

Dr Alicia King

DClinPsy, MSci (Hons).

Clinical Psychologist

BPC-Accredited MBT Practitioner



Health Professions Council Registration: **PYL37373**

Dr King has been working within the field of mental health since 2013. Since qualifying as a Clinical Psychologist in 2019, she has specialised in working in teams and systems that provide services to individuals who present with problematic personality presentations, complex trauma, and high risk of harm to self and/or others. She has experience of working in both clinical and forensic settings, including low secure, probation and prison settings. She has experience using a range of therapeutic models but primarily uses principles from Dialectical Behaviour Therapy (DBT), attachment theory, and Mentalisation-Based Treatment (MBT). She has experience in using structured risk and psychometric assessments including the HCR-20, SAPROF, and MCMI-II.

AREAS OF SPECIALISM

- Personality Disorder
- Complex trauma
- Adult mental health assessments and therapy
- Assessing and formulating risk of suicide, self-harm, and violence
- Assessment and expert witness work relating to personal injury and medical negligence claims

PROFESSIONAL QUALIFICATIONS

2019 Doctorate in Clinical Psychology, University of Birmingham

2014 MSci (Hons) in Psychology & Psychological Practice, University of Birmingham

WORK HISTORY

2023 – current **Senior Clinical Psychologist, Lancashire & South Cumbria NHS Foundation Trust**

- Assessment, formulation, intervention and evaluation with adults of working age in a secondary care community mental health team
- Providing clinical supervision to qualified and unqualified psychology and nursing staff
- Leading on psychological thinking within the team including consultations, formulation and complex case discussions
- Delivering psychological training for staff
- Service evaluation and audit

2022 – current **Associate Clinical Psychologist & Expert Witness, Dovehouse Psychology Services Ltd**

- Preparing personal injury, medical negligence and criminal expert witness psychological reports for the court with children and adults
- Conducting medico-legal therapy with children and adults
- Attending expert witness conferences and appearing in court to provide expert witness testimony

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- 2022** **Clinical Psychologist, Psychologically Informed Consultation Service, Offender Personality Disorder Pathway, Mersey Care NHS Foundation Trust & National Probation Service**
- Providing psychological consultations to probation staff to inform case and risk management, and psychological formulation of offenders who are at high risk of harm to others
 - Providing clinical supervision to specialist personality disorder probation officers
 - Providing reflective practice to probation staff at Approved Premises
 - Planning and delivering training to probation and police staff
 - Working as an MBT therapist delivering 1:1 and group therapy to men with ASPD
- 2019 – 2022** **Highly Specialised Clinical Psychologist, Community Personality Disorder Pathway, Midlands Partnership NHS Foundation Trust**
- Specialist psychological assessment, formulation, intervention, and evaluation of adults presenting with complex trauma and/or problematic personality presentations at life-threatening risk of harm. Work informed by; DBT, MBT, TF-CBT, EMDR, CFT
 - Leading on development & implementation of a trauma-focussed therapy group for women
 - Leading on service evaluation and implementation of recommendations
 - Supervision of mental health nurses, therapists, and assistant psychologist
 - Planning and delivering staff training including trauma training to Staffordshire police force and suicide/self-harm teaching on the Staffordshire DClinPsy course
- 2019 – 2020** **Clinical Psychologist, Dove House Psychology Services Ltd**
- Offering medico-legal therapy to children and adults from a CBT/TF-CBT framework
 - Conducting medico-legal assessments under the supervision of a Senior Clinical Psychologist
- 2016-2019** **Trainee Clinical Psychologist, Birmingham & Solihull Mental Health Foundation NHS Trust**
- Working within the specialist community DBT service providing psychological assessment, formulation, intervention, and evaluation for service-users with Borderline personality Disorder presentations including managing high risk of self-harm and suicide
 - Working within the low secure women's service with St. Andrew's Healthcare providing psychological input to service-users, facilitating a trauma-informed group, providing psychological input into MDT working, and facilitating team formulation
 - Doctoral level research approved by HMPPS exploring vicarious trauma in prison officers
- 2015-2016** **Assistant Psychologist, CAMEO Service HMP Foston Hall, Birmingham & Solihull NHS Foundation Trust**
- Working in a specialist OPD prison service for women with personality disorder at high risk of harm to others
 - Conducting psychological assessment, formulation, intervention, and evaluation informed by; DBT, CFT, CBT, MBT and psycho-analytic models
 - Service evaluation
- 2014 – 2015** **Assistant Psychologist, Royal Hallamshire Hospital, Sheffield Teaching Hospitals NHS Trust**
- Administering, scoring, and interpreting neuropsychological and psychometric assessments within a community neuropsychology team
 - Working on an MDT stroke ward conducting psychometric assessment and facilitating psychological intervention
- 2014** **Assistant Psychologist, MAC Clinical Research**
- Working on approved clinical trials for psychiatric and neuropsychological difficulties including administering screening and primary outcome measures
 - Conducting neuropsychological assessments
 - Adhering to ICP and GCP guidelines
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2013 – 2014 Assistant Psychologist, Dove House Psychology Service Ltd

- Assisting in preparing court reports for medico-legal and personal injury cases under the supervision of a Clinical Psychologist.

PUBLICATIONS

- King, A., & Oliver, C. (2020). A qualitative study exploring vicarious trauma in prison officers. *The Prison Service Journal*, 251, 38-45.
- King, A. (2014). Reflections on my MSc Psychology placement: stress, tears, and huge rewards. *Psychtalk*, 78, 10-11.