



Dr Rosemary Gomes
BSc., D.Clin.Psych.
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL32481**

Dr Gomes is a clinical psychologist in both an NHS role and independent practice. She has specialised in working with children with disabilities including autism and their families, parental mental health and well-being and narrative and systemic approaches to complex family difficulties. Additionally, she has expertise and confidence in treating adult mental health difficulties in a wide variety of client groups with presenting problems that reflect the full range of clinical severity.

Dr Gomes has undertaken expert witness work across the UK undertaking psychological assessments of adults, teenagers and children in families where parenting ability, attachment, family dynamics, domestic violence, substance misuse or relational issues have required a court report

AREAS OF EXPERTISE

Assessment of Adults and Children Including:

- Attachment difficulties
- Low self-esteem
- Anxiety
- Depression
- Autism Spectrum Disorder (ASD)
- Parent-child work
- Trauma
- Relational difficulties
- Mood disorders
- Addiction

Dr Gomes has produced court reports in her capacity as an expert witness in cases where a psychological assessment of both adults and children have been required in the context of child protection plans, domestic abuse, substance misuse, autism, mental health difficulties, parental conflict and a range of other factors.

Over her 10 years of NHS experience, Dr Gomes has acquired expertise and competence in a range of assessments. This includes diagnostic ASD and ADHD assessment within a multidisciplinary team, cognitive assessments for a range of clients, and assessing children, young people, parents and families in terms of attachment, systemic difficulties and family dynamics. She also carries out adult mental health assessment interviews, assessing for anxiety, depression and other mental health issues. She has completed several assessments under joint instruction.

PROFESSIONAL QUALIFICATIONS

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| 2015 | Doctorate in Clinical Psychology, Salomons Centre for Applied Psychology, Canterbury Christ Church University |
| 2003 | BSc Psychology, 2:1, Royal Holloway, University of London |

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2020** Foundation Course in Systemic Practice Module 2
- 2019** Foundation Course in Systemic Practice Module 1
- 2019** Positive Behavioural Support (PBS) Certificate from BILD

WORK HISTORY

2019 – Present Senior Clinical Psychologist - Camden Parents' Wellbeing Service and Whole Family Team/Camden & Islington NHS Foundation Trust

- Specialist psychological assessment, formulation and intervention with parents presenting with complex, multigenerational difficulties and social worker involvement such as child protection or child in need plans.
- Providing training to other professionals on psychological difficulties within families. Consultation to social workers to foster psychological understanding and formulation.

2016 – 2020 Clinical Psychologist - Mosaic CAMHS/Tavistock & Portman NHS Foundation Trust

- Assessment, formulation, treatment of mental health conditions in children with disabilities and their family members.
- Assessment and diagnosis of ASD. Specialist National Autistic Society (NAS) programme delivery.
- Supervision of trainees and junior members of staff.
- Presentations and teaching to the CAMHS team.
- Consultation to schools, nurseries and Special Educational Needs (SEN) colleagues. providing therapeutic input to adult patients suffering from trauma-PTSD, depression, anxiety, social anxiety, relationship difficulties, stress, phobias, work related problems, parenting difficulties and other psychological problems, using an integrative approach and CBT according to patients' needs. Providing Expert Witness Psychology assessments for Personal Injury Claims.

2017 – 2018 Senior Clinical Psychologist - Child Development Team, Enfield CAMHS/Barnet, Enfield & Haringey Mental Health NHS Trust

- Multidisciplinary autism assessments. PBS interventions. Highly specialist clinical psychology service to 0 to 6-year-olds with disabilities and their families.
- School observations and written reports. Consultation to multidisciplinary team colleagues.
- Facilitation of post-diagnostic groups for parents. Provision of input regarding service design.

2015 – 16 Clinical Psychologist - iCope Psychological Therapies service (Improving Access to Psychological Therapies)/ Camden & Islington NHS Foundation Trust

- Assessment and treatment of mental health difficulties in GP surgeries, providing an all age mental health service.
- Delivery of evidence-based interventions such as cognitive behavioural therapy and motivational interviewing. Case presentations.