



**Dr Angela Kent**  
Bsc, D.Clin.Psych.  
**Clinical Psychologist**



Health Professions Council Registration: **PYL17351**  
British Psychological Society Membership: **33695**

Dr Angela Kent is an experienced Clinical Psychologist, having qualified in 1997. She is registered with the Health and Care Professions Council (HCPC) and chartered with the British Psychological Society. She has extensive clinical experience in the NHS and independent practice providing assessment and treatment for complex mental health conditions across the lifespan.

Dr Kent has worked in highly specialist services across both adult and older adult mental health. She is an integrative therapist drawing from a range of therapeutic modalities such as schema focussed therapy (SCT), psychodynamic therapy, eye movement desensitisation reprocessing (EMDR) therapy, Acceptance & Commitment Therapy (ACT) and Compassion Focussed Therapy (CFT). Over the past twenty six years she has delivered these evidence-based therapies within community-based, outpatient, NHS staff support settings as well as in her independent practice.

Dr Kent has acted as an 'expert witness' to the Courts mainly in relation to the psychological effects of road traffic accidents, medical negligence, capacity and eviction for almost twenty years. She has experience of assessing more complex clients who have histories of trauma/ mental health difficulties as well as current significant stressors.

#### **AREAS OF SPECIALISM**

- Adult and Older Adult Mental Health
- Trauma and PTSD
- Childhood and domestic abuse
- Capacity assessments

#### **PROFESSIONAL QUALIFICATIONS**

**1997**            Doctorate in Clinical Psychology, University of Birmingham

**1986**            Bachelor of Science, Psychology, University of York

#### **WORK HISTORY**

**2022 – 2023**                      **Clinical Psychologist, South London and Maudsley NHS Trust (Locum role)**

- Responsible for providing remote short term psychological input, both assessment and intervention, to staff members for a range of presenting difficulties.

**2022 – Present**                      **Associate Clinical Psychologist, Psychworks Associates**

- Responsible for providing psychological input to serious and catastrophically injured clients and their families

**2001-2020**                      **Clinical Psychologist, Derbyshire Healthcare Foundation Trust, Kingsway Hospital**

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- Responsible for Psychology Services for older adult population across two localities in Derbyshire
- Responsible for providing psychological assessments and therapies within these localities
- Consultation provided to colleagues across a wide range of settings; both hospital and community based for working with people with complex presentations such as severe depression, psychosis and PTSD.
- Manage all referrals and waiting lists
- Liaise with other professionals and work within a wider community team
- Provide input into strategic and service planning and represent psychology on a number of planning groups (e.g., Best Practice Group for survivors of abuse; Clinical Research Network; Eating disorders)
- Facilitator for Group Supervision for team colleagues (mixed professionals) in formulation and therapeutic approaches and for Qualified Psychologists in Neuropsychological Assessment and interpretation.
- The neuropsychological assessment of people presenting with a whole host of cognitive difficulties and diagnoses (e.g., the range of dementias, traumatic brain injuries, Parkinson's and Huntington's etc). As such I carry out formal assessments of global cognitive functioning as well as more specific cognitive abilities such as memory, language, executive functioning, attention and visuospatial abilities, using a wide range of test batteries, as well as providing subsequent therapeutic input when appropriate, memory retraining and working with carers and care staff at the later stages of a dementing process.

**2012 – 2014**                      **Senior Clinician, MedAvante-Prophase, Hamilton, US**

**2016 – 2017**

**2019 – Nov 2021**

- Evaluate a wide range of patients using various symptom rating scales
- Conduct interviews remotely via video conference or telephone
- Review site administered assessment for scoring accuracy and quality of administration. Provide feedback to site raters.
- Remote symptom assessments and reviews carried out in French and English

**2005 – Present**                      **Expert Witness, East Midlands, UK**

- Registered Clinical Psychologist on a self-employed basis working for a number of legal firms to assess people who have a range of mental health difficulties that include: anxiety; severe depression; stress; post traumatic stress disorder due to a range of experiences including clinical negligence, serious personal injury and childhood abuse
- Provision of psychological input for people with complex post traumatic stress disorder
- Preparation of psychological reports for the Courts
- Appearing as an expert witness in court

**2004 – 2009**                      **Chief Assessor for the BPS Statement of Equivalence, the Board of Assessors (BPS), Leicester, UK**

- Organized, co-ordinated and oversaw the vivas for the Statement of Equivalence candidates which took place twice a year
- Appointed new assessors, chaired the panel of assessors meeting, arbitrated in disputes, advised the assessors and reported the results to the Board of Assessors, BPS

**1998 – 2004**                      **Assessor for the BPS Statement of Equivalence, the Board of Assessors (BPS), Leicester, UK**

- Marked and conducted oral examinations of statement of equivalence candidates on their case studies, essays, small scale research and dissertations.

**2003 – 2008**                      **Visiting Lecturer and Recruiter, Clinical Psychology Doctoral Course, University of Leicester, Leicester, UK**

- Taught bi-annually on Clinical Psychology Doctorate
- Recruited prospective trainees

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**1997 – 2001**

**Clinical Psychologist – Adult Mental Health, North Warwickshire NHS Mental Health Trust, Nuneaton, Warwickshire, UK**

- Offered diagnostic, neuropsychological and psychological assessment and treatment of a wide variety of complex mental health presentations
- Provided treatment for depression, GAD, OCD, PTSD and personality disorders
- Supervised junior psychologists and trainee Psychologists
- Developed, delivered and evaluated a number of group treatment programmes for a range of psychological difficulties including depression, OCD, PTSD and eating related psychopathology
- Offered regular training and consultancy to multi-disciplinary mental health team
- Co-ordinated services for people suffering from eating disorders across the trust, e.g., managed all eating disorder referrals, provided consultation to other psychologists and professionals in the Trust and represented psychology in Trust wide forums responsible for planning services for this client group. Set up and chaired a multi disciplinary special interest group for professionals within the Trust as well as facilitating therapeutic group programmes for people with eating related difficulties.

**1994 – 1997**

**Trainee Clinical Psychologist, University of Birmingham, Birmingham, UK**

**POST QUALIFICATION PROFESSIONAL TRAINING (2015 ONWARDS, ONE DAY PLUS TRAINING)**

1. **2016** Risk Assessment Update (2 days)
2. **2016** Dialectical Behavioural Therapy (3 days)
3. **2016** Providing Reflective Supervision (3 days)
4. **2017** EMDR Update (1 day)
5. **2017** Trauma Informed Services (1 day)
6. **2017** Suicide awareness (1 day)
7. **2017** The Power, Threat, Meaning framework (1 day)
8. **2018** Working with dissociation (4 days)
9. **2018** Working with Trauma in older people (1 day)
10. **2018** A multi-dimensional approach to well-being (1 day)
11. **2019** Schema Focused Therapy Foundations (3 days)
12. **2019** EMDR (1 day)
13. **2019** Safeguarding Adults (1day)
14. **2019** Self-care for therapists (1 day)
15. **2020** BPS Online Conference (2 days)
16. **2020** Professional Boundaries (1 day)
17. **2020** Safeguarding update (1 day)
18. **2021** BPS Ethics in Psychological Practice (Half day)
19. **2021** Suicide Prevention (2 days)
20. **2021** Independent practice and expert witness work (1 day)
21. **2022** Schema Focused Therapy (5 days)
22. **2022** Suicide Prevention Conference (2 days)
23. **2022** Expert Witness Conference (1 day)
24. **2022** Case Management in Catastrophic Injury (1 day)
25. **2023** Person-Centred Psychotherapy (1 day)
26. **2023** CBT for GAD and fear of uncertainty (1 day)
27. **2023** Expert Witness challenges and updates (1 day)
28. **2023** Trauma focused CBT (2 days)

**PROFESSIONAL INTERESTS:**

During my career as a Clinical Psychologist I have pursued my interest in a number of specialist areas such as:

- **Medico-legal Work** – I have worked since 2005 providing psychological assessment reports (800+ to date) and ongoing psychological treatment to adults post trauma. This work has enabled me to further

my interest and expertise in trauma related work with people of all ages. I also have the experience of appearing in court as an expert witness.

- **Eating Psychopathology** - I have a longstanding interest in eating psychopathology and have provided clinical supervision and have acted in a consultative role in this field. I have also taken a lead role in the development of services for people suffering from eating disorders which included co-coordinating the planning services for this client group and published clinical research in this area.
- **Professional Development** - I have a strong interest in promoting the professional development of psychologists and other professionals and have a longstanding interest in the training of clinical psychologists, their professional support and supervision. I have been involved in the recruitment for local doctorate courses in Clinical Psychology and provided clinical supervision to a range of other professionals including Community Psychiatric Nurses (CPN's) and Social Workers. I have also provided ongoing individual and group clinical supervision to professionals outside the NHS.
- **Working with Trauma** – Assessment and treatment of childhood adversity of all types (with specific expertise in working with survivors of childhood abuse) in the NHS and private work. Particular interest in resilience and vulnerability factors and the application of EMDR and schema focused therapy.

#### **PUBLICATIONS AND PRESENTATIONS**

- **Kent, A.** (2022) 'Supporting Individuals and Whole Families following trauma'. Neuro Rehab Times, December 2022
- **Kent, A.** (2012) 'My home is my castle', providing psychological Expert Witness Evidence in cases of forced eviction, D & DLS Bulletin, Derby & District Law Society, April 2012. P24
- **Kent, A.,** Waller, G. (2000). Childhood Emotional Abuse and Eating Psychopathology. Clinical Psychology Review, Vol 20. No 7 pp. 887-903
- **Kent, A.,** Waller G., Dagnan, D. (1999). A Greater role of Emotional than Physical or Sexual Abuse in Predicting Disordered Eating Attitudes: The Role of Mediating Variable. The International Journal of Eating Disorders, Vol 25. pp. 159-167
- **Kent, A.,** Waller G. (1998). The Impact of Childhood Emotional Abuse. An examination of child abuse and trauma scale. Child abuse and neglect, Vol 22. No 5 pp. 393-399
- **Kent, A.** Bird, J. (1994). A follow up study of a behavioral program for young people with learning difficulties and challenging behavior. Behavioral Interventions, Vol 9. No 3 pp. 157-169
- Speaker at the Inter-Agency Trauma Conference (October 2017) Kingsway Hospital, Derby on '***Learning the lessons from investigations into historical abuse***'.