



Dr Alessandra Cappai Consultant Forensic Psychiatrist

GMC: 7198479

I am a fully registered medical practitioner, with over ten years of experience working in psychiatry. I am approved by the Secretary of State for the purposes of section 12(2) of the Mental Health Act 1983 (as amended). I am a member of the Royal College of Psychiatrists. I am a Consultant in Forensic & General Adult Psychiatry for the Central North-West London NHS Foundation Trust, Offender Care Service Line. I have experience in the provision of medico-legal reports to Crown and Magistrates Courts including in relation to criminal proceedings concerning diminished responsibility, insanity, fitness to plead and disposal orders. Where required I have given oral evidence.

AREAS OF EXPERTISE

- Mental Health Psychiatry
- Forensic Psychiatry
- Research
- Medico Legal Reports
- Diminished Responsibility
- Insanity

PROFESSIONAL EMPLOYMENT

- 2018 - Present: Consultant Forensic psychiatrist at HMP Bronzefield and HMP Coldingley, Central and North West London NHS Foundation Trust
- 2017 - 2018: Consultant Forensic psychiatrist within the Croydon Community Forensic Team, South London and Maudsley NHS Foundation Trust
- 2017 - 2017: Consultant Forensic psychiatrist at HMP Wandsworth and Responsible Clinician for Ward in the Community, South London and Maudsley NHS Foundation Trust
- 2016 - 2017: Acting up as a Consultant HMP Wandsworth, South London and Maudsley NHS Foundation Trust
- 2014 - 2016: Higher trainee forensic psychiatrist
- 2013 - 2014: Specialty Doctor in Forensic Psychiatry, South West London & St George's NHS Mental Health Trust, London
- 2012: Specialty Doctor General Adult Psychiatry, Newham NW CMHT East London NHS Foundation Trust, London
- 2012: Completion of Specialty training in General Psychiatry and Psychotherapy, University of Turin, Italy
- 2011: Clinical Observer, Maudsley Hospital and Bethlem Royal Hospital, London
- Mar 2008-Mar 2011: Specialty training in General Psychiatry and Psychotherapy University of Cagliari, Italy
- Sep 2008-Jan 2011: Doctor on call duty for emergency medical service A.S.L Cagliari, Italy

PROFESSIONAL EDUCATION AND QUALIFICATIONS

I hold a Certificate of Completion of Training in General Adult Psychiatry and a Certificate of Completion of Training in Forensic Psychiatry and I am in the UK Specialist Register. I am a Section 12 and RC approved

RESEARCH

I have been part of several research projects including one clinical trial, several case-control studies, and a systematic review which have been published.

PUBLICATIONS

I have seven publications on peer review journals. I have several publications in the supplements of peer review journals.

PRESENTATIONS

I have presented at several Oral Abstract Presentations and a Poster Oral Discussions, both to national and international conferences. I have several experiences of poster presentation at international conferences as well as oral presentations and posters at national and regional level. In 2016, I have been granted a bursary from the Royal College of Psychiatrists to present the results of two of our studies. Both 2010 and 2016 I received a Travel Grant and Bursary to present the results of my study to an international conference.

CLINICAL AUDIT AND QUALITY IMPROVEMENT

Audit and Quality Improvement are fully embedded in my clinical practice. I have been involved in several audit projects, and QI projects including those listed below.

TEACHING

I have always been actively engaged in teaching of different groups and I have undertaken formal training in teaching.

CONTINUING PROFESSIONAL DEVELOPMENT

I am up to date with my CPD and I have regularly attended national and international conferences and courses, including e-learning. I am up to date with the mandatory training for my work environment including CPR.