



Dr Tosin Adekunle Specialist Psychiatrist

GMC: 7122754

Dr Adekunle regularly prepares Tribunal Reports and attends Mental Health Act Tribunals on behalf of his clients, and in collaboration with the Ministry of Justice.

He regularly operates as a Section 12 Independent Psychiatrist within the context of assessing clients under the Mental Health Act.

On behalf of his Trust, he is currently setting up a Court Diversion Scheme Service which would aim to establish a strong liaison network amongst respective parties including my Trust, Metropolitan Police Service, Social Service, Ministry of Justice, and Her Majesty's Prison Service.

AREAS OF EXPERTISE

- Psychosis
- Mental Health
- Counselling Psychiatrist
- Adults
- Behavioural Disorders
- Clinical Assessment
- Chronic Fatigue Syndrome
- Severe And Complex Mental Illnesses
- Acute Home Treatment

PROFESSIONAL EMPLOYMENT

Feb 2018 – Mar 2018 East London Foundation Trust Associate Specialist Psychiatrist (Acute Assessment and Brief Intervention Team)

I regularly provide specialist medical and psychiatric assessment and treatment to community clients within the London Borough of Newham, under the care of the Assessment and Brief Treatment Team, and also provide leadership and clinical guidance, as well as consultation to a range of health and social care staff as appropriate, to promote effective delivery of person centered mental health care.

I support the client pathway to ensure that clinical decision making and the discharge pathway is effective and timely discharge is achieved, and I undertake the clinical leadership role in scrutinizing the regular allocation and risk assessment of new referrals. I offer accurate diagnosis and timely interventions so that intensive treatment can be delivered to prevent chronicity and dependency on psychiatric services, as well as also providing clinical advice and guidance to primary care physicians to manage clients in the least restrictive environment.

I actively participate in the periodic mental health team meetings and attend the periodic locality multi-disciplinary meeting, as well as, working closely with the Crisis

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

Resolution/Home Treatment Teams, and liaise with inpatients services/primary care liaison service.

I regularly update my knowledge and skills in line with advances in the field of Psychiatry to enable myself to meet the Trust's evolving service objectives as well as national and international objectives, working alongside the operational team lead/manager to facilitate the trust target and policies which are currently in operation

Aug 2017 – Feb 2018 Foundation Trust CT3 - Core Psychiatry Trainee (Home Treatment Team/ Acute Crisis Assessment Team)

I regularly provided acute home treatment - clinical assessment and management for adults with severe and complex mental and behavioral disorders whose mental health crises was so severe that they would otherwise have been admitted to hospital.

I worked as a member and leader of the multi-disciplinary team with the responsibility of appropriately delegating and devolving responsibility under clinical supervision.

I undertook the emergency assessment, care and management of clients with severe mental illnesses both within the community and in- patient settings whilst honouring on-call commitments.

I regularly evaluated my learning and progress within a supervised environment, using self-assessment forms and a learning portfolio. I participated in work based placement assessments using multi-source feedback tools.

I engaged in the teaching and training of medical and nursing students as well as in research and audit work, thereby, giving me the opportunity to contribute to service development and innovation.

Feb 2017 – Aug 2017 North East London Foundation Trust CT3 - Core Psychiatry Trainee (Early Intervention in Psychosis/Community Recovery Care)

I regularly undertook the clinical assessment and management of clients aged 14 to 35 who experienced their first episode(s) of psychosis and offered intensive and assertive support in partnership with our child and adolescent mental health service.

I regularly participated in family work as well as informal counselling, provided education about psychoses and general health, and offered support in accessing or returning to education, employment, and social activities. This also involved providing support accessing benefits and housing as well as support for family and carers.

I regularly evaluated my learning and progress within a supervised environment, using self-assessment forms and a learning portfolio. I participated in work based placement assessments using multi-source feedback tools.

I engaged in the teaching and training of medical and nursing students as well as in research and audit work, thereby, giving me the opportunity to contribute to service development and innovation.

Aug 2016 – Feb 2017 North East London Foundation Trust CT3 - Core Psychiatry Trainee (General Adult Psychiatry – Community Recovery Care)

I regularly undertook the clinical assessment and management of clients with serious and/or enduring mental health problems. This included identifying the needs with each client/carer, community interventions and a range of community-based services formulated in a care plan and delivered through the Care Programme Approach process.

I regularly conducted physical health screenings with a focus on maintaining physical health, provided brief psychological therapy and managed an assertive outreach function under the supervision of my clinical supervisor.

I regularly evaluated my learning and progress within a supervised environment, using self-assessment forms and a learning portfolio. I participated in work based placement assessments using multi-source feedback tools.

I engaged in the teaching and training of medical and nursing students as well as in research and audit work, thereby, giving me the opportunity to contribute to service development and innovation.

Feb 2016 – Aug 2016 North East London Foundation Trust CT2 - Core Psychiatry Trainee (Child and Adolescent Mental Health Psychiatry)

I regularly undertook the clinical assessment and management of children and adolescents with mental illnesses.

I undertook the routine and emergency assessment, care and management of children and adolescents with severe mental illnesses both within the community and in-patient setting.

I regularly liaised and engaged with other internal and external stakeholders including the local authorities, social services, and schools; regularly attending professional meetings.

I regularly evaluated my learning and progress within a supervised environment, using self-assessment forms and a learning portfolio. I participated in work based placement assessments using multi-source feedback tools.

I engaged in the teaching and training of medical and nursing students as well as in research and audit work, thereby, giving me the opportunity to contribute to service development and innovation.

Aug 2015 – Feb 2016 North East London Foundation Trust CT2 - Core Psychiatry Trainee (Psychiatric Intensive Care Unit – General Adult Psychiatry - Forensic in-patient Ward)

I regularly undertook the clinical assessment and management of clients with severe mental illnesses requiring psychiatric intensive care.

I undertook the forensic assessment, care and management of clients with severe mental illnesses within a low secure environment. The client groups comprised of individuals within the community and from the prison population.

I prepared Tribunal Reports, attended and represented clients at Tribunal Hearings in collaboration with the Ministry of Justice.

I regularly evaluated my learning and progress within a supervised environment, using self-assessment forms and a learning portfolio. I participated in work based placement assessments using multi-source feedback tools.

I engaged in the teaching and training of medical and nursing students as well as in research and audit work, thereby, giving me the opportunity to contribute to service development and innovation.

PROFESSIONAL EDUCATION AND QUALIFICATIONS

- Section 12 Approved and Deprivation of Liberty Safeguard (DoLS) Assessor
- (2017) Royal College of Psychiatrists, London, United Kingdom
- MRCPsych/Member of the Royal College of Psychiatrists
- (2010) Cardiff University, Cardiff, United Kingdom
- MPH/Master of Public Health
- (2007) International Health, Health Policy, Statistical Methodology, Epidemiology, Health Protection
- University of Ibadan, Ibadan, Nigeria
- MBBS/ Bachelor of Medicine, Bachelor of Surgery
- (1998) International School of Ibadan, Ibadan, Nigeria
- GCSE/General Certificates of Secondary Education equivalent

RESEARCH EXPERIENCE

Measurement & assessment of pain reduction six months following combined scarf akin's osteotomies +/- 2/3 toe correction for hallux valgus. (2014). Irvine Nake¹, Derek Santos², Gary Boon³, Francis Babi¹, David Cartwright⁴, Anthony Maher⁵, Lee Murphy⁶, Tosin Adekunle¹, Martin Murgatroyd³, Sally Plant¹, Jackie Ludlam¹ and Mavis Clark¹. Journal of Foot and Ankle Research. - A combined Scarf Akin osteotomy with or without 2/3 toe is an effective procedure for the correction of symptomatic Hallux valgus foot deformity at 6 months. It permits early weight bearing of the treated extremity and it requires exact pre-operative planning and strict adherence to the operative technique if pain is to be effectively eliminated and the HRQOL restored with above satisfactory results.

The Possible Retroviral Associations with Chronic Fatigue Syndrome (2010) – This study reviews the literature to evaluate the existing and emerging viral hypotheses related to the Chronic Fatigue Syndrome, with the aim of establishing a possible relationship that would provide the basis for which appropriate care and treatment can be offered in the future. For this purpose, the initiative of developing the first tissue bank, at Cardiff University, for donation in the United Kingdom was proposed, and is in progress.

Determinants of Reproductive Health in Women living in Igbo-Ora, Nigeria (2006) – This study is a cross-sectional study that looks at the factors that influence women's health in a town called Igbo-Ora, which is known to have one of the highest twinning rates in the world. The aim is to give a more insightful approach in understanding the reproductive factors in women within the region.

TEACHING EXPERIENCE

Since beginning clinical training in West Africa, I have had the privilege and huge opportunity of training medical students and allied staff (as well as school children on public health grounds, inclusive of preventable tropical diseases), involving practical teaching sessions on intravenous line setting, urethral catheterization, suturing and other bedside procedures; and I have also been involved with their assessments as well. Furthermore, whilst working in Hull, I trained medical students, who currently are House Officers, themselves.

The content of teaching sessions, since beginning practice in the United Kingdom, has included bed side teachings and case-based discussions on common emergencies, with a focus to preparing finalists to practice effectively as safe doctors, bearing the minimum requirements, as set out by the esteemed General Medical Council, with regards full registration.

I was recently recognized by the Nuffield Department of Clinical Medicine, at the University of Oxford, for teaching finalist students. Since, starting core training in Psychiatry, I have also had the privilege of teaching medical and nursing students and have undergone assessment for teaching as well as relevant training.

MEMBERSHIPS OF PROFESSIONAL BODIES

- Member of the Royal College of Psychiatrists (2017)
- Royal College of Psychiatrists (Student Associate) (2012)
- United Kingdom Public Health Association (2010)
- American Public Health Association (2010)
- Nigerian Medical Association (2008)