



Dr Tom Mole

MB ChB MRCPsych BSc (Hons) FRANZCP CCT

Consultant Psychiatrist

GMC: 713613

Dr Tom Mole is a certified consultant psychiatrist registered in both the UK and Australia, with over nine years of experience in the field. He initially completed Child & Adolescent Psychiatry training in Cambridge, UK and further developed his scope of practice by retraining in general adult Psychiatry. Having trained at centres of excellence, including the University of Cambridge, he is committed to evidenced-based care that is safe and exceptional. He has a breadth of expertise from clinical and research roles internationally and have multi-agency experience interfacing with social care. He also has specialist interests in medicolegal work, post-traumatic stress disorder, neurodevelopmental disorders and health technologies. He has over 1000 citations focusing on areas that complement his expertise.

AREAS OF SPECIALISM

- Adult Personal Injury Assessment
- Adult Clinical Negligence Assessment
- Adult Mental Health Problems

PROFESSIONAL QUALIFICATIONS

Ongoing	Civil Expert Witness Certificate through Bond Solon	The University of Cardiff
2023	Working as a medico-legal expert Masterclass	The Royal College of Psychiatrists, UK
	The Coroner's Court Training day	The Royal College of Psychiatrists, UK
2022	ADHD Assessment & Management Masterclass	Royal Australian & New Zealand College of Psychiatrists (RANZCP), Australia
2021	Complex Trauma and Narrative Exposure Masterclass	CPD, APA approved, Australia
2020 – 2021	Fellowship of The Royal College Training Pathway: Adult Psychiatry	RANZCP, Australia
2019 – 2020	Leadership and Management training for Social Ventures	University of Cambridge, UK
2016	Statistical Parametric Mapping Neuroimaging Course	University College London, UK
2015	Functional Neuroimaging Software 'FSL' Course	University of Oxford, UK

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2014 – 2017	Fellowship in Psychiatry funded by NIHR	University of Cambridge, UK
2011	Psychiatry Elective	Yale University, USA
2010	BSc (Hons) International Health [intercalation] 1st Class	Bristol University, UK
2007 – 2011	Medicine (MB ChB)	University of Manchester, UK
2006	A-Levels: Chemistry (A); Computing (A);	Alleyn’s School, London, UK

WORK HISTORY

2023 – Present	<p>Psympticity Healthcare LTD, Consultant Psychiatrist, General Adult 0.6FTE</p> <p>Adult ADHD assessment and treatment</p>
2022 – Present	<p>ADHD Clinic at The Optimind Centre, ADHDLink.com Online, Service Lead 0.4FTE</p> <p>I collaborate with technologists and academics to build an online ADHD assessment portal.</p>
2022	<p>ADHD Clinic at The Optimind Centre, [Clinical Post] Consultant Psychiatrist, General Adult, ADHD Service Lead, 0.6FTE</p> <p>I specialized in developing an ADHD & ASD care pathway. I saw adults and children with neurodiversity. I worked across three in-person sites in the state of Victoria as well as offering telehealth consultations.</p>
2021 – 2022	Completion of RANZCP Substantial Comparability Training – Brief Career Break Vacation
2019 – 2021	<p>Joondalup Health Campus, Service Lead, Inpatient Consultant Psychiatrist</p> <p>I held two major roles – ECT service lead and medium-stay inpatient consultant psychiatrist. The post was part of an approved RANZCP training pathway to reaccredit as an equivalent consultant in Australia</p>
2019	<p>Joondalup Health Campus, Short-stay Inpatient Service Lead, Specialist Medical Practitioner</p> <p>Service lead for one of the busiest short-stay (max 72 hour) emergency psychiatric wards in Australia.</p>
2019	Completion of Certificate of Training in Child & Adolescent Psychiatry – Brief Career Break Vacation
2019	<p>Patient Consultant Liaison, Perth Children’s Hospital, Australia, Senior Specialist Psychiatry Registrar Year 6 (Advanced Trainee equivalent)</p> <p>Advising MDT on management of complex cases, second opinions, treatment-resistance, multiagency work. Neuropsychiatric and functional disorders particularly.</p>
2018 – 2019	<p>General Inpatient Ward for Children & Adolescents, Perth Children’s Hospital, Australia, Senior Specialist Psychiatry Registrar Year 6</p> <p>Assessment and management of acutely unwell patients with severe and enduring mental illness including psychosis, unipolar/bipolar depression, emerging personality disorder and severe self-harm/suicidality.</p>
2018	<p>ADHD Clinic, Cambridge, Final year Senior Specialist Psychiatry Registrar Year 5/6 CAMHS Outpatient Neurodevelopmental Clinic</p> <p>ADHD assessment and management. Identification and treatment of common comorbidities of ODD, ASD, OCD, Tic Disorders, learning disability, genetic and chromosomal syndromes.</p>

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- 2013 – 2017** Cambridgeshire Community Adult Acute Mental Health Crisis Team, Senior Adult Registrar Psychiatrist out-of-hours 0.2FTE
- Emergency psychiatrist working with crisis and community teams: Supervision of SHOs ,nurses and allied health staff. Leading emergency domiciliary and community assessments with MHA use and police escorts where needed. Cases of severe treatment-resistant or treatment-refusing schizophrenia, unipolar and bipolar depression requiring urgent hospitalization for psychiatric treatment.
- 2017 – 2018** Darwin Centre, Fulbourn Hospital, Senior Specialist Psychiatry Registrar Year 5/6 CAMHS Inpatient Unit
- Care for acutely unwell children and adolescents in the East of England area.
- 2017** Phoenix Centre, Cambridge, Senior Specialist Psychiatry Registrar Year 4-5 CAMHS Inpatient Eating Disorder
- Assessment and management of enduring life-threatening anorexia nervosa, bulimia, binge eating disorder and body dysmorphia
- 2016 – 2017** Peterborough Clinic, Senior Specialist Psychiatry Registrar Year 4 CAMHS Outpatient General Clinic
- Assessing and treating severe and atypical cases of internalizing and externalizing mental disorder. Cases included common disorders as well as pica, trichotillomania, childhood PTSD, school refusal and conduct disorder.
- 2016** Brookside Clinic, Core Psychiatry Registrar Year 3 CAMHS Outpatient General Clinic
- Assessing and treating common disorders of childhood and adolescence including anxiety, depression, sleep and eating problems and attachment disorders.
- 2015 – 2016** Addenbrooke’s Hospital, Core Psychiatry Registrar Year 3 Adult Eating Disorder
- Provided psychiatric and medical care for severe and enduring eating disorders including anorexia nervosa. For life threatening cases, there was use of MHA and NG feeding for medical stabilisation.
- 2015** Addenbrooke’s Hospital, Core Psychiatry Registrar Year 2 Adult Liaison Psychiatry & Substance Misuse
- Delivering care in a tertiary hospital. Advising on hospitalized patients with psychiatric disorders, delirium, suicidality and substance withdrawals. Assessed capacity to consent for transplants and ongoing substance use status for hepatology patients.
- 2014 – 2015** Peterborough Hospital, Core Psychiatry Registrar Year 2, Old Age Psychiatry Inpatient
- Administration of ECT for treatment-resistant depression and schizophrenia. Assessment and management of dementia and mental disorders of old-age including paraphrenia and late-onset depression.
- 2014** Addenbrooke’s Hospital, Core Psychiatry Registrar Year 1, Substance Misuse & Impulse Control Disorders
- Substance misuse including patients with alcohol dependence, impulsivity and borderline personality disorder.
- 2013 – 2014** Mulberry Ward, Ida Darwin, Core Psychiatry Registrar Year 1 Acute Adult Mixed Inpatient & Outpatient Psychiatry
- Delivering acute care for severely unwell patients using MHA, depot medications, lithium, clozapine, antipsychotics, mood stabilizers.
- 2013** The Walton Centre, Foundation Year 2 Neurology
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	Care of neurological cases with focus on chronic pain and spinal cord injury
2012 – 2013	Royal Liverpool University Hospital, Foundation Year 2 Emergency Medicine Emergency Department care of acutely unwell patients including psychiatric presentations
2012	Royal Liverpool University Foundation Year 2 Acute Adult Psychiatry Assessment and management of adult psychiatric patients (0.5FTE inpatient; 0.5FTE outpatient)
2012	Royal Liverpool University Hospital, [Internship] Foundation Year 1 Hepatobiliary Surgery Physical health management of acutely unwell patients with pancreatitis and alcohol dependence
2011 – 2012	Royal Liverpool University Hospital, [Internship] Foundation Year 1 Clinical Pharmacology General physical health care and pharmacological management of medically unwell patients
2009	King's College London University, Undergraduate Voluntary Research assistant Investigating genetic basis of amyotrophic lateral sclerosis

SPECIALIST TRAINING AND PROFESSIONAL DEVELOPMENT

Dr Mole remains up to date with CPD requirements. He is compliant with CPD for the Royal Australian and New Zealand College of Psychiatrists for the year running January-December 2022. Australian CPD compliance is recognised by the RCPsych as equivalent and transferable to the UK system. Additionally, recent highlighted conferences include:

- 2021 AADPA ADHD Conference Attendee
- 2022 Global ADHD Conference Attendee
- 2022 Takeda ADHD & Binge Eating Disorder Neuroscience Conference Attendee

PROFESSIONAL REGISTRATIONS & LICENCES

- Full **GMC** Registration - Number: 713613
- **RCPsych** Member Number: 916158
- Member of **The Royal College of Psychiatrists** 2015 (all examinations passed on first attempt)
- UK **Certificate of Completion of Training (CCT)** in Child & Adolescent Psychiatry 2019
- Fellow of the **Royal Australian and New Zealand College of Psychiatrists** in General Adult 2022
- Member of the **Medical Protection Society** membership number: 359315
- Member of the UK's **Royal College of Psychiatrist's** faculties for forensic psychiatry, general adult psychiatry and neurodevelopmental disorders.
- Member of the UK's **Royal College of Psychiatrist's** special interest groups for adolescent forensic psychiatry, private & independent practice, neurodevelopmental disorders and digital psychiatry.
- Member of the **Royal Australian & New Zealand College of Psychiatrist's** network for ADHD

MEDICOLEGAL & RISK MANAGEMENT

- Knowledge and expertise prescribing within national medicolegal regulations for psychostimulants.
- Practical experience assessing managing risks with clients and multi-agency care from a variety of clinical posts. Applied mental health act 1983 and the Mental Capacity Act 2005 appropriately to detained and non-detained clients to ensure their safety throughout primary and secondary care settings.