

Dr Mark Berelowitz MBBCh, MPhil, FRCPsych Consultant Child and Adolescent Psychiatrist

GMC: 2754019

Professional Summary

Mark is a Consultant Child & Adolescent Psychiatrist specialising in: Child/Adolescent/Family Psychiatry involving Child Physical, Emotional and/or Sexual Abuse Child Protection/Risk Assessment Adoption, Foster Care, Wardship; Child Care Proceedings; Custody, Residence, Access and Contact Issues Parenting Assessments (Fitness to Parent) Dysfunctional families and Domestic Violence Families and Mental Illness/Mental Disability; Divorce/Separation Issues (both social and legal) Eating Disorders ADHD Mediation Further experience of Clinical and/or Professional Negligence Personal Injury

Specialist Areas of Expertise

DEPRESSION ANXIETY ADHD CHILD PSYCHIATRY EATING DISORDERS DEVELOPMENTAL DISORDERS ADOLESCENT PSYCHIATRY
MEDICOLEGAL REPORTING FAMILY PSYCHIATRY RESILIENCE ANOREXIA

Professional Education and Qualifications

1980: MBBCh – University of the Witwatersrand
1985: MRCPsych
1997: FRCPsych
1989: MPhil – University of London

Professional Employment

1993 – Present: Consultant in Child & Adolescent Psychiatry, Royal Free Hospital, and Clinical Service Lead.
1989 – 1993: Consultant in Child & Adolescent Psychiatry at the Maudsley Hospital.
1997 – 2007: Sub-Dean for Student Welfare, Royal Free and University College, London Medical School, with responsibility for the mental health of medical students
1982 – 1985: Registrar training in general psychiatry, Maudsley
1985 – 1998: Senior Registrar training in Child Psychiatry at the Maudsley Hospital Children's Department

Current Position

- Consultant in Child & Adolescent Psychiatry, Royal Free Hospital, and Clinical Service Lead.
In my current NHS post, which I have held since May 1993, I have four particular areas of responsibility: a. General outpatient and emergency service – We provide a comprehensive general service to the local population, for the whole range of general child psychiatric problems, including depression, anxiety, and developmental disorders. b. ADHD – We have a well established and busy ADHD service, closely linked with paediatrics, which treats local patients and also provides second opinions. c. Eating disorders - We run the NHS child and adolescent eating disorders service for several North London boroughs, seeing approximately 150 new patients a year. I set up this service and led it until mid 2018. d. Paediatric liaison – helping children and families cope with the psychiatric and psychological consequences of illness, physical or psychological, in a family member.

Medico-legal Work

For the past 25 years I have been providing expert opinions in a number of areas. Indeed I have prepared several hundred reports in child care cases and in personal injury claims. Areas of expertise include:

- Complex child care cases (public and private law), including assessment of parenting, child abuse (physical, emotional, sexual), consequences of parental mental health difficulties, induced illness, parental discord, residence disputes, assisted fertility, leave to remove, and attachment problems. I have particular experience with intractable contact disputes.
- Personal injury and medical negligence: accidents and other causes of trauma to children; consequences of alleged medical negligence; cases involving alleged failure by Local Authorities to protect children
- Cases where a current or former patient has committed suicide or suffered a serious injury.
- Advisor to the GMC on fitness to practice issues.
- Reports for Coroner's inquests.

Family Therapy

I give advice, outside of the Court setting, to parents who are separating or who are divorced, about ways in which they might reduce the impact of divorce on the children. with particular regard to the psychological wellbeing of the children.

Research, Publications, Presentation

- Anorexia Nervosa – early feeding patterns, sibling relationships, attachment patterns
- Psychotherapy for sexually abused girls
- Children of parents with mental health problems
- Borderline personality disorder.
- Resilience

I have published more than 20 articles and book chapters in the international psychiatric literature, on sexual abuse, eating disorders, personality disorders, and other topics. I have presented on these topics at national and international meetings

Management Experience

Previously: I was Divisional Medical Director for Women's and Children's Services (Obstetrics & Gynaecology, Child Health, and Child & Adolescent Psychiatry), Chairman of the Child Health Specialty Group at the Royal Free Hospital, and was elected Chairman of the Consultant Staff Committee at the Royal Free in 2000/2001.

Teaching

I have extensive teaching experience at all levels and across disciplines. I have lectured at national and international conferences

International Responsibilities and voluntary activity

I have been involved as an adviser and teacher in Bulgaria, Thailand, Israel and Palestine. For Israel/Palestine we set up a new charity, Building Bridges, which brings clinicians from both sides of the political divide to train at the Royal Free. I am involved with a charitable group working on the promotion of wellbeing in schools.