

Dr Rashi Negi
Consultant Old Age Psychiatrist

GMC: 5200551

Dr Negi is an old age psychiatrist currently working as substantive consultant at Midlands Partnership Foundation Trust since March 2014. She regularly performs risk assessments and management, writes Court reports, attends mental health tribunals and acts as an investigator for the SUI and complaints. She has a keen interest in the management and service delivery and has worked as clinical director in older adults for south Staffordshire and Dementia lead Jan 2016-Jan 2019. She successfully led and managed the setting up of memory assessment services successfully.

Dr Negi has a sub-speciality interest in liaison psychiatry and dementia care for older adults. During her higher training years, she has pursued this interest by working and leading some of the liaison teams and by completing placements with Parkinson's and Stroke specialists learning advanced management of these conditions. As a trainee she had the exposure to a range of sub-specialities like General and Old age psychiatry, M & B, LD. Rehabilitation and Forensic Psychiatry, hence she acquired a variety of clinical skills and competencies that she further refined and consolidated during her specialist training.

Dr Negi is also section 12 approved, has an AC status and speaks other languages that include Hindi, Punjabi and Russian.

AREAS OF EXPERTISE

- Dementia
- Parkinson's Disease
- Stroke
- Adult Psychiatry
- Liaison Psychiatry

PROFESSIONAL EMPLOYMENT

Present - Consultant Psychiatrist in Older Adults Block 6 St Michael's Court, Trent Valley Road, Staffs

03 June 2010 to Sep 2010 - Locum Consultant in Old age Psychiatry, Leicestershire Partnership Trust, The Bennion centre, Glenfield hospital, Leicester.

PROFESSIONAL EDUCATION AND QUALIFICATIONS

October 2018 - Postgraduate Certificate in Medical Education

September 2018 - Fellowship of Royal College of Psychiatrists (FRCPsych)

June 2005 - Membership of Royal College of Psychiatrists (MRCPsych)

June 1995 - MBBS MD The Sechenov Moscow Medical Academy

PUBLICATIONS/POSTERS/PRESENTATION

- Oral presentation on 'Research and beyond' supported by CRN NIHR at Annual conference of Old Age Faculty 2019
- Poster presentation of recent audit at the 'Annual faculty of old age psychiatry meeting of Royal college (2013)' title 'Review of antipsychotic medication prescriptions for patients with diagnosis of dementia'
- Survey on outpatient satisfaction in older adults: Psychiatric Bulletin: April 08
- Antipsychotics in Nursing home: Update Jan 07
- Poster presentation: Faculty of Old age Psychiatry annual meeting: April 08
- Poster Presentation: Faculty of General & Community Psychiatry Annual Meeting: Oct 07
- Oral presentation Faculty of Old age psychiatry annual meeting: April 07
- E-letter: Doctors in the house: home visits for older people: a practical model outside Yorkshire: Psychiatric bulletin Dec 09
- E- letter Psychiatric bulletin' MMSE score-12? Jan 2006. This letter is a response to the study published in 'Psychiatric Bulletin' with the title 'Naturalistic audit of NICE criteria for the use of Cholinesterase inhibitors' by Steve Simpson et al.
- "New Horizon in 3D in older adults" chaired and organized by me with support of R &D; department Oct 2017

EXPERIENCE

I have previously worked as Substantive consultant at North Staffordshire combined NHS trust and as a Locum consultant psychiatrist in old age at Leicestershire Partnership Trust and Coventry and Warwickshire NHS trust. I have completed my basic specialist training with the Mid-Trent Deanery and my higher specialist training with South Yorkshire and Humberside Deanery and West Midland Deanery. My excellent basic and specialist training and my current experience as a consultant has prepared me well to continue tackling the challenges posed by the job of consultant old age psychiatrist. My current job involves dealing with medical, psychiatric and social issues of complex patients on a regular basis.

Since joining South Staffordshire and Shropshire Trust in March 2014, my efforts have been directed towards setting up memory services for my catchment area and set up other innovative models of care such as 'Locality memory clinics' and 'Frailty hub' in close collaboration with my primary care colleagues. In my leadership, our dementia team was one of the shortlisted team for award of 'best community mental health dementia team of the year for older adults' with Royal college of psychiatrist.

I am active in CPD and have been involved with appraisal, assessment and clinical audit throughout my training, which has prepared me well for continued appraisal and revalidation during my consultant career. I keep my knowledge base up to date with current evidence based practice, by reading a wide variety of literature, by attending relevant conferences, courses and teaching events.

I am competent in performing a comprehensive assessment of complex need patients and skilled in their management incorporating bio-psychosocial model. I provide clinical leadership to a variety of teams and competent in clinical risk assessment and management. I possess excellent communication, time management, and team working skills. Teamwork is an integral part of providing good quality healthcare. Although essential for any speciality of medicine, it is the core skill that is required to deal with older adults who often present with multiple issues such as medical, psychiatric, and

social. My approach to working in a team essentially involves effective communication, active listening, sharing openly and willingly, acting flexibly and co-operating to accomplish common goal. As a team player I am reliable, committed, respectful and supportive to my team members and this has been supported in multi-source feedbacks. While being a team player, as a senior member and consultant I have an additional responsibility of providing clinical leadership to variety of teams in various setting. As a team leader, my job is to motivate, strengthen and support the team by identifying individual strengths and weaknesses and to nurture and maximise each member's potential for the benefit of team. I regularly participate in local/regional CPD events and active in audit and research.

I have taken an active role in teaching and training of under and post graduates. I practice principles of clinical governance to ensure high quality care for the patients and their carers. I have always enjoyed teaching at both undergraduate and postgraduate level and currently have been working as 'undergraduate support tutor' within school of medicine at Keele University. I have a wide experience of teaching varied group sizes in a variety of settings using a range of teaching material and aids. I am very active with training of junior trainees and have been a supervisor for FY1, FY2 and an ST6 trainee. The feedback from all of my trainees have, been very positive and I along with other consultants in the east Staffordshire have some of the best rates for foundation year trainees opting for psychiatry core training. This could be linked to us providing 'the kind of role model' that these trainees, early in their career, are looking for. Similarly I have been very active in ensuring the 'best psychiatric experience' to the medical students that are attached to my placement and we as a group of 'undergraduate tutors' appears to be delivering our role well as overall rates for psychiatry as a career option, are very high amongst Keele graduates. I am also active with teaching of other non-medical staff and am a mentor for nurses for their nurse prescribing training.