multidisciplinary pain management programme. British Journal of Pain, Vol 10(2) Supplement 1, pp 58-59

### **PUBLICATIONS (UNDER MAIDEN NAME - HARDAKER)**

- 2007** Chu, S., Hardaker, R., and Lycett, J. Too good to be true? The handicap of high socioeconomic status in attractive males. *Personality and Individual Differences*, 42, 1291-1300.
- 2004** Hardaker, R., Furniss, F., Youdan, A., Kiddle, H. & Cooper, K. Matching analysis of communicative and problem behaviour. Volume 48, Parts 4 & 5, p318
- 2004** Cooper, K., Kiddle, H., Hardaker, R., Wardle, J., & Furniss, F. Levels and correlates of PECS use in a residential school. Volume 48, Parts 4 & 5, p324
- 2004** Kiddle, H., Hardaker, R., Cooper, K., Harrison, K., Garvani, G. & Furniss, F. Picture Exchange Communication System users in a residential school. Volume 48, Parts 4 & 5, p324