



Ms Chireal Shallow  
BSc, GBC, MSc, MBPsS.  
**Consultant Psychologist**



Chartered Psychologists



Health Professions Council Registration: **PYL24377**  
British Psychological Society Membership: **40168**

Ms Shallow is a very experienced Consultant Psychologist with over 25 years' experience. She undertakes independent assessments in a variety of areas and writes reports for the courts relating to children and parents or other family members.

Ms Shallow has gained a wealth of experience which she utilises during her assessments for expert witness work. She has worked with Courts, Local Authorities and Prisons on both family and criminal cases. She has also assessed children, adults and also global families preparing capacity, cognitive and full reports for use in pre-proceedings, care and criminal proceedings.

#### AREAS OF SPECIALISM

- Assessment of Adults and Children
- Treatment of Anxiety disorders/Depression and EUPD
- DBT/ CBT
- Psychotherapy
- Medico legal reports
- Capacity assessments
- Personality assessments
- Forensic risk assessments
- Cognitive assessments
- Mental health
- Parenting assessments
- Domestic violence
- Substance misuse and addiction
- Trauma
- Abuse
- Neglect
- Sleep and Behavioural difficulties
- Diagnostic assessments

#### PROFESSIONAL QUALIFICATIONS

- 2002** Forensic MSc, University of Surrey  
**1998** Psychology BSc, University of East London

#### WORK HISTORY

**2016 – Present Expert Witness Nationwide, Consultant Psychologist: Expert Witness**

- Medico legal reports
- Capacity assessments
- Personality assessments
- Forensic risk assessments
- Cognitive assessments
- Mental health
- Parenting assessments
- Domestic violence
- Substance misuse and addiction

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- Trauma
- Abuse
- Neglect
- Sleep and Behavioural difficulties
- Diagnostic assessments
- 50/50 split between working with children and adults.
- CBT
- Family Therapy

**2015 – 2019 Partnerships in Care/Priory Healthcare, Consultant Psychologist: Head of Psychology/Psychology Lead**

- Managing two psychology Inpatient/Rehab service departments at The Dene and Pelham Wood

**2004 – Present NNSC Sleep Clinic (Private Company South London), Managing Director of Company**

**2012 – 2015 Surrey Borders and Partnership NHS Surrey, UK, Principal Psychologist: Clinical Service Lead/ DBT Psychotherapist (Band 8b)**

- CBT, DBT
- Client group: Borderline Personality Disorder

**2011 – 2012 SLAM NHS Foundation Trust, London, UK, Senior Practitioner Psychologist/ CBT Psychotherapist (Band 8a)**

- CBT, FAP, DBT, Compassion Focussed therapy

**2009 – 2011 South West London and St George's NHS Trust, London, UK, High Specialist Practitioner Psychologist/ CBT Psychotherapist (Band 7)**

- CBT
- Client groups: Depression and Anxiety

**2008 – 2009 NELFT NHS London, UK, Highly Specialist Practitioner Psychologist (Band 7)**

- CBT, DBT
- Client group: Borderline Personality Disorder

**2003 – 2008 HM Prison Service, Kent, Sussex, Forensic Psychologist**

- CBT
- Client Group: Severe Personality Disorder, Violent Offenders, Sexual Offenders

**1998 – 2003 National Probation Service, London, UK, Forensic Psychologist**

- CBT
- Client group: Low to medium risk offenders.

### **FURTHER PROFESSIONAL DEVELOPMENT**

**2010** CBT Postgraduate Diploma, Royal Holloway UCL

**2010** DBT Training

### **PROFESSIONAL MEMBERSHIPS**

- HCPC Membership Number PYL24377
- BPS 40168
- BABCP (Full accreditation)