

Dr Hannah Daniels

B.Sc., M.Sc., D.Clin.Psych

Chartered Clinical and Practitioner Psychologist



Health Professions Council Registration: **PYL36246**

Dr Hannah Daniels is a HCPC registered Clinical Psychologist and has worked within mental health services for 14 years. She currently works in the NHS within acute mental health services, specifically working with adults who are experiencing a period of mental crisis. She has also worked in independent private practice since April 2021 and has experience of and enjoy working with adults, young people and families.

Dr Daniels has a particular area of interest of working with people who have experienced trauma and present with anxiety, low mood and post-traumatic responses. She has completed further therapy training since qualifying as a Clinical Psychologist, including Cognitive Behavioural Therapy for Psychosis (CBTp), Eye Movement Desensitisation Reprocessing (EMDR) therapy and introductory training in Cognitive Analytic Therapy.

AREAS OF SPECIALISM

- Assessment and treatment of Mental Health Difficulties
- PTSD
- Anxiety and Low Mood
- Working with Trauma
- EMDR

PROFESSIONAL QUALIFICATIONS

- 2018** Doctorate in Clinical Psychology, University of Lincoln.
- 2011** MSc in Mental Health Studies, Kings College London, University College of London.
- 2009** BSc Hons. Psychology, York St John University

WORK HISTORY

2022 – Present **Principal Clinical Psychologist - Crisis Resolution & Home Treatment Team, Sheffield Health & Social Care NHS Trust**

- Complex psychological assessment and formulation.
- Short-term psychological therapy.
- Short-term family interventions.
- Staff support and supervision.
- Complex case management and working systemically across services.
- Post incident support and debriefing.

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- 2020 – 2022 Senior Clinical Psychologist - Primary Mental Health Transformation Service, Sheffield Health & Social Care NHS Trust**
- 1.1 psychological therapy.
 - Supervision and management of staff (including psychology colleagues).
 - Supporting the development of service as part of ongoing pilot.
 - Consultation with professionals across services, including voluntary sector.
- 2018 – 20 Clinical Psychologist - Early Intervention in Psychosis Service, Sheffield Health & Social Care NHS Trust**
- 1.1 psychological therapy and family therapy interventions
 - Supervision of DClinPsy trainees
 - Facilitation of groups, including carers group
 - MDT working
 - Teaching onto DClinPsy courses
- 2015 – 18 Trainee Clinical Psychologist - Lincolnshire Partnership NHS Foundation Trust**
- Undertaking clinical placements as per training, including adult mental health, child and adolescent, older adults, intellectual disabilities and specialist placement (Early Intervention in Psychosis)
 - Undertaking doctoral level research, including systematic literature review and doctoral thesis (Exploring the Impact of Psychological Formulation on Working Alliance within Cognitive Behavioural Therapy).
- 2012 – 15 Assistant Psychologist - Rampton High Secure Hospital, Nottinghamshire Healthcare NHS Foundation Trust**
- Psychological assessment, formulation and interventions, specifically with adults presenting with complex mental health difficulties and high-risk presentations.
 - Specific risk assessments, including Violence Risk Scale and HCR-20.
 - Facilitation of group psychological interventions.
 - MDT working.

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

- 2021 Eye Movement Desensitisation Reprocessing (EMDR) Therapy – EMDR Academy.**
- 2021 Introductory days to Cognitive Analytic Therapy (CAT) – ACAT**
- 2020 Introductory Supervisor Workshop – University of Sheffield**
- 2019 Cognitive Behavioural Therapy for Psychosis (CBTp) Top Up Course – Psychosis Research Unit**

PUBLICATIONS AND PRESENTATIONS

- Daniels, H., Skinner, D., & Todd, S. (2014). Shared Experience Groups in a High Secure Psychiatric Hospital, *Mental Health Practice*, 18(4), 14-21.