



Ms Gemma Pearson
BSc, MSc, CPsychol.
Chartered Forensic Psychologist



Health Professions Council Registration: **PYL26437**
British Psychological Society Membership: **225982**

Gemma Pearson is a Chartered Forensic Psychologist with other fifteen years' experience of working with individuals in applied settings. In her career to date, she has worked with male and female clients, people with intellectual difficulties and autism, young offenders, male life sentenced prisoners and adolescents. She has worked in settings including prisons, inpatient mental health units, secure children homes and in the community. She has specialist interest in working with individuals who have complex needs, including Personality Disorder and trauma. Gemma is an experienced therapist with specialism in DBT, Schema Therapy and EMDR. She has completed therapy to individuals with a range of presenting issues including autism, Personality Disorder, anxiety, depression and anger management issues.

She has experience of writing high quality reports in a number of settings. She has experience completing psychological and cognitive assessments of parents for the Family Courts. Previously, she has written Parole reports and attended boards within a Prison setting using structured tools for violence, sexual offending and fire setting. In the last eight years she has regularly completed reports assessing mental health, cognitive need and forensic risk of adults and adolescents within mental health settings. She is trained in the assessment of Personality Disorder and Psychopathy using validated tools including the IPDE and PCL-R. She can assess mental health issues using the Structured Clinical Interview for DSM V Disorders – Clinical Version (SCID-CV).

AREAS OF SPECIALISM

- Children and Family matters
- Mental Health
- Forensic Risk
- Cognitive Assessment
- Substance Misuse
- Personality Disorder and Psychopathy
- Self-harm / Suicidal Ideation
- Capacity / Motivation to change
- Trauma, PTSD, Complex Trauma and Abuse

PROFESSIONAL QUALIFICATIONS

- 2011** Chartership qualification in Forensic Psychology – British Psychological Society
- 2006** MSc Applied Forensic Psychology – University of Leicester
- 2001** BSc Psychology – University of Leicester

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

WORK HISTORY

2018 – Present Independent Practice

- Offering expert witness services in family court cases, cognitive and capacity assessments and forensic assessments
- I also run a therapy service for adults offering a range of therapeutic interventions including CBT, Schema therapy and EMDR

2018 – 20 Highly Specialist Forensic Psychologist – Oxford Health NHS Trust

- My role involved the assessment and treatment of individuals with Mental Health needs in both inpatient and community teams.
- I worked with individuals with mental health issues who had been perpetrators and victims of sexual and domestic violence.
- I prepared assessment reports for CPA meetings and Mental Health Tribunals. I completed cognitive, mental health and forensic risk assessments regularly.
- I also offered consultation into Probation offices as part of the Offender Personality Disorder service.

2018 – 18 Lead Forensic Psychologist – Lincolnshire Secure Unit

- My role was to offer Psychological oversight of interventions, assessment and reports to a secure children's home, and implement SECURE STAIRS which is a psychologically informed initiative

2014 – 18 Principal Forensic Psychologist – St Andrews Healthcare

- Lead for Personality Disorder and implementing the Behavioural Family Therapy project in the Men's service. Oversight of the implementation of the DBT intervention.
- I completed mental health assessments and risk (sexual and violent) reports for individuals across the service. Other responsibilities included intervention work with individuals on a Transitional Service who have Emerging Personality Disorder and other mental health issues. Facilitating individual and group based offending and mental health treatment

2012 – 14 Clinical Lead, Psychologically Informed Planned Environment – HMP Gartree

- Senior Psychologist secondment involving clinical oversight and management of the PIPE– a pilot project that is part of the Personality Disorder pathway in NOMs. Included the management, supervision and training of Prison Officers and psychology staff to be able to run 1:1 and groupwork sessions with the men on a 60 bed wing.

2011 – 12 Chartered Forensic Psychologist – HMP Gartree

- This role involved completion of risk assessments and intervention work with life sentenced prisoners, as well as attending parole boards as an expert witness. I was Treatment Manager for the Domestic Violence Programme. I completed risk assessments using the VRS, HCR-20, PCL-R, IPDE and ability assessments using the WAIS IV and WASI on a variety of violent life sentenced prisoners

2006 – 11 Forensic Psychologist in Training – HMP Gartree

- This role included report writing, facilitation and supervision on a Domestic Violent programme as well as completion of risk assessments for life sentenced prisoners. Presentation of these at Parole Boards. Individual interventions around substance misuse and violence.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2022	Structured Clinical Interview for DSM V Disorders (SCID CV)
2022	Bond Salon CUBS certificate
2020	EMDR practitioner training
2018	Ongoing training for accreditation in Schema Therapy
2018	Mentalisation Based Therapy Training
2017	Behavioural Family Therapy training
2016	Dialectical Behaviour Therapy training
2015	BPS accredited Supervision Training
2014	Attachment and Psychopathology training
2013	Violence Risk Scale Training
2011	IPDE administration training
2011	WAIS IV training
2008	Expert witness Training (FPP Associates)
2008	WASI/ WAIS training
2007	PCL-R training