

# Dr Graham Williams, BSc (Hons), DClinPsy. Chartered Clinical Psychologist



Health Professions Council Registration: PYL26721

Dr Williams has over 20 years' clinical experience in (public and private) mental health sectors. After qualifying as a clinical psychologist in 2008, he specialised in the area of children, young people and parents. He currently divides his time between paediatric services in the NHS and expert witness instruction where he regularly reports to the family Courts under Public Law Outline and Care Proceedings.

He has extensive clinical experience working with children, adolescents and families, including those with and at risk of developing complex mental health problems (particularly developmental and complex trauma), developmental issues, child maltreatment and abuse. As a senior psychologist in CAMHS, Dr Williams was the service lead for trauma, working clinically and providing trauma training and education to staff teams in medical and education settings.

Dr Williams also has expertise working with neurodevelopmental/cognitive and attachment difficulties and has experience of working with looked after children. He has extensive knowledge and skills in relation to child protection, risk assessment and risk management. In addition, he has expertise in conducting assessments and psychological interventions of parental / adult mental health (particularly PTSD, anxiety and depression) in both community outpatient and forensic settings – including cognitive functioning and capacity assessments. He has experience of working with domestic violence and substance misuse and is an accredited supervisor.

#### **AREAS OF SPECIALISM**

- Trauma, Developmental Trauma and PTSD
- Paediatric neuropsychological (QiCN) assessments
- · Adult, adolescent and child mental health
- · Parent-child relationships, attachment and family dynamics
- Parental risk assessments and management
- Cognitive and mental capacity assessments

#### **PROFESSIONAL QUALIFICATIONS**

2008	Doctor of Clinical Psychology – University of Hertfordshire
1999	${\bf Psychology\ with\ Clinical\ Psychology-University\ of\ Kent,\ Canterbury}$
1994	Degree-level Foundation and Psychology Courses – Open University

### **WORK HISTORY**

### 2021 – Present Clinical Psychologist and Independent Expert Witness to the Courts

- Psychological assessment of CYP, parents, and families and legal-standard report writing in response to Court Instructions.
- Cognitive assessment of CYP and adults, data interpretation and legal-standard report writing in response to Court instructions



# 2021 – Present Clinical Psychologist in General Paediatrics - Nottingham Children's Hospital, Queen's Medical Centre, Nottingham University Hospitals

- Autonomous, independent clinician working in accordance with local & national best practice guidelines
- Assessment, formulation and short-term intervention with children and young people with psychological, emotional and functioning difficulties associated with long-term, chronic medical conditions
- · Family assessment / intervention
- Consultation to medical professionals (e.g., Consultant Paediatricians), local services and external statutory, voluntary and Independent services
- Under QiCN-registered supervisors, experience of paediatric neuropsychological assessment, data interpretation and report writing
- · Teaching and audit, service development

# 2020 – 21 Locum Clinical Psychologist - Danesbury Neurological Centre, Hertfordshire Partnership NHS Foundation Trust

- · Autonomous, independent clinician working in accordance with local & national best practice guidelines
- Assessment / formulation / treatment of adults with Post-Acute Covid-19 Syndrome (Long Covid)associated changes in cognitive function / mental health status / risk.
- Online administration of designated neuropsychological (pre-morbid / memory / executive function)
  batteries Interpretation of results and report-writing
- Knowledge and practice of neuropsychological models of rehabilitation
- · Case-holder and exercised full clinical responsibility for this
- Consultation at individual / MDT / systemic / primary / secondary care levels around Covid-19-associated cognitive function and mental health presentations
- Short-term interventions for anxiety / depression / trauma using evidence-based models (e.g., CBT / TF-CBT /
- EMDR / Narrative / ACT)
- Consultation and service development

# 2008 -20 Clinical Psychologist - Milton Keynes Specialist CAMHS (Central and North West London NHS Foundation Trust)

- Assessment / formulation / intervention / evaluation for CYP with moderate to severe & complex mental health problems / systemic formulation
- Part of a large (40+) multi-cultural multi-disciplinary team (MDT).
- Caseload-holder and exercised full clinical responsibility for this.
- Training Lead and supervision of clinical psychology training placements from Oxford DClinPsy Service Lead for trauma
- Consultation, training and supervision to other professional groups (including GPs) in CYP mental health and safeguarding.
- Care coordinator for many clients.
- Risk assessment / management and safeguarding.
- Frequently deliver trauma-focused cognitive behaviour therapy (TF-CBT), CBT, EMDR and other therapeutic models



- Expertise in assessment and management of neuro-developmental disorders
- Part of daytime on-call team for emergency mental health assessments in local A&E and hospital wards.
- · Service evaluation and audit.
- Frequent Chair of Professionals' meetings for complex clients Experience of service inception and development.
- Advised local working groups on trauma
- Consultation and liaison to other team members and outside (statutory and non-statutory) agencies (schools, Children's Social Care, Child Protection)
- Intensively trained in Dialectical Behaviour Therapy. Part of CAMHS DBT Team Regular psychology team and service meetings, including fortnightly MDT meetings.

### 2016 – 17 Consultant Clinical Psychologist - Keys Group

- Autonomous, independent clinician working in accordance with local & national best practice guidelines
- Consultation, education and formulation to staff teams in private, residential settings for out-of-area Looked After Children throughout East Anglia.
- Delivered direct and indirect psychological assessments / interventions to LAC

## 2005 – 08 Trainee Clinical Psychologist – University of Hertfordshire

• Doctoral Training in Clinical Psychology (DClinPsy). This included six-month core placements with Adult Mental Health; Older People; Learning Disability; Child and Adolescent Mental Health Services. Specialist final year placements in adult brain injury & paediatric psychology.

### 2004 – 05 Assistant Clinical Psychologist (Adult Mental Health), Peterborough NHS Trust.

Conducted assessments and psychological interventions of adults with mental health problems

### 2003 – 04 Junior Research Associate - Newcastle Centre for Family Studies.

- Researching the likelihood of children who have a parent in prison, themselves becoming offenders
- Mediators of risk and resilience in the children following family disruption via parental imprisonment were explored through in-depth, qualitative interviews of both parents and children aged 8- 16 years in participants' homes following release from prison

#### 2002 – 03 Clinical Audit Facilitator (Mental Health) - West Kent NHS & Social Care Trust

 Designed and implemented audit projects within Mental Health Services of the Trust in accordance with Clinical Gov guidelines and National Service Frameworks

# 2000 – 01 Assistant Psychologist (Adult Forensic Mental Health) - NHS Regional Secure (Forensic) Unit, Kent

- Completed initial psychology assessments of new admissions with forensic history to the unit
- Administration of cognitive and neuropsychological batteries / assessments
- Interpretation of test data and neuropsychological report-writing
- Co-facilitated a number of therapeutic treatment groups for in-patients
- Completed a research project evaluating the management of violent incidents on the unit
- Carried out individual therapeutic interventions with (often high-risk) patients

#### 2000 Canterbury: Research Assistant - University of Kent



• Interviewed a sample population of 360 prisoners with sentences of varying lengths from nine prisons in England and Wales to assess the existence of gang networks operating in the UK prison estate

#### SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2018	EMDR (Parts 1, 2 & 3) Richman EMDR Training: 7 Days
2016	Dialectical Behaviour Therapy Intensive Training: British Isles DBT Training, 10 Days
2016	Trauma and Abuse: Jack Tizard Memorial Conference and Lecture. The Association for Child and Adolescent Mental Health 1 Day
2014	Child Mental Health Expert Witness Course: Royal Society of Medicine, London
2013	The Conceptualisation, Assessment and Treatment of PTSD in Children and Adolescents; Oxford.
2013	Depression and Suicide Prevention Studies. The Association for Child and Adolescent Mental Health 1 Day
2012	Complex Formulation and Team Formulation; Oxford Institute of Clinical Psychology Training (Professional Development Programme)
2012	The Rise and Fall of Cognition Across The Lifespan: Post-qualification Training Day, BPS Division of Neuropsychology.
2011	Systemic Therapy and Attachment Narratives: Oxford Institute of Clinical Psychology Training, November
2010	Working with Families with Physical Illness: A Systemic Approach Tavistock Clinic, London 5 Days
2009	Cognitive Behaviour Therapy with Children and Families. 2 Days

### **PUBLICATIONS**

2010 Incapacitation and imprisonment: prisoners' involvement in community-based crime. Jane Wood, Graham Ross Williams and Mark James - Psychology, Crime & Law 2010, 115, iFirst article