



Dr Richard Fry Consultant Psychiatrist

GMC: 2648422

Dr Fry has been in practice as a Consultant Psychiatrist since 1996. He spent ten years in the NHS as a Clinical Child and Family Psychiatrist, latterly as Clinical Lead and Director in two services, before leaving to set up in Independent practice. Prior to becoming a Child and Family Specialist he trained as an Adult Psychiatrist.

In his time at CAMHS Dr Fry frequently worked with parents with Mental Health issues, and always involved the whole family on. His early interests were Individual Psychotherapy, Family Therapy and Systems issues; he moved through that into whole person-based practice and more latterly formal training in Functional Medical approaches and work in an Integrative Psychiatric capacity.

AREAS OF EXPERTISE

- Mental Health
- Expert Witness Psychiatry
- Child Protection
- Adult Psychiatry
- Child And Family Psychiatry
- Medicolegal Reporting
- Integrative Therapy

PROFESSIONAL EMPLOYMENT

2005 - present: Independent Practice as Founder and Director of Dr Fry and Associates.

2002 – 2004: Consultant Child and Family Psychiatrist and Joint Clinical Director/General Manager
Hampshire CAMHS.

1996 - 2002: Consultant Psychiatrist and Head of Service of CAMHS, Hillingdon, Middlesex.

PROFESSIONAL EDUCATION AND QUALIFICATIONS

1980: MB.BS (University of London)

1982: Diploma of the Royal College of Obstetricians and Gynaecologists (London)

1984: Diploma of Child Health (London)

1984: Member of the Royal College of General Practitioners (London)

1987: Member of the Royal College of Psychiatrists (London)

1993: Master of Science Computer Studies (University of London)

1993: MD (University of London)

1996: Advanced Clinical Training Institute of Family Therapy (University of London)

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

MEDICO-LEGAL PRACTICE

Child Protection and Divorce/Separation issues - now sadly only private sector as Legal Aid Funding and hours limitations are totally inadequate for the level of skills, care and input required for such complex cases.

Personal Injury – I have carried out many PTSD-type assessments, related to work accidents (complex and serious injury) or RTAs (approximately 60% Claimant, 40% Defendant). I also report on Medical Injury / Negligence claims (approximately 70% Claimant, 30% Defendant). I have also reported on a variety of other more specialist claims.

I do not only use standardised assessment tools. I always look carefully at the context and background – I firmly believe the story often tells itself if you look closely enough at the history. This may necessitate close reading of medical records. That may entail slightly greater initial expense, but this is nearly always justified by the outcome and later savings. I am increasingly being asked to assess cases where the interplay of physical and psychiatric conditions is complicated and obscure – my interests and trainings above refer.

In the last year I have undertaken twenty reports 70% Claimant, 25% Defendant, 5% Joint. The oldest subject was eighty-one, the youngest was eight. Incidents included birth trauma (psychiatric sequelae), witnessing the Shoreham Air disaster, work injuries including threatened death by roller door, being involved in a bus accident which exacerbated pre-existing physical pain and fibromyalgia symptoms (relevance of mast cell activation in psychological trauma covered) , alleged medical negligence and its psychological consequences, being attacked at work and resultant trauma, alleged psychological consequences of bullying at work, collapse of furniture on which subject was sitting leading to exacerbation of pre-existing condition and psychiatric consequences (very complex previous medical and psychiatric history), Police person attacked at work, assessment of Capacity to represent self in Court in re PI case and various MVTAs. I am increasingly being asked to assess cases where the interplay of physical and psychiatric conditions is complicated and obscure – my interests and trainings above refer.

SPECIALIST INTERESTS

- Child Protection and Divorce/Separation issues
- Personal Injury – I have carried out many PTSD-type assessments across the age ranges. I do not work with older age clients.
- Complex somatic issues
- Areas of particular assessment and therapeutic expertise:
- PTSD and Complex Trauma
- Chronic pain and Psychiatric illness
- Child emotional and behavioural problems
- "Psychosomatic" illness Adolescent mood, behaviour, psychosis
- Family and Care Assessment Eating disorders and difficulties
- Abuse and Risk issues Individual systemic and family systemic therapy
- Drug / Alcohol abuse Marital problems
- Child psychiatric issues (includes ADHD)
- Parenting assessment
- Contributions of Physical Illness to Psychiatric Presentations
- Post-traumatic stress disorder & related problems

01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

- Adult Depression and Anxiety
- Dyspraxia and co-morbid associated Conditions
- Brief & solution focused therapy approaches