



## **Dr Ishaan Gosai Consultant Psychiatrist**

*GMC: 4667915*

Dr Ishaan Gosai (MBBCh, MRCPsych, BSc(HONS) Addictions) qualified as a doctor in 1997, and has worked as a psychiatrist since 2000. He obtained his Bachelor of Science in Addictions from Leeds University in 2011, as an area of special interest.

He has worked internationally, and in the UK, as a Consultant psychiatrist from 2009 onwards. His special interests span ADHD, Depression, Anxiety Disorders, Bipolar Disorder, Addictions, Occupational Health Psychiatry, Post Traumatic Stress Disorder and Personality Disorders.

A keen advocate of mental health, he has worked with the BBC on a radio program promoting mental health education on common conditions such as Anxiety Disorders, Addictions and Perinatal Mental Health, with the aim of destigmatising mental illness and promoting emotional resilience.

As part of his goal to make psychiatry understandable and accessible, he headed the publication of 'The Practical Handbook of Psychiatry – by Psychiatrists for Non-Psychiatrists', designed to take the fear and complexity out of mental illness.

He is an experienced provider of tele-psychiatry. His patients consistently provide positive feedback on his knowledge, approachability, clarity and commitment to their wellness.

### **AREAS OF EXPERTISE**

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- Mental Health
- Accident and Emergency
- Addictions
- Forensic Psychiatry
- Old Age Psychiatry
- Report Writing
- Internal Medicine
- Child And Family Psychiatry
- Psychiatric Intensive Care

### **PROFESSIONAL EMPLOYMENT**

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2020 – present: Consultant Psychiatrist , Asylum Seekers and Refugees Service, Inpatient Rehab

2019: Consultant Psychiatrist, Assertive Outreach Service, Consultation Liaison Service (Derriford Hospital)

2016 – 2017: Consultant Psychiatrist, Consultation Liaison Service (Derriford Hospital)

2014 - 2015: Consultant Psychiatrist Khoo Teck Puat Hospital, Singapore

2009 - 2014: Consultant Psychiatrist. Acute inpatient/ Psychiatric Intensive Care/ CRHT/ Dual Diagnosis

2009 - 2010: Specialist Registrar in General Adult Psychiatry CMHT

2007 - 2008: Specialist Registrar in Addiction Psychiatry

2006 - 2007: Specialist Registrar in Rehab psychiatry/ Inpatient Psychiatry/ low secure psychiatry

2006: Locum SPR in Forensic Psychiatry

2006: SHO in General Adult Psychiatry

2005 - 2006: SHO in Forensic Psychiatry, The Norvic Clinic, Norwich

2004 - 2005: SHO in Addictions Psychiatry (inpatient and community), Northgate Hospital, Great Yarmouth

2003 - 2004: Child and Family Psychiatry, The Bethel Child and Family Centre, Norwich

2003: SHO General Adult Psychiatry and CMHT, Northgate Hospital, Great Yarmouth

2002 - 2003: SHO in Old Age Psychiatry, Northgate Hospital, Great Yarmouth

2002: SHO in General Adult Psychiatry and CRHT, Northgate Hospital, Great Yarmouth

2000: Various locums

1999: SHO in Internal Medicine, Accident and Emergency, and Obstetrics and Gynaecology, Addington Hospital Durban South Africa

1998: HO in Orthopaedics, Medicine, Surgery, Anaesthetics, Addington Hospital Durban South Africa.

## PROFESSIONAL EDUCATION AND QUALIFICATIONS

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1997: Medical Degree (MBBCh)  
2005: MRCPsych (UK)  
2011: BSc(Hons) Addictions Leeds UK  
Full Registration General Medical Council Reg No.: 4667915  
CCT's in General Adult Psychiatry, Addiction Psychiatry, Rehabilitation Psychiatry  
1983: Approved as a Section 12 doctor under the amended Mental Health Act of England.