

Edita Radzeviciute
MSc
Counselling Psychologist



Health Professions Council Registration: **PYL30605**

Edita Radzeviciute is a HCPC registered counselling psychologist, BABCP accredited CBT therapist with wealth of experience of clinical assessments and psychological treatment. She has experience of working with clients with broad range of mental health difficulties and wide social and cultural backgrounds as well as experience of working within NHS, private practice (adults, children and young people), voluntary sector. She also has experience of provision of clinical supervision.

Edita Radzeviciute is strongly committed to the duty of care to the client, professional ethic, meaningful supervision, professional and personal development. Utilises skills and abilities to integrate different theoretical models (CBT, ACT, CAT, systemic, psychodynamic, humanistic, gestalt, TA) to identify client's needs, provide safe, non-judgemental, confidential space and enable client to find their own potential

Areas of Specialism

- Psychological assessment
- CBT Therapy

PROFESSIONAL QUALIFICATIONS

- 2019** Diploma in CYP, IAPT, CBT – University College London and Kings College London
- 2009** Diploma in Therapeutic and Educational Application of the Arts – Institute for Arts in Therapy and Education - London
- 2005** MA in Psychology – Vytautas Magnus University

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2022** CBT Supervisory Skills – GMMH Psychological Therapies Centre and Manchester University
- 2021** ACT Practitioners Toolkit and How to Use it – SDS Seminars Ltd (Approved by BPS)
- 2019** Introduction to Cognitive Analytic Therapy – Collaborate and ACAT, Cambridge
- 2007** Certificate in Adlerian Counselling – Bucks Adlerian Training, Aylesbury
- 1996** BED in Primary Education Pedagogy – Vilnius University Siauliai Academy

WORK HISTORY

2021 – Present Psychologist and Psychotherapist, MTAS Psychology and Anonymind

CBT and psychological therapy provision to clients with gambling addiction and trauma (referrals from insurance companies via MTAS Psychology).

2020 – Present Psychological Therapist and CBT Lead, Bury CAMHS, Greater Manchester

CBT provision to children, young people and families. Clinical specialist CBT supervision to clinicians and consultations to the team. Managing CBT pathway in the service. Managing duty - crisis risk assessments and advise to the professionals and families. Triage of referrals - Single Point of Access.

2019 – 20 Applied Psychologist, Peterborough CAMHS Cambridgeshire and Peterborough NHS Foundation Trust

Mental health assessments (complex social, mental health and risk presentations).
Risk assessments in crisis presentation (complex social and acute mental health).
On call rota weekdays and weekends.
Care-coordinating (managing high risk, coordinating agencies involvement, working with inpatient units, etc.).
Therapeutic interventions with children, young people and families (CBT, individual and family work, multiagency work).
Addressing very complex safeguarding concerns including concerns regarding professionals/agencies and FII.
Liaison with other agencies (GPs, schools, children social care, early help, TAC, CIN, CP, inpatient units and CPAs, etc.).
Staff training within CAMHS.
Support to the staff of other agencies in various complex cases (complex bereavement, complex trauma, transition and reintegration after inpatient admission, etc.).
Providing clinical supervision to CAMHS practitioners.
Record keeping (Rio and System1)

2015 – 19 Camhs Practitioner, Peterborough CAMHS Cambridgeshire and Peterborough NHS Foundation Trust

Mental health and risk assessments
Care-coordinating
Therapeutic interventions with children, young people and families
Duty rota
Managing risk
Safeguarding
Liaison with other agencies (GPs, schools, children social care, early help, TAC, CIN, CP, inpatient units and CPAs, etc.)
Record keeping (Rio and System1)

2010 – 15 Child Therapist and Child Therapy Service Coordinator Crossroads Counselling, London

Assessments
Individual and group therapeutic work with children
Support to parents and school staff
Raising awareness about children's emotional wellbeing and support
Work in partnership with school's Inclusion team, Social Services, Family Support Centre, CAMHS
Monitoring and evaluation of work
Referrals' management
End of term and year reports
Maintaining records

Developing, maintaining and delivering effective service to the schools in line with organisation's policies and procedures
Selling and setting the service in the schools
Liaising with schools headteachers and inclusion staff
Developing and maintaining working relationships with schools
Facilitating annual service reviews with schools
Line managing a team of therapists, performance management
Maintaining safeguarding matters in line with CP procedures
Reporting to the CEO and Board of Directors
Monitoring the effectiveness and outcomes of the service
Managing service budget
Recruiting therapists

2008 - 18 Counselling Psychologist, Private Practice, London/Peterborough

Assessments
Individual therapy for children, young people and adults
Support to parents and families
Working together with other agencies according to clients' needs