

**Dr Nick Palmer**

BSc, MA, DEdCPsy, INT Dip., CPsychol, AFBPsS.

**Child & Educational Psychologist**

**Narrative Therapist**



Health Professions Council Registration: **PYL26970**  
British Psychological Society Membership: **277945**

Dr Nick Palmer is a dynamic and experienced practitioner psychologist (Child & Education) and Narrative Therapist. He has published widely and worked extensively throughout the United Kingdom.

Nick set-up and was Programme Director of the initial doctorate training for Educational and Child Psychologists in the East of England. He has held posts as an Honorary Lecturer at the University of Manchester and as a research supervisor at the University of Sheffield. He has contributed to similar programmes throughout the UK. Nick has been a main grade and senior local authority psychologist, and has worked in private practice since 2023.

Nick is a BPS trained Expert Witness and has advanced training in the Mental Capacity Act (MCA), the Court of Protection (COP), and Deprivation of Liberty Safeguards (DoLS). Nick is able to undertake both standardised and dynamic assessment, alongside the full range of psychological services.

#### **AREAS OF SPECIALISM**

- Special Educational Needs
- Cognitive assessment (both Dynamic and Standardised)
- Trauma-effects and responses (incl. attachment)
- Child loss (incl. miscarriage, stillbirth, neonatal and infant death)
- Childhood mental health
- Complex ethical decision-making
- Inclusive education and employment
- Literacy development (incl. dyslexia)
- Neurodivergence (incl. ASD, ADHD, SpLD, and PTSD)

#### **PROFESSIONAL QUALIFICATIONS**

**2008 – 2011** Doctor of Educational and Child Psychology (DedCPsy), University of Sheffield

**2006 – 2007** MA Performance Practice, University of Plymouth

**2003 – 2006** BSc Honours Psychology with Criminal Justice Studies, University of Plymouth

#### **ADDITIONAL EDUCATION**

##### **Institute of Narrative Therapy (October 2016 – August 2023)**

- Level One Training (October 2016)
- Level Two Training (June 2017)
- Level Three Training (February 2023)
- Diploma (September 2023)

##### **British Psychological Society (September 2019)**

- Expert Witness Training

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## **WORK HISTORY**

### **Employment History (Applied Psychology)**

#### **PALMER & PALMER PSYCHOLOGY LTD**

*Co-Director/Consultant Practitioner Psychologist*

#### **SUFFOLK COUNTY COUNCIL, P&TS**

*Educational & Child Psychologist / Secondment YOT Specialist Psychologist*

#### **NORFOLK COUNTY COUNCIL, EPSS**

*Educational & Child Psychologist / Senior Educational & Child Psychologist*

#### **NOTTINGHAM CITY COUNCIL, COMMUNITY EPS**

*Educational & Child Psychologist*

#### **STAFFORDSHIRE COUNTY COUNCIL, EDUCATIONAL PSYCHOLOGY SERVICE**

*Educational & Child Psychologist*

#### **NORTH YORKSHIRE COUNTY COUNCIL, EDUCATIONAL PSYCHOLOGY SERVICE**

*Trainee Educational Psychologist*

#### **PLYMOUTH CITY COUNCIL, COMMUNITY EDUCATIONAL PSYCHOLOGY SERVICE**

*Research & Educational Psychology Assistant*

### **Employment History (Teaching and Consultancy)**

#### **UNIVERSITY OF EAST ANGLIA, SCHOOL OF EDUCATION AND LIFELONG LEARNING**

*Programme Director, Doctorate in Educational Psychology*

#### **UNIVERSITY OF MANCHESTER, SEED**

*Honorary Lecturer, Doctorate in Educational and Child Psychology*

#### **UNIVERSITY OF SHEFFIELD, SCHOOL OF EDUCATION**

*External Research Supervisor, MA Education Visiting Lecturer, Doctorate in Education and Child Psychology*

#### **INTERNATIONAL ARTS IN APPLIED PSYCHOLOGY AND EDUCATION CONFERENCE**

*Founder and Organiser*

#### **UNIVERSITY OF PLYMOUTH, SCHOOL OF SOCIAL WORK**

*Associate Lecturer/Project Manager*

### **Other Relevant History**

#### **MIND MENTAL HEALTH CHARITY, PLYMOUTH, AND DISTRICT**

*Project Manager*

#### **JEREMIAH'S JOURNEY, BEREAVEMENT SERVICE, DERRIFORD HOSPITAL, PLYMOUTH**

*Bereavement Support Worker*

#### **CHILDREN AND FAMILIES SOCIAL CARE, PLYMOUTH CITY COUNCIL**

*Summer Intern*

## PUBLICATIONS

- Hammond, N. and Palmer, N. (2022). Creating a community-developed model of Person Centred Reviews (PCRs) to support children with special educational needs and disabilities (SEND). In Walker, C., Zlotowitz, S. and Zoli, A. (eds.). *The Palgrave Handbook of Innovative Community and Clinical Psychologies*. London, UK: Palgrave Macmillan. pp. 303-324.
- Hammond, N. and Palmer, N. (2021a). Beyond borders in applied psychology. *The Psychologist*, May 2021. Leicester, UK: BPS.
- Hammond, N. and Palmer, N. (2021). Between therapeutics and therapy: The continuum of therapeutic practice and the role of ethical blind spots. *Educational Psychology in Practice*, 37, 2, 117-133.
- Hammond, N. and Palmer, N. (2018). Personalizing Education: A person-centred approach for children with special educational needs. London, UK: Trentham Books / UCL Institute of Education Press.
- Hammond, N. (2016). Making a Drama out of Transition: Challenges and Opportunities at Times of Change. *Research Papers in Education*, 31, 299-315.
- Hammond, N. (2016a). Social Theatre for Social Change: The Relevance of Performance in Educational Psychology. In Billington, T., Goodley, D., Williams, T. (eds.). *Critical Educational Psychology*. London, UK: BPS Wiley/Blackwell.
- Hammond, N. (2015). Forum Theatre for Children: Enhancing Social, Emotional and Creative Development. London, UK: Trentham Books/ UCL Institute of Education Press.
- Hammond, N. (2013). Re-Thinking the use of the Arts in Applied Psychology. *Assessment and Development Matters*, 5, 1.
- Hammond, N. (2013a). Developing a Community Psychology Service in one Local Community through a Practitioner-Researcher Pilot Study. *Educational and Child Psychology*, 30, 1, 50 – 60.
- Hammond, N. (2013b). Introducing Forum Theatre to Elicit and Advocate Children’s Views. *Educational Psychology in Practice*, 29, 1, 1 – 18.
- Hammond, N. (2010). Creating Space for a Community in Educational Psychology: A Trainee’s Critical Reflections. *Debate*, Edition 137, December 2010. British Psychological Society, Division of Educational and Child Psychology.
- Hampton, L., Roberts, W., Hammond, N., and Carvalho, A. (2010). Evaluating the Impact of Rtime: An Intervention for Schools That Aims to Develop Relationships, Raise Enjoyment and Reduce Bullying. *Educational and Child Psychology*, 27, 1, 35 – 51.

## CONFERENCES & INVITED SPEAKER EVENTS

- Hammond, N. and Palmer, N. (2017). Introducing Person-Centred Reviews to Support Children with SEND. Family Voice Conference **invited keynote speaker**, Norwich, UK, April 2017.
- Hammond, N. (2015). Using Story and Drama to explore Personal Journeys. Doctorate in Educational Psychology (Year 3), University of Exeter, **invited speaker**, Exeter, UK, July 2015.
- Biddulph, J., Hammond, N., Cremin, T., Sandling, C. and Knapp, C. (2015). Keeping Creativity alive in the Curriculum. UCL Institute of Education and TES London Festival of Education, **invited panel member**, London, UK, February 2015.
- Hammond, N. (2014). Forum Theatre for Children: A Therapeutic Tool for Educationalists, Psychologists and Community Workers. BPS Community Psychology Festival, **invited speaker**, London, UK, November 2014.
- Hammond, N. (2013). Forum Theatre: A Creative Approach to Encourage Mindfulness? Annual East Midlands Regional Educational Psychology Training Event, **invited speaker**, Leicestershire, UK, July 2013.
- Hammond, N. (2013). What's Art Got to Do with It? The Role of the Arts in the Future of Educational Psychology. BPS DECP Annual Conference, Bristol, UK, January 2013.
- Hammond, N. (2012). Re-addressing Power Imbalances through Experiential Techniques: A Community Psychology Perspective. Psychology Seminar Series, Nottingham Trent University, **invited speaker**, Nottingham, UK, November 2012
- Hammond, N. (2010). Introducing Forum Theatre to Educational Psychology: Transition, Equality and Empowerment. Association of Educational Psychologists Annual Conference, Liverpool, UK, November 2010.
- Hammond, N. (2010). Utilising Forum Theatre to Elicit and Advocate the Voice of the Child in Schools: Developing a New Interdisciplinary Discourse. Theatre for a Young Audience in the UK, University of Westminster, London, UK, July 2010.
- Nash, M. and Hammond, N. (2009). Exploration of Parent and Staff Perceptions of Inclusion in a Newly Formed Mainstream Primary Satellite Class Supporting Children with Significant Learning Difficulties. BPS DECP Annual Conference, Manchester, UK, January 2009.