



**Professor Tim Dalgleish**

FBPS FMedSci.

**Consultant Clinical Psychologist**



Health Professions Council Registration: **PYL03913**  
British Psychological Society Membership: **35833**

Professor Tim Dalgleish FBPS FMedSci is a clinical psychologist and academic researcher. He is a Scientific Programme Leader at the University of Cambridge where he directs the Cambridge Centre for Affective Disorders and a consultant clinician in the NHS.

Professor Dalgleish has more than 25 years' experience working as an expert witness and has prepared more than 200 reports for the court. Professor Dalgleish's specific expertise is in the assessment and evaluation of mood, anxiety and stressor-related disorders (such as Posttraumatic Stress Disorder [PTSD]) in children, adolescents and adults. This includes evaluation of the aetiology of these conditions with respect to identified events (in case of putative personal injury), of the influence of these conditions on behaviour (including capacity and intent), and of likely prognosis and options for treatment. He has published more than 300 books and academic articles pertaining to these issues.

#### **AREAS OF SPECIALISM**

- Post traumatic stress and PTSD in children and adults
- Depression and mood disorders
- Anxiety disorders
- Psychological trauma in Children, Adults and Families
- Complex trauma
- Mood, stressor-related and anxiety disorders pertaining to criminal proceedings
- Recovered memories
- Personal psychological injury

#### **PROFESSIONAL QUALIFICATIONS**

<b>1993</b>	M.Sc. (Clinical Psychology), Institute of Psychiatry, University of London
<b>1992</b>	Ph.D. (The processing of emotional information in clinical and sub-clinical anxiety states), Institute of Psychiatry, University of London
<b>1999</b>	M.A. University of Oxford
<b>1987</b>	B.A. Experimental Psychology (First class, Congratulatory), University of Oxford

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01273 381468

admin@psychologyexperts.org

www.psychologyexperts.org

## **CURRENT APPOINTMENTS**

- 2009 – Present** Director of the Cambridge Centre for Affective Disorders
- 2001 – Present** Director of Research at the MRC Cognition and Brain Sciences Unit, University of Cambridge
- 2001 – Present** Consultant NHS Clinical Psychologist in the Cambridgeshire and Peterborough NHS Foundation Trust

## **HONOURS AND AWARDS**

- 2019** Elected Fellow of the Academy of Medical Sciences
- 2018** Elected Fellow of the British Psychological Society
- 2017** Isaac Manasseh Meyer Visiting Professorship, National University of Singapore.
- 2013** British Psychological Society, President's Award for distinguished contributions to psychological knowledge  
An annual award presented '... as a mid-career recognition of the achievements of those who are currently engaged in research of outstanding quality'
- 2013** Jaap Christoffels Visiting Professorship, University of Amsterdam  
A biennial award for 'outstanding contribution to research in the field of childhood trauma'.
- 2009** Fellow of the Association for Psychological Science  
Fellow status is awarded to APS Members who have made 'sustained outstanding contributions to the science of psychology in the areas of research, teaching, and/or application'.
- 1999** British Psychological Society, May Davidson Award  
An annual award for 'a clinical psychologist who has made an outstanding contribution to the development of clinical psychology within the first 10 years of their work as a qualified clinical psychologist'.
- 1987** Congratulatory first class degree, University of Oxford.  
'Awarded for exceptional performance in final examinations'
- 1984** Open Scholarship to Oriel College, University of Oxford.

## **PUBLISHED WORKS**

### **Books**

- Power, M.J. & Dalgleish, T. (2015). Cognition and Emotion: From Order to Disorder, (3rd Ed.). Hove: Psychology Press.
- Power, M.J. & Dalgleish, T. (2009). Cognition and Emotion: From Order to Disorder, (2nd Ed.). Hove: Psychology Press.
- Dalgleish, T. & Brewin, C.R. (2007). Autobiographical memory and emotional disorder. (A Special Issue of the Journal Memory). Psychology Press: Hove, U.K.
- Davies, G. & Dalgleish T. (2001). Recovered Memory Experiences: Seeking the Middle Ground. Chichester: Wiley.
- Dalgleish, T. & Power, M.J. (Eds.) (1999). Handbook of Cognition and Emotion. Chichester: Wiley.

- Power, M.J. & Dalgleish, T. (1997). Cognition and Emotion: From Order to Disorder. Hove: Psychology Press

#### **Selected Articles in Peer-Reviewed Journals**

For a full list of publications please see: [https://scholar.google.com/citations?user=E\\_xHsaIAAAAJ&hl=en](https://scholar.google.com/citations?user=E_xHsaIAAAAJ&hl=en)

- Dalgleish, T., & Hitchcock, C. (2023). Transdiagnostic distortions in autobiographical memory recollection. *Nature Reviews Psychology*, 1-17.
- Dalgleish, T., Black, M., Johnstone, D. & Bevan, A. (2020). Transdiagnostic approaches to mental health problems: Current status and future directions. *Journal of Consulting and Clinical Psychology*, 88, 179-195.
- Clifford, G., Hitchcock, C., & Dalgleish, T. (2020). Fractured pasts: The structure of the life story in sexual trauma survivors with Posttraumatic Stress Disorder (PTSD). *Clinical Psychological Science*, 8, 723-738.
- Meiser-Stedman, R., Smith, P., McKinnon, A., Dixon, C., Trickey, D., Ehlers, A., Clark, D.M., Boyle, A., Watson, P., Goodyer, I., & Dalgleish, T. (2017). Cognitive Therapy as an early treatment for post-traumatic stress disorder in children and adolescents: A randomized controlled trial addressing preliminary efficacy and mechanisms of action. *Journal of Child Psychology and Psychiatry*, 58, 623-633.
- Morriss, R., Garland, A., Nixon, N., Guo, B., James, M., Kaylor-Hughes, C., Moore, R., Ramana, R., Sampson, C., Sweeney, T., & Dalgleish, T. (2016). Clinical and cost effectiveness of a specialist depression service versus usual specialist mental health care for managing persistent depression: A randomized controlled trial. *Lancet Psychiatry*, 3, 821-831.
- Dalgleish, T. & Werner-Seidler, A. (2014). Disruptions in autobiographical memory processing in depression and the emergence of memory therapeutics. *Trends in Cognitive Science*, 18, 596-604.
- Jobson, L., Moradi, A., Rahimi-Movaghar, V., Conway, M. & Dalgleish, T. (2014). Culture and the remembering of trauma. *Clinical Psychological Science*, 2, 696-713.

#### **MEMBERSHIP OF PROFESSIONAL BODIES**

- Fellow of the Association for Psychological Science.
- Fellow of the British Psychological Society.
- Fellow of the Academy of Medical Sciences
- Registered Clinical Psychologist with the Health Professions Council.
- Member of the Division of Clinical Psychology, British Psychological Society.
- Member of the British Association of Behavioural and Cognitive Psychotherapies (BABCP)