



Dr Vikki Taylor

B.Sc., D.Clin.Psych.

Chartered Clinical Psychologist



Health Professions Council Registration: **PYL34056**
British Psychological Society Membership: **240964**

Dr Vikki Taylor is a HCPC registered clinical psychologist with experience in working within the NHS, social care and education settings. She has experience working with children, young people and families and most extensively with 'looked after' children. She has a particular interest in working with children and families who have experienced relational trauma, including neglect, with her post-qualified career spent working with children and young people in the foster care system. She has over 5 years' experience providing consultation and training to social workers and professional networks supporting children in foster care.

Dr Taylor has over nine years' experience working in the field of mental health. She is competent in assessment and intervention, both on an individual and systemic level and particularly enjoys working creatively with young people and their networks in a trauma informed way.

AREAS OF SPECIALISM

- Developmental trauma
- Child mental health
- ASD
- Parenting difficulties
- Education

PROFESSIONAL QUALIFICATIONS

- 2016** Doctorate in Clinical Psychology, Canterbury Christ Church University
- 2011** Postgraduate certificate - Psychology and Mental Health, Glasgow Caledonian University
- 2010** BSc (Hons) - Forensic Psychobiology (2.1), University of Abertay, Dundee

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2019** Dyadic Developmental Psychotherapy (DDP) – Dan Hughes
- 2019** Train the Trainer AMBIT Training - Anna Freud Centre
- 2019** Autism Diagnostic Observation Schedule (ADOS) – Pearsons, London
- 2018** Salomons Supervisor's Training - Canterbury Christ Church University,
- 2017** Schwartz Round Facilitator Training - SLaM NHS Foundation Trust,

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WORK HISTORY

2017 – Present South London and Maudsley NHS Foundation Trust / Clinical Psychologist

Activities include providing training and consultations to social workers and teachers, brief direct therapeutic interventions with young people and foster carer support. I am also the Research Lead for the service and am currently supervising a funded research project and a service evaluation. I provide supervision to a trainee clinical psychologist, facilitate staff reflective groups and coordinate therapeutic network interventions.

2016 – 17 Oxleas NHS Foundation Trust / Clinical Psychologist

Provided direct assessment and therapeutic interventions to children and young people, support to foster carers and adopted parents, coordination and analysis of routine outcome measures, social worker consultations, emergency crisis support and risk management.

2013 – 16 Clinical Psychology Training Placements

- **Oxleas NHS Foundation Trust – Bexley Memory Service and CMHT**

Older adults placement in a Memory Service and Community Mental Health Team (CMHT). Developed skills in neuropsychology, Dementia assessments, therapeutic assessment and intervention (psychodynamic psychotherapy and CBT) skills.

- **Surrey and Borders NHS Foundation Trust – West Kent Children in Care Team**

One year CAMHS and specialist placement working directly with children and young people in foster care. Assessment and intervention (integrative) of young people and their carers. I developed skills in consultation and training foster carers in supporting young people who self-harm and completing service evaluations.

- **Oxleas NHS Foundation Trust – Greenwich Learning Disabilities CMHT and IAPT-LD**

Learning disabilities placement in a CMHT and specialist IAPT service for people with learning disabilities. Provided assessment and interventions to people with learning disabilities (adapted CBT, family therapy and systemic support to care teams). I was also responsible for the setting up of a service user group.

- **South London and Maudsley NHS Foundation Trust - Lewisham Promoting Recovery Service**

One year adult placement in supporting adults with a diagnosis of psychosis. This placement mainly focused on developing assessment skills, intervention (CBT, family therapy, psychodynamic psychotherapy) and service audit skills.

2012 – 13 National Autistic Society, Tower Hamlets

Lead family support worker role providing families with post diagnosis support and training. I facilitated parent support groups, developed new training materials and developed partnerships working with other agencies. I was responsible for writing monitoring reports.