

Dr Iona Walker

DClinPsy MA (Hons) MSc PGCert CPsychol

Chartered Clinical Psychologist



Health Professions Council Registration: **PYL37941**

Dr Iona Walker is a Consultant Clinical Psychologist specialising in assessment of PTSD and distress related to personal injury and clinical negligence claims. Dr Walker is passionate about providing an excellent standard of assessment.

Dr Walker specialises in conducting medico-legal psychological assessments to support individuals in compensation claims related to personal injury or clinical negligence. She is available to see clients UK wide for online assessment via teleconferencing

AREAS OF SPECIALISM

- Trauma and PTSD
- Adult Mental Health
- Mental Capacity
- Cognitive Assessments
- Learning Disability
- Accidents at work

PROFESSIONAL QUALIFICATIONS

- 2019** DClinPsy Doctorate in Clinical Psychology – University of Glasgow
- 2016** PGCert Low-intensity CBT – Essex University
- 2014** MSc in Clinical and Health Psychology with Distinction – University of Newcastle
- 2012** MA (Hons) Psychology – University of Edinburgh

WORK HISTORY

- 2022 – Present** **Consultant Psychologist & Clinical Lead - Spectrum Life Mental Health Service**
Supervision and management of the clinical team, service development and governance.
- 2022 – Present** **Clinical Associate of the Oxford Cognitive Therapy Centre**
This ad hoc role involves guest teaching and supervision services for Oxford University courses.
- 2022 – Present** **Supervisor on IAPT Trauma Therapies for Refugees and Asylum Seekers Course**
Part time supervision regarding trauma approaches one day a month.
- 2020 – Present** **Private Practice**
Provision of medicolegal reports for RTAs and clinical negligence cases UK. I can also provide reports for asylum cases, however, in these instances I will only take legal aid funded cases at legal aid rates, due to the financially vulnerable situation of these clients. I am a trainer in trauma approaches for private practice and third sector clinician's pro-bono.

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- 2021 – 22** **Senior Clinical Psychologist, Burns and Plastics – Wythenshawe Hospital NHS Manchester**
Provision of therapy for PTSD and pre-surgical psychological assessments. Patients presented with distress related to acid attacks, suicide attempts, amputations, house fires and assault. I provided supervision to staff and represented Psychology at ward rounds.
- 2020 – 21** **Senior Clinical Psychologist – Clear Health, Perth Australia**
Private practice providing evidence-based therapy for trauma and a range of psychological difficulties.
- 2020** **Senior Clinical Psychologist, Dr Julian Online Therapy**
Provision of therapy for NHS and private clients presenting with PTSD and a range of difficulties.
- 2016 – 19** **Trainee Clinical Psychologist Glasgow NHS**
I conducted research, attended teaching, and carried a caseload in CMHTs, Neuropsychology, Learning Disabilities, Eating Disorder Services and CAMHS. As a trainee, I led formulation and treatment for a client presenting with Autistic Catatonia for which our team received an excellent patient care award.
- 2014 – 16** **Psychological Wellbeing Practitioner, IAPT Cambridge**
Provision of CBT for adults with a range of conditions. I led a work-related stress workshop and developed a Seasonal Affective Disorder Service and represented IAPT on ITV news.
- 2013 – 14** **Assistant Psychologist, NeuroCog Newcastle**
This role entailed PTSD and neuropsychological assessments. Instructed by law firms I conducted medico-legal reports for compensation claims related to injuries and traumatic incidents.

PUBLICATIONS AND PRESENTATIONS

- Walker, I., Meldrum, S. & Evans, J. (2018). An Audit of a Specialist Neuropsychology Service for People Diagnosed with Motor Neuron Disease (6) 23: The Neuropsychologist. The BPS Division of Neuropsychology.
- Mole, T. B., Galante, J., Walker, I. C., Dawson, A. F., Hannah, L. A., Mackeith, P., & Jones, P. B. (2017). The Mindful Breather: Motion Guided Mindfulness. *Frontiers in human neuroscience*, 11, 613.
- Walker, I. & McGivern, A. (2016). Winter blues: Coping with Seasonal Affective Disorder. 18 February 2016. ITV News. Television.
- Walker, I. (2011). Beyond the Looking Glass: The Relationship between Mirror Neurons and Theory of Mind. (2):5-6. *Psychobabble the Journal*.