

Dr Andrew Horan
B.Sc., D.Clin.Psych, Dip.
Principal Clinical Psychologist



Health Professions Council Registration: **PYL36306**

Dr Horan has worked across the lifespan and has developed specialist knowledge of working with young people and families during more than six years within community Child and Adolescent Mental Health Services (CAMHS).

Dr Horan routinely completes complex psychological assessments, cognitive assessments, and interventions with young people and their families. He provides clinical supervision to both psychological and non-psychological professionals within CAMHS. He also provides consultation within a multi-agency context including with residential homes, children's services, and third-sector organisations.

Dr Horan has also worked in community mental health settings with adults experiencing severe and enduring mental health difficulties. Dr Horan routinely undertakes complex mental health assessments of children, adolescents, young adults, and families.

Dr Horan has specialist training how early relationships and attachments and relational trauma impact on mental health. He is a specialist in trauma and developmental trauma and has completed post-doctoral training in Eye Movement Desensitization and Reprocessing and Cognitive Analytic Therapy, which he uses regularly to treat trauma complex mental health and personality difficulties. Dr Horan has specialist research interest in trauma informed care and overcoming transgenerational trauma using child-parent dyadic interventions.

Dr Horan applies his expertise, clinical and research skills within his role as an expert witness and regularly completes psychological and cognitive assessments within the Family Court.

AREAS OF SPECIALISM

- Assessment of complex mental health difficulties in children and young people
- Assessment of adult mental health difficulties
- IQ and cognitive assessments
- Trauma and PTSD
- Making recommendations for professionals (i.e., within Legal and Local Authority) who work with vulnerable persons to maximise cognitive functioning throughout court proceedings.
- Recommendations for reasonable adjustments to be made to support individuals with learning difficulties during court proceedings, parenting assessments, examinations and in the workplace.

PROFESSIONAL QUALIFICATIONS

Jan 2021 – Present	Cognitive Analytic Therapy Practitioner Training (Association for Cognitive Analytic Therapy accredited)
Jul 2020	Eye movement desensitization and reprocessing (standard EMDR Europe Association accredited training)
Dec 2019	Introductory Supervisor Workshops in Clinical Psychology (University of Sheffield)
2018	Doctor of Clinical Psychology (DclinPsy), University of Sheffield, Pass

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- 2013** Psychology (BSc with Diploma in Professional Studies), Loughborough University, First-class honours
- 2013** Award for Academic Excellence, Loughborough University

WORK HISTORY

Previous post

Oct 2018 – Sept 2020 Clinical Psychologist, Adult Community Mental Health Recovery Service

Responsibilities included:

Completing comprehensive psychological and risk assessment with adults under the care of the adult mental health team. Providing trauma-focused and integrative psychological therapy. Working with multiple agencies to develop psychological formulation of client's needs aimed at integrating care around a service user and improving the effectiveness of healthcare. Facilitating service development initiatives to better meet the needs of service users.

Specialist placement

Oct 2017 – Sept 2018 Trainee Clinical Psychologist, University of Sheffield

PUBLICATIONS

Duhne, P. G. S., Horan, A. J., Ross, C., Webb, T. L., & Hardy, G. E. (2020). Assessing and promoting the use of implementation intentions in clinical practice. *Social Science & Medicine*, 265, 113490.