

**Dr Paul McLaren**  
**Consultant Psychiatrist**

*GMC: 3580987*

Dr Paul McLaren is a General Adult Psychiatrist at Priory Hospital Hayes Grove. He was a Consultant Psychiatrist at the South London and Maudsley NHS Trust and held a Senior Lecturer appointment in psychiatry at Kings College, London. He trained in medicine at the Universities of Oxford and London. He has special clinical interests in addiction and psychological trauma and is a member of the International Society for Traumatic Stress Studies. He is a general adult psychiatrist experienced in the diagnosis and treatment of a wide range of psychiatric disorders including anxiety, depressive disorders, bipolar, psychosis, obsessive compulsive disorder and sexual problems.

### AREAS OF EXPERTISE

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- Psychosis
- Trauma
- Addiction Psychiatry
- Abuse
- Post Natal Depression
- Chronic PTSD
- Obsessive Compulsive Disorder
- Medicolegal Reporting
- Mood And Anxiety Disorders
- Bipolar Disorder
- Somatoform Disorder

### PROFESSIONAL EMPLOYMENT

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1986 - 1989: St. Thomas's Psychiatric Training Rotation, Specialist training posts in Substance misuse, Old Age Psychiatry, Child psychiatry and Psychotherapy

1989 - 1993: Research Psychiatrist, UMDS, King's College London; Telepsychiatry and Psychotherapy process research

1993: South East Thames Senior Registrar Rotational Training Scheme

1993 - 1996: Consultant in General Adult Psychiatry, Canterbury & Thanet Community Healthcare Trust (6 sessions) & Senior Lecturer in Psychiatry, United Medical & Dental School of Guy's and St Thomas's Hospitals, GKT (5 sessions)

1997 - 1999: Consultant Psychiatrist, with Lewisham & Guy's Mental Health Trust (7 sessions) and Senior Lecturer in Psychiatry, GKT, King's College London

1999 - 2004: Consultant Psychiatrist post with South London & Maudsley (SLAM) NHS Trust and part-time Senior Lecturer in Psychiatry GKT 2004 - 2012: Honorary Consultant Psychiatrist SLAM

1996 - present: Consultant Psychiatrist at The Priory Ticehurst House

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## PROFESSIONAL EDUCATION AND QUALIFICATIONS

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1981: BA in Physiological Sciences University of Oxford  
1984: MB BS University of London  
1989: Member of the Royal College of Psychiatrists  
1989: MA University of Oxford  
2005: MSc in Mental Health Studies Institute of Psychiatry, Kings College London  
(Organisational Psychiatry & Psychology)  
2012: Bond Solon Expert Witness Certificate Cardiff University Law School

## MEDICO-LEGAL:

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I prepare 50 to 60 reports per annum as an Expert Witness on adult psychiatric aspects of personal injury and medical negligence cases. I have been involved in a number of high profile cases, including those which require an assessment of the psychological impact of catastrophic events. I am instructed on behalf of both Claimant and Defendant.

I have reported extensively on subjects who have suffered abuse in the care of social services, religious institutions and schools.

I completed over 50 reports for the Irish Redress Board on individuals who were subjected to physical, mental and sexual abuse in institutional care.

## CURRENT CLINICAL ACTIVITY AND SPECIAL INTERESTS

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### **Psychological trauma:**

I was formerly lead consultant to the trauma service at The Priory Ticehurst House. I have extensive experience in the management of psychological trauma. I assess and treat, both as outpatients and inpatients, sufferers of acute and chronic PTSD following single traumatic incidents or complex PTSD following prolonged abuse. I have trained in EMDR (Level II).

### **General adult psychiatry:**

I diagnose and treat as inpatients and outpatients, individuals suffering from a range of disorders including mood and anxiety disorders, obsessive compulsive disorder, somatoform disorder, post natal depression, bi-polar disorder and psychosis.

### **Addictions:**

I am experienced in the diagnosis and treatment of substance misuse disorders, and I am Lead Consultant to the Addiction Treatment Programme at Hayes Grove Priory.

### **Occupational psychiatry:**

I regularly prepare reports as an Independent Medical Expert for insurance companies, employers and Pension Trustees and as an Expert Witness for the Employment Tribunal.

## ACADEMIC EXPERIENCE

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Past examiner of the University of London

My main research interests are in Telepsychiatry and eMental Health and I have written articles and published in the peer reviewed literature on this subject. In 2003 I co-edited the first book on this subject Telepsychiatry and EMental health, published by the Royal Society of Medicine Press.

Between 1993 and 1999 I was Postgraduate Courses Coordinator in the Department of Psychiatry GKT and ran the Regional MRCPsych training course. I also established and taught modules in Cognitive Behaviour Therapy, Research Methods and Inpatient services on the Master's Degree in Mental Health Studies at GKT.

Between 1993 and 1996 I was Clinical Tutor for Canterbury & Thanet NHS Trust.

## REPRESENTATIVE EXPERIENCE

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I was Deputy Chairman of the National Junior Doctor's Committee of the British Medical Association and a national negotiator. I had special responsibility for the campaign to reduce the working hours of junior doctors. I was a UK representative on the Permanent Working Group of European Junior Doctors.

Between 1996 and 2003 I was a South East Thames regional representative on the General Adult Psychiatry Section of the Royal College of Psychiatrists.

Between 1997 and 2000 I was Chairman of the Telemedicine & eHealth Forum of the Royal Society of Medicine.

## ADDITIONAL COURSES AND MEMBERSHIP

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The Risk of Sexual Violence Protocol Institute of Psychiatry, London (RSVP) 2011  
Fraud & Exaggeration in Personal Injury Claims Conference 2012  
Understanding the Jackson Reforms 2013  
Member of the International Society for Traumatic Stress Studies (ISTSS) 2008-  
Member UK Psychological Trauma Society 2008-