



**Dr Jenny Hopton**  
BSc, MSc, DForenPsy.  
**Forensic Psychologist**



Health Professions Council Registration: **PYL31632**  
British Psychological Society Membership: **286252**

Dr Hopton is an experienced Forensic Psychologist. She is registered with the Health and Care Professions Council (HCPC), chartered with the British Psychological Society. She currently works as the Strategic and Clinical Lead of a large NHS Forensic Psychology Service and has a Lecturer in forensic psychology and mental at Queen Mary University London.

Dr Hopton is regularly instructed to conduct mental health and risk assessments in criminal cases and for Parole Board hearings. She has particular expertise in the assessment and treatment of men convicted of sexual offences.

Dr Hopton has experience working within health and justice settings in both the NHS and the private sector. She has worked across the care pathway within the criminal justice system from court diversion services to inpatient services and within the community including the Offender Personality Disorder pathway. Her training and experience includes comprehensive assessment, formulation and treatment for individuals with a range of offence histories. Dr Hopton is trained in a number of specialist assessments for evaluating cognitive abilities, personality and risk. She is also experienced in the facilitation of a number of group and individual interventions for mental health difficulties and offending behaviours..

#### **AREAS OF SPECIALISM**

- Violence / sexual offending risk assessment
- Risk management planning, including assessment of protective factors
- Assessments of personality disorder, psychopathy and cognitive functioning
- Trauma and attachment focused interventions
- Interventions to target problematic or maladaptive behaviours
- Treatment of offending behaviour, and adapting for responsivity issues such as personality disorder and intellectual disability
- Evaluating treatment progress and impact
- Research methods and service/intervention evaluation

#### **ACADEMIC QUALIFICATIONS**

- 2014**          Doctorate in Forensic Psychology, University of Nottingham
- 2011**          MSc Investigative Psychology, University of Huddersfield
- 2010**          BSc Social Psychology, Loughborough University

#### **PROFESSIONAL; QUALIFICATIONS AND MEMBERSHIPS**

British Psychological Society Chartered Forensic Psychologist  
Health and Care Professionals Council Registered Forensic Psychologist  
Division of Forensic Psychology, British Psychological Society

Faculty of Forensic Clinical Psychology, British Psychological Society

EMDR Association UK

## **CURRENT POSITIONS HELD**

### **2023 – Present Strategic and Clinical Lead Band 8C, North East London NHS Foundation Trust**

- Manage a number of inpatient and community forensic psychology services in North East London
- Supervise senior psychologists and manage the forensic psychology department.

### **2019 – present Lecturer and Deputy Course Director, Queen Mary University London**

- Lecturer and Deputy Course Director for Forensic Psychology and Mental Health MSc.
- Placement co-ordinator.
- Module lead for Investigative and Legal Psychology.
- Research supervisor.

## **RELEVANT PREVIOUS POSITIONS**

### **2020 – 2022 NHS Trust**

- Lead psychologist for the low secure pathway.
- Manage and supervise other psychologists.

### **2018 – 2020 Forensic Psychologist Band 8A, North London Forensic Service, Barnet, Enfield and Haringey Mental Health NHS Trust**

- Senior psychologist in a low secure service.
- Manage and supervise other psychologists.

### **2017 – 2020 Associate Psychologist, Psychological Services UK**

- Prison service commissioned psychological risk assessments for Parole Board hearings.

### **2017 – 2019 Visiting Associate Lecturer, Kings College London**

- Visiting lecturer on the MSc Clinical Forensic Psychology course.
- Student tutor, placement and dissertation supervisor.

### **2016 – 2018 Forensic Psychologist Band 7, North London Forensic Service, Barnet, Enfield and Haringey Mental Health NHS Trust**

- Ward psychologist to two medium secure rehabilitation wards.
- Psychologist for on the Challenge programme for high risk personality disordered sex offenders managed under the PD pathway in London.

### **2014 – 2016 Forensic Psychologist, The North London Clinic, Partnerships in Care**

- Male medium secure ward with high proportion of complex mental health diagnoses with co-morbid personality disorder and a range of offence histories.

### **RELEVANT TRAINING**

Risk assessment: HCR-20 V3, RSVP, SVR-20 V2, SARA V3, SAPROF

Personality: IPDE, PCL-R

Cognitive/ Neurodevelopmental: WAIS, ADOS-2, ACE+

Therapy: EMDR, schema focused cognitive therapy, ACT, CFT, DBT.

### **PUBLICATIONS AND CONFERENCE PRESENTATIONS**

Hopton, J., Van Gerko, K., Ashworth, J. & Craissati, J. (2020). Exploring preliminary outcomes of a community treatment programme for men with sexual convictions screened into the offender personality disorder pathway. *The Journal of Forensic Psychiatry & Psychology*, DOI: 10.1080/14789949.2020.1853198.

Hopton, J. (April 2019). Why well treated “psychologically minded” Challenge group members often fail. Presented at the British and Irish Group for the Study of Personality Disorder Annual Conference, Durham.

Hopton, J. (June, 2018). Evaluating the Quality of HCR-20 Risk Formulations. Paper presented at the British Psychological Society’s Division of Forensic Psychology Annual Conference, Newcastle.

Hopton, J., Cree, A., Thompson, S., Jones, R. & Jones, R. (2018). An Evaluation of the Quality of HCR-20 Risk Formulations: A Comparison between HCR-20 Version 2 and HCR-20 Version 3. *International Journal of Forensic Mental Health*, 17 (2), 195-201.

Cree, A., Jones, R. & Hopton, J. (June, 2016). The Quality of Risk Formulations and their contribution to risk management in a large forensic mental health service in the UK. Paper presented at the 16th Annual International Association of Forensic Mental Health Services Conference, New York.