Dr Claire Buky-Webster
D.Clin.Psych
Clinical Psychologist

Health Professions Council Registration**: PYL31748**

Dr Buky-Webster is a qualified clinical psychologist who has been working in the field of mental health since 2008. Dr Buky-Webster specialises in working with children and families, particularly children who are looked after and those on the edge of care, as well as their parents. She undertakes a range of assessments and interventions with children, adolescents, and parents. Dr Buky-Webster uses these skills and experiences in her independent practice. This includes undertaking expert witness assessments in the areas of Family, Criminal and Civil Law, which she has done since 2019.

AREAS OF SPECIALISM

- Fostering and adoption
- Care proceedings
- Mental health assessments of children of all ages
- Assessment of attachment
- Developmental trauma (impact of abuse)
- Assessment of parents/parental risk assessments
- Parental mental health and substance misuse and the impact on children
- Cognitive assessments of children, adolescents and adults
- Placement and treatment recommendations

PROFESSIONAL QUALIFICATIONS

2017   Post Graduate Diploma, Systemic Practice, Institute of Family Therapy.

2015   Doctorate in Clinical Psychology, Southampton University.

2009   Post Graduate Certificate, Psychological Wellbeing Practice (CBT), Canterbury Christchurch University.

2008   Bachelors (Hons), Psychology, Bournemouth University.

WORK HISTORY

2015 – Present   South London Psychology LTD, Independent Clinical Psychologist

- Expert witness assessment for family court proceedings and PLO.
- Therapy for adolescents, adults and families.
- Specialising in working with trauma presentations and experienced in working with common mental health problems such as depression and anxiety.
- Use of CBT and third wave therapies such as Acceptance and Commitment Therapy (ACT).
- Offering Eye Movement Desensitisation and Reprocessing (EMDR).

2015 – 2022   Clinical Psychologist**,** London Borough of Hammersmith and Fulham, Children's Services.

- Working alongside social workers in the Looked After Children and Family Support and Child Protection teams, providing assessments (including assessments of learning disability, parenting, mental health, risk), family therapy and individual therapy for both children and their parents or carers.
- Practice using evidence-based interventions such as Cognitive Behaviour Therapy and Video Interaction Guidance (VIG).
- Gained a diploma in Systemic Practice in 2017.
- Working with many different presenting problems, including moderate to severe mental health presentations in parents.
- Responsible for the supervision of trainee psychologists and assistant psychologists.

2014 – 2015   Clinical Psychologist , London Borough of Southwark, Children's Services

- Provided complex parenting assessments considering issues such as cognitive functioning, attachment and mentalization capacity, to inform social work planning and intervention.
- Helped implement a systemic social work model, within a team of eight social workers. This work included facilitating reflective practice in social work supervision as well as joint work with families.

2014   Trainee Clinical Psychologist, London Borough of Hackney, Children and Young People's Service

- Involved in providing psychological assessments for children under child protection plans, contributing to court reports and engaging in long term psychological work.
- Therapeutic models such as Dyadic Developmental Psychotherapy as well as Systemic Theory to influence my work.
- Provided psychological consultation to social workers within Hackney Social Services.

2013   Trainee Clinical Psychologist, Basingstoke, Integrated Learning Disability Team

- Work included conducting comprehensive psychological assessments, providing consultation to social workers and some short-term psychological therapy with service users.

2012 –2013   Trainee Clinical Psychologist, Portsmouth, Children and Adolescent Mental Health Service

- Neuropsychological testing, comprehensive psychological assessments and individual therapy.
- Helped to run a group for children with anxiety and depression.

2012   Trainee Clinical Psychologist , Portsmouth, Chronic Pain Service

- Working with people with chronic pain. Using Acceptance and Commitment Therapy (ACT) for individual therapy with patients.
- Involved in a Pain Management Program and Mindfulness groups.

2011 –2012   Trainee Clinical Psychologist, Basingstoke, Community Mental Health Team

- Working in a psychiatric inpatient unit and crisis resolution home team.
- Provided psychological therapy for inpatients and outpatients and conducted brief psychological assessment.
- Involved in running a DBT group focusing on emotion regulation skills.

2009 –2011   Psychological Wellbeing Practitioner, Westminster, Improving Access to Psychological Therapies

- Providing Cognitive Behaviour Therapy to working age adults with mild to moderate depression and anxiety.

2008 –2009   Psychological Wellbeing Practitioner, Hastings, Improving Access to Psychological Therapies

- Primarily providing telephone-based guided self-help for those with mild to moderate depression and anxiety.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

2020	CARE Index training, ISWM
2019	Story Stem Assessment Profile Training and Accreditation, Anna Freud Centre
2019	Richman EMDR Training LTD, EMDR training Part 1, 2 & 3
2018	Systemic supervision training, University College London
2017	Hogrefe LTD, Introduction to ADOS-2
2016	Workshop for new supervisors, University College London
2016	Tavistock and Portman NHS Trust, Video Interaction Guidance
2016	Women and Girls Network, Child Sexual Exploitation: A Trauma Focused Approach
2016	Anna Freud Centre, Motivational Interviewing
2016	Anna Freud Centre, Parenting Approaches, Attachment & Mentalization
2015	Institute of Family Therapy, Systemic Interventions for Children who are Looked After
2014	Institute of Family Therapy, Brief Systemic Interventions
2014	Bond Solon, Expert Witness Courtroom Skills