



Dr Esther Borrett
BSc, MSc, PGCE, DEdCPsy
Chartered Educational Psychologist



Health Professions Council Registration: **PYL37196**

Dr Esther Borrett specialises in psychological assessments of children and young people 0-25 years, interpretation of those findings and report writing, including psychological advice to inform statutory work in connection with Special Educational Needs Code of Practice.

She has conducted research and development of trauma informed approaches including research of a pilot for using trauma informed approaches in the Youth Justice Service, development of trauma informed training for schools and colleges and whole school development of adversity awareness and resilience. She is experienced with working with highly vulnerable and complex children and young people including looked after children, victims of domestic abuse, sexual abuse, physical abuse, emotional abuse, and neglect. She also has further training and experience of working with children and young people from the Roma community and working with young people involved in gangs. Specialist role in Youth Justice working with young people who come into contact with the Youth Justice Service.

Areas of specialism

- Youth Justice
- Trauma and Resilience

PROFESSIONAL QUALIFICATIONS

2019	Professional Doctorate Educational and Child Psychologist – University of East London
2016	MSc Psychology – University of Essex
2007	Post Graduate Certificate in Education – University of East Anglia
2002	BSc (Hons) Applied Psychology Upper Second-Class Degree – University of North London

WORK HISTORY

2019 – Present Specialist Educational Psychologist (Youth Justice), Psychology and Therapeutic Service, Suffolk County Council

- Duties involve psychological assessment of children and young people 0-25 years, interpretation of those findings and report writing, including psychological advice to inform statutory work in connection with Special Educational Needs Code of Practice. Liaising with parents and professionals in a school and community settings and external agencies. Research and development of trauma informed approaches including research of a pilot for using trauma informed approaches in the Youth Justice Service, development of trauma informed training for schools and colleges and whole school development of adversity awareness and resilience. Supervision and training of Emotional Literacy Support Assistants (ELSA). Experienced at working with highly vulnerable and complex children and young people including looked after children,

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victims of domestic abuse, sexual abuse, physical abuse, emotional abuse, and neglect. Further training and experience of working with children and young people from the Roma community and working with young people involved in gangs. Specialist role supporting Youth Justice Practitioners.

2016 – 19 Trainee Educational Psychologist (full time student at the University of East London)

- 2016 – 17 at Islington Council and remaining time at Suffolk County Council

2005 – 14 Lecturer in Psychology – Suffolk New College

- Teaching of A' Level, GCSE and Access to Higher Education Psychology. Supervision of research projects. Link support tutor for young people with specific learning difficulties within the department. Examiner for a major exam board.

2003 – 05 Lecturer in Psychology – Blackburn College

- Teaching BTEC National Diploma in Health and Social Care and supervision of research projects.

2002 – 03 Psychology Assistant

- Assisting a large research team investigating stress immunology. Collecting, inputting, and analysing data.

Experience of Using Psychological Assessments and Tools

Wechsler Children's Intelligence Test (WISC-V), Wechsler Individual Attainment Test (WIAT-III), Wide Range Intelligence Scales (WRIT), Wechsler Adult Intelligence Scale (WAIS-IV), British Ability Scales (BAS-III), Phonological Assessment Battery (PhAB), Naglieri Nonverbal Ability Test (NNAT-I), Beck Youth Inventory, Warwick-Edinburgh Mental Well-Being Scale (WEMWBS), Brief Resiliency Scales, Myself as a Learner, Schedule of Growing Skills, PIP Developmental Charts, Behaviour Rating Inventory of Executive Functioning (BRIEF-2), Resiliency Scales for Children and Adolescents, Cognitive Abilities Profile, Dynamic Assessment Tools, Let's Play, Person Construct Psychology tools, Person Centred Tools

Therapeutic Interventions/Interventions

Motivational interviewing, solution focussed brief therapy, cognitive behaviour therapy, circle of friends, The Resilience Builder Programme for post-16 and whole school approaches to being adversity/trauma informed.