

Dr Kenny Chiu
M.Sc., D.Clin.Psych
Chartered Clinical Psychologist



Health Professions Council Registration: **PYL37822**

Dr Chiu is a HCPC-registered Chartered Clinical Psychologist who graduated from the Institute of Psychiatry, Psychology, and Neuroscience. He has experience in assessing trauma, neuropsychology, and risks in private and NHS national specialist settings.

AREAS OF SPECIALISM

- CBT for individuals and families
- DBT for individuals and families
- Neuropsychological assessment for children and adults
- Differential diagnostic mental health assessment (anxiety, depression, trauma, psychosis)
- Learning disability assessment for children and adults
- Autism assessment for children
- ADHD assessment for children
- Forensic risk assessment for harmful sexual behaviour, violence and aggression, child sexual exploitation, fire setting

PROFESSIONAL QUALIFICATIONS

- 2019** Doctorate in Clinical Psychology – King’s College London
- 2016** MSc in Developmental Neuroscience & Psychopathology (distinction) – UCL and Yale University
- 2013** Bachelor of Social Sciences (1st class honour) – University of Hong Kong
- 2013** Experimental Psychology (visiting scholar) – Oxford University

WORK HISTORY

2019 – Present Clinical Director – Private practice

- Develop treatment pathways with collaboration with local refugee and asylum charity organisations.
- Specialises in trauma-focused CBT and DBT.
- Provide expert witness reports for criminal court and immigration and asylum cases.
- Develop trauma-sensitive educational materials for children from refugee camps with Think Equal.
- Offer consultation on psychometrics and online treatment programme to a mental health start-up.
- Deliver workshops to postgraduate students at various UK universities.

2019 – Present Clinical Psychologist – Lambeth CAMHS Neurodevelopmental Pathway, South London Maudsley NHS Trust

- Assessment | Assess youth with emotional and behavioural concerns in the context of trauma, neurodiversity (e.g. ASD, ADHD), and learning needs. Conduct a wide range of cognitive assessment (e.g. AIM-3, Connors, WISC, WAIS).
- Individual therapy | Deliver CBT, trauma-focused CBT, mindfulness-based interventions, and DBT.
- Group therapy | Develop an online DBT group for adolescents who self-harm.
- Parental support | Support families using parent-led CBT, parent management training (PMT), positive behavioural support (PBT), systemic approaches, and DBT for family and couples.
- Supervision | Supervise trainee clinical psychologists and CYP IAPT students.
- Offer neurodevelopmental consultation to NHS professionals.
- Service development and leadership | Delivering in-house workshops. Contribute to the development of standardised routine outcome measures for youth.

Autism and Related Disorders Service (ARDS), Evelina London Children's Hospital

- Assessment | Conduct Autism assessment and offer recommendations to families.
- Parental support | Deliver webinars for parents of children with autism.
- Service development and leadership | Streamlining the autism assessment referral process. Deliver CPD workshops on autism-related outcome measures.

2016 – 19 Trainee Clinical Psychologist – Institute of Psychiatry, Psychology, & Neuroscience, King's College London

- Completed specialised placement in:
- Cognitive Therapy (CT) for adults with anxiety disorders (e.g. PTSD, social phobia, OCD) at the Centre for Anxiety Disorders and Trauma (CADAT).
- Neuropsychological assessment for adults with traumatic brain injury, epilepsy, or psychogenic non-epileptic seizure at the Maudsley Neuropsychiatry Unit.
- Dialectical Behavioural Therapy (DBT) for youth with self-harm, violence, and/or forensic history at the Adolescent At-risk Forensic Service (AAFS).
- Cognitive Behavioural Therapy (CBT) for youth with sleep disorders at the Paediatric Sleep Clinic at St Thomas' Hospital.
- Exposure and Response Intervention (ERP) for youth at the Tics and Neuro-Developmental Movement Disorders (TANDeM) at St Thomas' Hospital.

2015 – 16 Postgraduate Research Fellow

- **Research Assistant of Dr Helena Rutherford, Yale Child Study Center, Yale University**
- Conducted EEG research that found a type of early developed brain activity can predict the strength of attachment between mothers and babies.
- **Research Assistant of Dr Lauren Sippel, Yale Child Study Center, Yale University**
- Conducted a fMRI study that investigated the effect of oxytocin on improving combat veterans' brain functioning and PTSD symptoms.

PUBLICATIONS AND PRESENTATIONS

Publications

- Leigh, E., **Chiu, K.**, Clark, D. M. (2021). (In press). Is concentration an indirect link between social anxiety and educational achievement in adolescents? *PLOS ONE*, 16(5): e0249952.
- Leigh, E., **Chiu, K.**, Clark, D.M. (2021). Self-focused attention and safety behaviours maintain social anxiety in adolescents: An experimental study. *PLOS ONE*, 16(2): e0247703. <https://doi.org/10.1371/journal.pone.0247703>
- **Chiu, K.**, Clark, D. M., Leigh, E. (2020). Cognitive predictors of adolescent social anxiety. *Behaviour Research and Therapy*, <https://doi.org/10.1016/j.brat.2020.103801>
- **Chiu, K.**, Clark, D. M., Leigh, E. (2020). Prospective associations between peer functioning and social anxiety in adolescents: A systematic review and meta-analysis. *Journal of Affective Disorders*, 279, <https://doi.10.1016/j.jad.2020.10.055>
- Leigh, E., **Chiu, K.**, Clark, D. M. (2020). The effects of modifying mental imagery in adolescent social anxiety. *PLOS ONE*, 15(4): e0230826. <https://doi.org/10.1371/journal.pone.0230826>
- Leigh, E., **Chiu, K.** (2018). Can the Clark & Wells (1995) Cognitive model of social anxiety help in predicting adolescent social anxiety and peer victimisation? A prospective longitudinal study. Paper presented at the 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany. Abstract retrieved from <https://www.psychologie.uzh.ch/dam/jcr:ecf0d1b2-aaa6-434d-a587-d43b72231145/Congress-Programme.pdf>
- Rutherford, H., **Chiu, K.** (2018). The pregnant brain: neural activity, maternal-fetal attachment, and postpartum reflective functioning. Supplement to the *Infant Mental Health Journal*, 39. https://cdn.ymaws.com/waimh.org/resource/resmgr/images/congresses/2018/imhj_waimh_congress_abstract.pdf
- **Chiu, K.**, Rutherford, H. (2017). Maternal-fetal attachment and resting frontal alpha asymmetry: the mediating role of depression. Abstracts of papers and posters presented at the 37th Annual SRIP Conference Principal Hotel, York, UK, 12th – 13th September 2017, *Journal of Reproductive and Infant Psychology*, 36(3), e1-e43, DOI: 10.1080/02646838.2018.1470220
- **Chiu, K.** (2015). Research Training Programme: Maternal-fetal attachment and frontal EEG asymmetry: the mediating role of maternal depression. Yale Child Study Center, Yale University.
- **Chiu, K.** (2013). Can we learn interpretation biases and social anxiety through our friends? (Undergraduate thesis supervised by Dr Jennifer Lau). Oxford University.