

Dr Elham Aldouri MBChB, DPM, DipPsych, MRCPsych, FRCPsych Consultant in General Psychiatry

GMC: 3147898

Professional Summary

Dr Adouri is a senior consultant psychiatrist and has been working for the NHS and the private sector since 1991. She specialises in Adult Psychiatry and has held the position of a consultant psychiatrist in the NHS and the Private sector for the past 30 years. She has a wealth of experience in the diagnosis and treatment of all psychiatric and psychological disorders and is approved by the secretary of state under section 12(2) of the Mental Health Act 1983 as having a special expertise in the diagnosis and treatment of mental disorders.

Dr Adouri has an extensive medico legal experience in providing expert witness and independent psychiatric reports and giving evidence in court to CPR standards. She has provided reports for high profile cases and has been instructed by leading law firms, medico legal agencies and insurance companies in the UK and in her role as an experienced consultant psychiatrist has prepared a large number of medico legal reports for lawyers, courts, crown prosecution service, insurance companies, employers and employment tribunals.

Dr Adouri has a particular interest in personal injury cases, clinical and medical negligence, employment tribunals, criminal cases and all other cases requiring psychiatric assessment. She provides high quality, prompt reports and preparation is typically within one or two weeks of appointment and examination of the client. She is able to deal with complex cases and her field of expertise includes the following

Specialist Areas of Expertise

EXPERT WITNESS FEMALE OFFENDERS MENTAL HEALTH ASSESSMENTS VIOLENCE AND DOMESTIC ABUSE PTSD AND TRAUMA MEDICOLEGAL REPORTING CRIMINAL CASES CLINICAL AND MEDICAL NEGLIGENCE MENTAL CAPACITY IMMIGRATION AND ASYLUM

Professional Education and Qualifications

1983: Diploma in Psychological Medicine Faculty of Medicine, Conjoint Board University of London

1985: Diploma in Psychiatry, The Institute of Psychiatry and The Maudsley Hospital

1987: Membership of the Royal College of Psychiatrists

2012: Fellowship of the Royal College of Psychiatrists

Professional Employment

2015 - present: Consultant in Psychiatry, Medico Legal Practice

2000 - 15: Consultant Psychiatrist, Hertfordshire Partnership NHS Foundation Trust

1994 - 99: Consultant Psychiatrist, South Essex Mental Health and Community Care NHS Trust
1991 -94: Consultant Psychiatrist, South Essex Mental Health and Community Care NHS Trust

1992 – 94: Honorary Senior Registrar, The Bethlem Royal and the Maudsley Hospitals



1988 – 1991: Senior Registrar, The Priory Hospital and the Royal Free Hospital London

1985 – 88: Registrar, North West and South West Surrey

1982 – 85: Registrar, Bexley Hospital Kent

1980 – 81: Honorary Registrar, The Bethlem Royal and the Maudsley Hospitals

Courses Attended:

- 1. The Postgraduate Course in Psychiatry, The Institute of Psychiatry, University of London, duration two years.
- 2. South East Thames Postgraduate Course in Psychiatry, Guy's and Dartford Hospitals, duration one year.
- 3. A course in Psychotherapy, Guy's Hospital, 6 months.
- 4. Postgraduate Course in Neurology, The National Hospital, Queens Square, 3 months.
- 5. Over the years I have attended several other courses in clinical and academic psychiatry and international congresses including the ECNP, the CINP and the APA annual congress.

Research and Publications:

- 1. Do schizophrenic patients who managed to get to University have a non-developmental form of illness? J. McCabe, E. Aldouri, T. Fahy and Robin Murray, published in Psychological Medicine, March 2002
- 2. This study was largely conducted by myself at the Institute of Psychiatry. It was a retrospective study of a sample of schizophrenics with a University degree.
- 3. An Adult Case of Tay Sachs Disease presented with Prof Nigel Leigh at the Institute of Psychiatry.
- 4. The Implementation of a Computerised Self Report Symptom Scale for Assessing Change During In-Patient Treatment E. Aldouri and D. Ellis.
- 5. Creating Efficiencies in the Acute Care Pathway The Rapid Assessment, Treatment and Discharge Approach- Drs Alexis Bowers and Elham Aldouri, published in the Mental Health Review Journal, Research, policy and Practice, Vol. 16. No 2, 2011