

Dr Naresh Buttan MBBS, DPM, DPH, DNB, CESR Consultant Psychiatrist

GMC: 6131208

Professional Summary

Dr Naresh Buttan is a Consultant Psychiatrist in General Adult Psychiatry. He has worked as a Substantive Full-Time Consultant in NHS since 2008. He has recently moved to join South London and Maudsley (SLaM) having previously worked for 11 years at Livewell Southwest. He's Sec 12 (2) approved under the Mental Health Act. He had held roles of Training Programme Director for Higher Training Programme in General Adult & Old Age Psychiatry at South West Peninsula Post Graduate Medical Education (HEE SW PGME). He was also attached with University of Plymouth as Hon' Fellow, Academic Tutor and Undergraduate Psychiatry Lead for Peninsula Medical & Dental Schools.

Prior to coming to the UK, he worked as Consultant Psychiatrist, Deputy Medical Superintendent & Clinical Director in Australia, Consultant Psychiatrist & Deputy Medical Superintendent in India after qualifying from premier institutes in India. He's currently attached with Royal College of Psychiatrists as an External Adviser & College Assessor. He is a member of BMA and trained and worked as LNC Chair previously at Livewell Southwest. He's actively involved in training, teaching & workforce development in his various roles.

Beside his vast experience of more than 15 years in his field his special interests include Neurobiology, Transcultural Psychiatry, Migration & Mental Health, PTSD, Epigenetics in Schizophrenia & Bipolar mood disorders and Mental Health Laws. He's experienced in providing specialist assessments for courts, tribunals, medico-legal cases including those for asylum seekers & refugees, health/work insurers & employers. He's presented papers in conferences, written articles in public media & given interviews to media for raising awareness of mental health.

Professional Education and Qualifications

1993: M.B.B.S., Goa University, India;

1996: Postgraduate Diploma in Public Health (D.P.H.), Goa University, India

1998: Postgraduate Diploma in Psychiatry(D.P.M.), NIMHANS, Bangalore, India

2000: Diplomat of National Board of Examinations- Psychiatry (D.N.B.- Psy), New Delhi, India

2008: Sec 12 (2) Approved Clinician (valid till Sept'23), NHS South of England.

Professional Employment

2019 - present: Consultant Psychiatrist, South London and Maudsley (SLaM) NHS Foundation Trust

2015 - 2019: Consultant Psychiatrist, East CMHT, Livewell Southwest, Plymouth

2008 - 2015: Consultant Psychiatrist, Home Treatment Team, NHS Plymouth

2001 - 2004: Consultant Psychiatrist and Deputy Medical Superintendent, VIMHANS, New Delhi; India

Educational Roles/ Experience:

A. Post Graduate Teaching Experience:

1. Educational/ Clinical Supervisor (Aug'08 onwards): for various grades of trainees and supervised their progress and PDPs, conducted Work Place Based Assessments (WPBAs), provided Educational/ Clinical Supervisor's reports for their portfolios and also provided career counselling, coaching and guidance.
2. MRCPsych Teaching (2011- 2019): I provided tutorials, lectures and conducted workshops on various topics for core trainees. I adopted more diverse techniques such as role plays, problem solving, and team exercises etc.

B. Undergraduate Teaching experience:

1. Firm Head & Educational Supervisor (September 2019 onwards): For 3rd year medical students from Kings College London, I review their progress and deliver regular psychiatric teaching as per their curriculum.
2. Academic Tutor (2010- 2019): For 3-4 medical students of 3rd/4th year allocated to me annually, I reviewed their progress and conducted Level 1 remediations.
3. Formal teaching: I provided lectures, tutorials and plenaries to medical and dental students and also supervised my higher trainees giving lectures as well.
4. Others: I provided Student Selective Units (SSUs) in Mental Health Laws to 3rd & 4th year students, was an Examiner for 2nd and 4th year students and sat in interview panels for selection of new medical students.

Leadership & Management Roles/ Experience:

1. Member, Local Negotiating Committee (LNC), SLaM (April'19 onwards): I represent my consultant colleagues in LNC meetings to protect the contractual terms & conditions, raise any concerns and negotiate any matters as needed.
2. Medical Appraiser, SLaM (October'20): I have been appointed as medical appraiser and will be conducting at least 5 appraisals of my consultant colleagues.
3. Training Programme Director (TPD), Peninsula PGME (Jan'13- March'19): I led the review of ARCP processes, established DME roles and selected College Tutors and attended quarterly Psychiatry School's Board Meetings and Training Educational Committee (TEC) meetings to approve new/ review old trainers and posts and address any concerns. Worked closely with MRCPsych Course Lead to review teaching and developed Introductory Modules for new Core trainees.
4. Psychiatry Lead, PCMD/ PUPSMD (June'12- July'18); I held this role to oversee the undergraduate psychiatric teaching in Plymouth medical and dental schools. I reviewed the annual budget allocations under SLAs and held meetings with Associate Dean and School Managers to address any issues.
5. Chair, Local Negotiating Committee (LNC), Livewell (Oct'14- July'18); as a BMA and LNC member, I was the Chair of LNC and reviewed and ratified policies, addressed workforce and contractual issues, held management accountable. I wrote the first ever Job Planning Policy for Consultants & SASG doctors.

6. Medical Appraiser, Livewell Southwest (Jan'14- March'17); As a trained medical appraiser, I conducted appraisal for my consultant and SASG doctor colleagues and helped in their revalidation, attended quarterly appraisers' meetings and contributed in developing Medical Appraisal Policy and Training.
7. External Adviser, RCPsych (June'11 onwards); I visit various deaneries to help with their ARCPs, LEP visits and sit on Appeal panels.
8. College Assessor, RCPsych (Nov'12 onwards): I sit on AAC panels for appointing consultants for various trusts.

Professional Memberships:

1. Royal College of Psychiatrists (RCPsych), UK; since March'09.
2. British Medical Association (BMA), UK; Since 2008.
3. Fellow member, Royal Society of Medicine (RSM), UK.
4. Member, British Association of Psychopharmacology (BAP), UK.
5. World Association of Cross Cultural Psychiatry (WACP); since 2011.

Medicolegal Expert Witness Experience:

Since becoming a consultant psychiatrist in India in 2001, he has developed his skills in this area by working as an Expert Witness conducting assessments and providing medico-legal psychiatric reports for various agencies such as: Hospital Managers/ First Tier Tribunal Hearing Panels for detained patients under the MH Act 1983, Coroner's Court Hearings, Magistrate & Crown Court Reports, Reports for statutory agencies such as- City Council- for Guardianship, Financial receivership orders, Child Protection & Safeguarding Vulnerable Adults ; DWP for financial support applications; DVLA- medical reports; Home Office supervised reports written by my higher trainee for Asylum/ Immigration control cases and provided psychiatric reports on the work capabilities of employees.

He has assessed and provided reports for Asylum Seeker and Refugee clients for their tribunal hearings including appeals. He has provided medico-legal expert psychiatric reports for few legal firms for their clients with immigration matters, for civil and injury compensation claims. As an Independent Expert Witness, he has conducted and provided medico-legal reports for more than eighty reports and have mostly acted on the behalf of Claimant. He updates his knowledge & skills by attending various courses including my special interest area of Transcultural Psychiatry.

To enhance my skills and competencies in this area, I've obtained relevant training and been a member of local peer group and of:

1. Expert Witness Institute (EWI)
2. National Expert Witness Agency (NEWA)
3. Faculty of Expert Witness (FEW).

