

# Dr Pardeep Grewal Consultant Psychiatrist

GMC: 4445229

Dr Grewal has expertise in general psychiatry and addictions. He also has expertise in the specialist areas of ADHD and PTSD. His research interests include novel treatment for alcohol disorders, treatment for emerging psychoactive drugs, and public perceptions of substance misuse and treatment.

Dr Grewal is experienced in preparing medico-legal reports for Local Authorities, private clients, solicitors and legal services commission. He has prepared more than 200 reports in the fields of general psychiatry, substance misuse, family, personal injury, mental capacity and other cases. He has appeared as an expert in County or High Courts on more than 30 occasions.

# AREAS OF EXPERTISE

- Mental Capacity
- Personal Injury
- Family
- PTSD
- ADHD
- Expert Witness Psychiatry
- Substance Misuse
- Addictions
- Psychoactive Drugs

## **PROFESSIONAL EMPLOYMENT**

#### **Current Roles:**

- Clinical Director, Enfield Mental Health, BEH Mental Health NHS Trust, London
- Clinical Lead (Addictions) and Consultant Psychiatrist, BEH Mental Health NHS Trust, London
- Honorary Clinical Lecturer, UCL Medical School
- Examiner, Royal College of Psychiatrists
- Director and Consultant, Harley Street Psychiatry Ltd
- Specialist Advisor, Care Quality Commission
- 2005 2006: Camden & Islington NHS Trust
- 2004 2005: Royal Free Hospitals and UCLH
- 2002 2003: South London and Maudsley
- 1998 2002: Royal Free Hospitals
- 1997 1998: Royal London Hospital.

### PROFESSIONAL EDUCATION AND QUALIFICATIONS

2016: FRCPsych Fellow of the Royal College of Psychiatrists



2014: MAcadMEd Member of the Academy of Medical Educators
2005: CCST Registered Specialist in General Adult and Addiction Psychiatry
2005: MSc Addictions (Merit), Institute of Psychiatry (Kings College London).
2001: MRCPsych Member of the Royal College of Psychiatrists
1997: MBBS St Bartholomew's and The Royal London School of Medicine
1996: BSc Neuroscience (2:1) University College London

## **PROFESSIONAL MEMBERSHIPS**

British Medical Association Royal College of Psychiatrists Medical Protection Society United Kingdom Register of Expert Witnesses Royal Society of Medicine

### SELECTED PUBLICATIONS

- 1. Hazan J, Congdon L, Sathanandan S and Grewal P (2020) An analysis of initial service transformation in response to the COVID-19 pandemic in two inner-city substance misuse services, Journal of Substance Use, Sept 28.
- 2. Szczap A and Grewal P (2020) Improving physical health: Developing a hepatology service in mental health care. Mental Health Nursing, 40;3, 17-19.
- 3. Solomon D, Grewal P et al. (2014) Managing misuse of novel psychoactive substances. Nursing Times, 110:22, 12-15
- 4. Grewal P and Punukollu (2012) Drug dependency and its management in young men. Trends in Urology and Men's Health 3:3, 8-10
- 5. Grewal P (2008) Lost in Translation Prize review, British Medical Journal 336:893
- 6. Luty J and Grewal P (2002) A survey of the British public's attitudes towards drug dependence. Journal of Substance Use. 7, 93-95
- 7. Grewal P and Fitzgerald B (2001) Challenging behaviour and abdominal pain in learning difficulty. Journal of the Royal Society of Medicine (95) 39-40.