

Dr Michael Woodcock
B.Sc. (Hons), MSc, D.Clin.Psych
Clinical Psychologist



Health Professions Council Registration: **PYL32520**

Dr Woodcock is a Chartered Clinical Psychologist registered with the Health Care Professionals Council, and has experience of working across both inpatient and community NHS services. He specialises in the assessment and treatment of adults with complex mental health difficulties and personality disorder. He routinely assesses forensic risk in his work with mentally disordered offenders in an NHS medium secure unit. Dr Woodcock also has specialist interest and experience in working with those who have experienced trauma in their life and developed psychological difficulties as a result of this

Areas of Specialism

- Personality Disorder
- Risk Assessment
- Sexual Offending
- Substance Misuse
- Adult Mental Health
- Forensic
- Psychosis
- Trauma and PTSD

PROFESSIONAL QUALIFICATIONS

- 2015** Doctorate in Clinical Psychology – Royal Holloway, University of London
- 2011** PGDip Low Intensity Cognitive Behavioural Therapy – University College London
- 2010** MSc Mental Health Studies – Kings College, University of London
- 2008** BSc (Hons) Psychology – University of Newcastle Upon Tyne

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2022** IPDE Training - Pearsons
- 2022** Eye Movement Desensitisation and Reprocessing – Sandi Richman
- 2019** Schema-Focused Cognitive Therapy – APT
- 2017** Excellence in Report Writing – Bond Solon
- 2017** Mentalization Based Therapy – Anna Freud Centre
- 2016** Psychopathy Check List – Revised (PCL-R) – Pearsons
- 2015** HCR-20 v3 training – East London NHS Foundation Trust
- 2015** STABLE and ACUTE – 2007 – Prof Don Grubin

WORK HISTORY

- 2021 – Present** Principal Clinical Psychologist; Shaftesbury Clinic Medium Secure Unit, South West London and St George’s NHS Trust
- 2021 – Present** Senior Clinical Psychologist; Traumatic Stress Service, Springfield Hospital, South West London and St George’s NHS Trust
- 2020 – 21** Locum Senior Clinical Psychologist; London Veterans Mental Health Service, Camden and Islington NHS Trust
- 2018 – 20** Senior Clinical Psychologist and Substance Misuse Specialist; North London Forensic Service, Barnet, Enfield and Haringey NHS Trust
- 2017 – 18** Senior Clinical Psychologist; London Pathway Partnership (Personality Disordered Offenders), South London and Maudsley NHS Trust
- 2015 – 17** Clinical Psychologist; John Howard Centre Medium Secure Unit, East London Foundation NHS Trust
- 2012 – 2015** Trainee Clinical Psychologist, Royal Holloway University of London, Camden and Islington NHS Trust
- Broadmoor Hospital High Secure Hospital (1 year)
 - Islington Memory Clinic and Older Adults CMHT (6 months)
 - Barnet Service for Children and Adolescents with Neurodevelopmental Difficulties (6 months)
 - Tower Hamlets Psychological Therapies Service (1 year)

PUBLICATIONS

- 2019** Woodcock, M. (2019) Schema Therapy – A model of trauma-informed care in secure settings. Quality Network for Forensic Mental Health Services, 42, 19-20.